



Reflective – Reflexive Practice

Week 9

**The Counselling
Reflexive
Practitioner**

Aims



Check in



Reflective Activity – Postcards



**Moving Forward:
Group Discussion 4-5pm**

Reflective Activity: Postcards

Choose one postcard that reflects your NOW.

Choose one postcard that reflects HOPE

- ☐ 10 minutes of reflective writing

- ☐ Sharing







