

Trainer Biography

Dr Siobhain O’Riordan PhD CPsychol AFBPsS FISCPAccred

Siobhain is a director of studies and research supervisor at the Institute of Management and Health, University of Wales Trinity Saint David. She is a chartered psychologist and chartered coaching psychologist, a chartered scientist, founder chair and a fellow of the International Society for Coaching Psychology (ISCP). She is a certified principal business psychologist of the Association for Business Psychology, a fellow of the International Stress Management Association^{UK}, a fellow of the Association of Rational Emotive Behaviour Therapy, an associate fellow of the British Psychological Society (BPS), a member of the Association for Coaching and an honorary member of the Institute of Health Promotion and Education. She is an ISCP Accredited Supervisor and listed on the BPS Register of Applied Psychology Practice Supervisors. Siobhain is also an experienced trainer, examiner, assessor and supervisor on graduate/postgraduate coaching and coaching psychology programmes. She is a course co-director/trainer on the coaching and coaching psychology programmes at the Centre for Coaching and Centre for Stress Management (UK).

Siobhain is co-editor of the book an Introduction to Coaching Psychology (alongside Prof Stephen Palmer), published by Routledge in 2021. She has also written articles and chapters relating to coaching psychology, coaching and positive psychology over the years and talks at national and international conferences. She is currently an editor of Coaching Psychology International and the International Journal of Coaching Psychology. Siobhain is a co-editor of the European Journal of Applied Positive Psychology and the International Journal of Stress Prevention and Wellbeing. She is also a past editor of the publications The Coaching Psychologist and the International Journal of Health Promotion and Education.