

Module Code	ECCS6005	
Module Title	Counselling Skills	
Classification	Reading List entry	Electronic*
Essential	McLeod, J. and Mcleod, J., (2011) <i>Counselling Skills: A Practical Guide for Counsellors and Helping Professionals</i> . Maidenhead, Berkshire: McGrawHill/Open University Press	☒
Essential	Mearns, D. and Thorne, B., with McLeod, J. (2013) <i>Person-Centred Counselling in action</i> . 4 th ed. London: Sage	☐
Essential	Midwinter, R and Dickson, J. (2015) <i>Embedding Counselling and Communication Skills</i> . Routledge	☒
Essential	Nelson Jones, R. (2016) <i>Basic Counselling Skills: A Helpers Manual</i> . London: Sage.	☐
Essential	Reeves, A. & Bond, T. (2021) <i>Standards and Ethics for Counselling in Action</i> . London: Sage Publications	☐
Essential	Reeves, A. (2022) <i>An Introduction to Counselling & Psychotherapy: From Theory to Practice</i> . London: Sage	☐
Further	Saunders, P (2007) <i>Using Counselling Skills on the telephone and in computer mediated communication</i> . PCCS Books	☐
Further	Cooper, M and Dryden, W (2016) <i>The Handbook of Pluralistic Counselling and Psychotherapy</i> . London: Sage	☐
Further	Egan, G. (2013) <i>The Skilled Helper, A Problem Management and Opportunity Approach</i> . 10 th ed. California: Brooks/Cole	☐
Further	Feltham, C and Horton, I., eds (2012) <i>The Sage Handbook of Counselling and Psychotherapy</i> . 3 rd ed. London: Sage	☒
Further	Green, J. (2010) <i>Creating the Therapeutic Relationship in Counselling and Psychotherapy (Counselling and Psychotherapy Practice Series)</i> . Exeter: Learning Matters.	☐
Further	Jones Smith, E. (2015) <i>Theories of Counseling and Psychotherapy: an integrative approach</i> . 2 nd ed. Thousand Oaks, California: Sage	☐
Further	Rogers, C. (1995) <i>Client-centred Therapy</i> . New York: Houghton Mifflin	☐
Further	McLeod, J. (2011) <i>Introduction to Counselling</i> , 4 th ed. Maidenhead: Open University Press.	☒
Further	Sutton, J and Stewart, W. (2013) <i>Learning to counsel: Develop the skills, insight and knowledge to counsel others</i> . Oxford: \how to Books Limited	☒