

Professional Practice and Therapist Competencies (ECPR7003)

Course Code: ECPR7003 **Course Name:** Professional Practice and Therapist Competencies (ECPR7003) **Course Year:** 2021/2050

31 items in 2 sections

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Essential reading

Material which is an essential part of the course and students are expected to draw on as a core part of their learning. Must be available from the library and should be available online.

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[Emotion-focused therapy for complex trauma : an integrative approach](#)

Author: Paivio, Sandra C. **Additional Person Name:** Pascual-Leone, Antonio. **Type:** E-book **ISBN:** 9781433807251 (hbk.) ;; 1433807254 (hbk.) : **OCLC Number:** (WICmTSD)367271-44whelf_uwtsd_c; (WL-SwiHE)367271; ()1433807254 **Publisher:** American Psychological Association **Place of Publication:** Washington, D.C. ;; London , **Publication Date:** 2010. **Pages:** ix, 334 p. **Tags:** Essential **Available At:** Swansea Campus Y Fforwm Library Main Collection 616.85210651 EMO

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[Emotion-focused counselling in action](#)

Author: Elliott, Robert, **Additional Person Name:** Greenberg, Leslie S., **Type:** Book **ISBN:** 9781446257234 (hbk.); 9781446257241 (pbk.) **OCLC Number:** (Uk)020082354; (UkMaC)308417425 **Publisher:** SAGE **Place of Publication:** London : **Publication Date:** 2021. **Pages:** xiv, 186 pages ; **Tags:** Essential **Available At:** Swansea Campus Y Fforwm Library Main Collection 616.8914 ELL

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[The body remembers : the psychophysiology of trauma and trauma treatment](#)

Author: Rothschild, Babette. **Additional Person Name:** Babette Rothschild **Type:** Book **ISBN:** 0393703274

OCLC Number: (WlCmTSD)292501-44whelf_uwtsd_c; (WL-SwlHE)292501; (Uk)011953949; (UKCU)CU980000062520; (UKCU)c900553731 **Publisher:** Norton **Place of Publication:** New York : **Publication Date:** c2000. **Pages:** xvi,190p. : **Tags:** Essential **Notes:** Includes bibliographical references and index. **Available At:** Swansea Campus Y Fforwm Library Main Collection 616.8521 ROT

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[Shame in the therapy hour](#)

Additional Person Name: Dearing, Ronda L.,; Tangney, June Price, **Type:** E-book **ISBN:** 1-4338-0968-0 **OCLC Number:** (CKB)3460000000003479; (EBL)3114921; (SSID)ssj0000676131; (PQKBManifestationID)12347164; (PQKBTtitleCode)TC0000676131; (PQKBWorkID)10683385; (PQKB)10476645; (MiAaPQ)EBC3114921 **Publisher:** American Psychological Association **Place of Publication:** Washington, District of Columbia : **Publication Date:** 2011. **Pages:** 1 online resource (442 p.) **Edition:** First edition. **Tags:** Essential **Notes:** Description based upon print version of record.

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[The body keeps the score : mind, brain and body in the transformation of trauma](#)

Additional Person Name: Bessel A Van der Kolk 1943- author **Type:** Book **ISBN:** 9780141978611 **LCCN:** (WlAbNL)99417976002419 **OCLC Number:** (wlabnl)6922331-44whelf_nlw **Publisher:** Penguin Books **Place of Publication:** London **Publication Date:** 2015 - 2014 **Notes:** Includes bibliographical references and index. **Available At:** Carmarthen Campus Library Main Collection 616.852106 VAN; Swansea Campus Y Fforwm Library Main Collection 616.852106 VAN

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[The myth of normal : illness, health & healing in a toxic culture](#)

Additional Person Name: Daniel Maté contributor; Gabor Maté author **Type:** Book **ISBN:** 9781785042720 **OCLC Number:** (ocolc)1333669719 **Publisher:** Vermilion **Place of Publication:** London, UK **Publication Date:** 2022 - 2022 **Notes:** Includes bibliographical references and index. **Available At:** Carmarthen Campus Library Main Collection 362.1 MAT; Swansea Campus Y Fforwm Library Main Collection 362.1 MAT

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[When the body says no : the cost of hidden stress](#)

Additional Person Name: Gabor Maté author **Type:** Book **ISBN:** 9781785042225 **OCLC Number:** (uk)19116192 **Publisher:** Vermilion **Place of Publication:** London **Publication Date:** 2019 **Notes:** Includes bibliographical references and index. **Available At:** Swansea Campus Y Fforwm Library Main Collection 616.08 MAT

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[Timing of Early-Life Stress and the Development of Brain-Related Capacities](#)

[Frontiers in behavioral neuroscience](#)

Author: Hambrick, Erin P ; Brawner, Thomas W ; Perry, Bruce D **Type:** Article **ISSN:** 16625153 **Publisher:** Frontiers Research Foundation **Place of Publication:** Switzerland **Publication Date:** 2019-08-06 **Total Pages:** 183-183 **Pages:** 183-183 **Volume:** 13 **DOI:** 10.3389/fnbeh.2019.00183 **Notes:** ObjectType-Article-1

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[Beyond the ACE score: Examining relationships between timing of developmental](#)

[adversity, relational health and developmental outcomes in children](#)

[Archives of psychiatric nursing](#)

Author: Hambrick, Erin P. ; Brawner, Thomas W. ; Perry, Bruce D. ; Brandt, Kristie ; Hofmeister, Christine ; Collins, Jen O. **Type:** Article **ISSN:** 08839417 **Publisher:** Elsevier Inc **Place of Publication:** United States **Publication Date:** 2019-06 **Total Pages:** 238-247 **Pages:** 238-247 **Volume:** 33 **Issue:** 3 **DOI:** 10.1016/j.apnu.2018.11.001 **Notes:** ObjectType-Article-1

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[Skills in Gestalt counselling & psychotherapy](#)

Additional Person Name: Charlotte Sills; Phil Joyce author **Type:** Book **ISBN:** 1526420708 **LCCN:** 2017954415 **OCLC Number:** (ocolc)1040023636 **Publisher:** Sage Publications, Inc. **Place of Publication:** Thousand Oaks, California **Publication Date:** 2018 **Edition:** Fourth edition. **Notes:** Includes bibliographical references (pages 319-328) and index. **Available At:** Swansea Campus Y Fforwm Library Main Collection 616.89143 JOY

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[The developing mind : how relationships and the brain interact to shape who we are](#)

Additional Person Name: Daniel J Siegel 1957- author **Type:** Book **ISBN:** 9781462542758 **LCCN:** 2019054763
OCLC Number: (oclc)1141039476 **Publisher:** Guilford Press **Place of Publication:** New York **Publication**
Date: 2020 **Edition:** Third edition. **Notes:** Includes bibliographical references and index. **Available At:** Swansea
Campus Y Fforwm Library Main Collection 155 SIE

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[Somatic Experiencing: Using interoception and proprioception as core elements of trauma therapy](#)

[Frontiers in psychology](#)

Author: Peter ePayne ; Peter Alan Levine ; Mardi A. Crane-Godreau **Type:** Article **Publisher:** Frontiers Media
S.A **Publication Date:** 2015-02-04 **Volume:** 6 **DOI:** 10.3389/fpsyg.2015.00093

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Further reading

Material which supplements or enhances the essential reading. It is expected that students will read at least some material from this category, to broaden and deepen understanding of the subject beyond the basic.

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[Learning emotion-focused therapy : the process-experiential approach to change](#)

Additional Person Name: Elliott, Robert,; Watson, Jeanne C.; Goldman, Rhonda, N.; Greenberg, Leslie S. **Type:**
Book **ISBN:** 9781591470809 (hbk.) ; 1591470803 (hbk.) : **OCLC Number:**
(WICmTSD)367697-44whelf_uwtssd_c; (WL-SwIHE)367697; ()1591470803 **Publisher:** American Psychological
Association **Place of Publication:** Washington, D.C. : **Publication Date:** 2004. **Pages:** xiii, 366 p. ; **Tags:** Further
Available At: Swansea Campus Y Fforwm Library Main Collection 616.8914 LEA

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[Emotion-focused therapy](#)

Author: Greenberg, Leslie S. **Additional Person Name:** American Psychological Association.; Leslie S

Greenberg **Type:** Book **ISBN:** 9781433808579; 1433808579 **LCCN:** 2010030628 **OCLC Number:** (WICmTSD)367257-44whelf_uwtsd_c; (WL-SwIHE)367257; (Uk)015768359; (OCoLC)ocn655301581 **Publisher:** American Psychological Association **Place of Publication:** Washington, DC : **Publication Date:** 2011. **Pages:** xii, 182 p. : **Edition:** 1st ed. **Tags:** Further **Notes:** Includes bibliographical references and index. **Available At:** Swansea Campus Y Fforwm Library Main Collection 616.8914 GRE

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Transforming emotional pain. Discussion on research developments in emotion-focused therapy

Transforming emotional pain. Discussion on research developments in emotion-focused therapy /

Additional Person Name: Counselling Channel, Ltd., production company. **Type:** Video **OCLC Number:** (VaAIASP)4682783; (CKB)4940000000229493; (OCoLC)1144715064; (VaAIASP)ASP4682783/marc **Publisher:** Counselling Channel **Place of Publication:** Glastonbury, England : **Publication Date:** 2019. **Pages:** 1 online resource (37 minutes) **Tags:** Further **Notes:** Title from resource description page (viewed February 13, 2020).; "An illustration of emotion-focused therapy".

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Attachment & human development.

Type: Article **ISSN:** 1469-2988 **LCCN:** 2007233099 **OCLC Number:** (DE-599)ZDB2026328-4; (OCoLC)44708203; (CKB)954925281651; (CONSER)--2007233099 **Publisher:** Routledge **Place of Publication:** [London] : **Publication Date:** 1999- **Tags:** Further **Notes:** Refereed/Peer-reviewed; Title from contents screen (MetaPress, viewed Mar. 22, 2007).

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Understanding attachment and attachment disorders : theory, evidence, and practice

Author: Prior, Vivien. **Additional Person Name:** Glaser, Danya. **Type:** E-book **ISBN:** 1843102455 (pbk.) ;; 9781843102458 (pbk.) : **OCLC Number:** (WICmTSD)1119897-44whelf_uwtsd_h; (OCoLC)70663735 **Publisher:** Jessica Kingsley Publishers **Place of Publication:** London ;; Philadelphia : **Publication Date:** 2006. **Pages:** 288 p. **Tags:** Further **Notes:** Includes bibliographical references and index. **Available At:** Carmarthen Campus Library Main Collection 618.928588 PRI

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[Attachment and loss v.1 Attachment](#)

Author: Bowlby, John. **Additional Person Name:** John Bowlby **Type:** Book **ISBN:** 9780465005437 **LCCN:** 83071445 **Publisher:** Basic Books **Place of Publication:** New York : **Publication Date:** 1982 **Pages:** xxxvi, 425 pages ; **Edition:** 2nd ed. **Tags:** Further **Notes:** Includes bibliographical references and index. **Available At:** Carmarthen Campus Library Main Collection 155.418 BOW

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[John Bowlby and attachment theory](#)

Author: Holmes, Jeremy, **Additional Person Name:** Jeremy Holmes author **Type:** E-book **ISBN:** 1-134-75343-8; 0-415-62903-9; 1-315-87977-8; 1-134-75336-5 **LCCN:** 92045842 **OCLC Number:** (CKB)2550000001183299; (EBL)1596919; (SSID)ssj0001085187; (PQKBManifestationID)11591867; (PQKBTitleCode)TC0001085187; (PQKBWorkID)11048898; (PQKB)11703850; (OCoLC)869563992; (MiAaPQ)EBC1596919 **Publisher:** Routledge **Place of Publication:** London : **Publication Date:** 2014. **Pages:** 1 online resource (270 pages) **Edition:** Second edition. **Tags:** Further **Notes:** Description based upon print version of record.

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[Neuroscience and Trauma Therapy.](#)

Additional Person Name: Kolk, Bessel van der, **Type:** Video **OCLC Number:** (VaIAASP)1779404; (CKB)4940000000166364; (OCoLC)884784430; (VaIAASP)ASP1779404/marc **Publisher:** PESI Inc **Place of Publication:** [Place of publication not identified] : **Publication Date:** [date of publication not identified] **Pages:** 1 online resource (85 minutes) **Tags:** Further **Notes:** Title from resource description page (viewed March 29, 2016).

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[The Body Keeps Score: Integration of Mind, Brain, and Body in the Treatment of Trauma](#)

[The Body Keeps Score: Integration of Mind, Brain, and Body in the Treatment of Trauma /](#)

Type: Video **OCLC Number:** (VaIAASP)2540913; (CKB)4940000000200588; (OCoLC)898207127; (VaIAASP)ASP2540913/marc **Publisher:** Milton H Erickson Foundation **Place of Publication:** Phoenix, AZ : **Publication Date:** 2013. **Pages:** 1 online resource (114 minutes) **Tags:** Further **Notes:** Title from resource description page (viewed March 29, 2016).

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Examining Child Maltreatment Through a Neurodevelopmental Lens: Clinical Applications
of the Neurosequential Model of Therapeutics
Journal of loss & trauma

Author: Perry, Bruce D. **Type:** Article **ISSN:** 15325024 **Publisher:** Taylor & Francis Group **Publication Date:** 2009-07 **Total Pages:** 240-255 **Pages:** 240-255 **Volume:** 14 **Issue:** 4 **DOI:** 10.1080/15325020903004350 **Notes:** ObjectType-Article-1

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The Neurosequential Model of Therapeutics: An Interview with Bruce Perry
Australian and New Zealand journal of family therapy

Author: MacKinnon, Laurie **Type:** Article **ISSN:** 0814723X **Publisher:** Cambridge University Press **Place of Publication:** Oxford, UK **Publication Date:** 2012-09 **Total Pages:** 210-218 **Pages:** 210-218 **Volume:** 33 **Issue:** 3 **DOI:** 10.1017/aft.2012.26 **Notes:** ark:/67375/WNG-PTCJ0ZBK-6

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Mindfulness-based treatment approaches : clinician's guide to evidence base and applications

Additional Person Name: Ruth A Baer **Type:** Book **ISBN:** 0120885190 **OCLC Number:** (wlcmtsd)272733-44whelf_uwtssd_c **Publisher:** Academic **Place of Publication:** Oxford **Publication Date:** 2006
Available At: Swansea Campus Y Fforwm Library Main Collection 616.89142 MIN

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Transforming trauma : the roots of addiction

Additional Person Name: Peter A Levine author on-screen presenter; Professional Education Systems, production company. **Type:** Video **OCLC Number:** (ocolc)1268149564 **Publisher:** PESI Inc. **Place of Publication:** Eau Claire, WI **Publication Date:** 2020

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[Reintegrating Fragmentation of the Primitive Self: Discussion of "Somatic Experiencing"](#)

[Psychoanalytic dialogues](#)

Author: Levine, Peter A. ; Blakeslee, Abi ; Sylvae, Joshua **Type:** Article **ISSN:** 10481885 **Publisher:** Routledge

Place of Publication: Hillsdale **Publication Date:** 2018-09-03 **Total Pages:** 620-628 **Pages:** 620-628 **Volume:** 28 **Issue:** 5 **DOI:** 10.1080/10481885.2018.1506216

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[Shame-informed counselling and psychotherapy : Eastern and Western perspectives](#)

Additional Person Name: Edmund Ng author **Type:** Book **ISBN:** 1003105734 **OCLC Number:**

(ckb)4100000011610483 **Publisher:** Routledge **Place of Publication:** London ; **Publication Date:** 2021

Edition: 1st ed. **Notes:** Includes bibliographical references and index.

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[Understanding polyvagal theory : emotion, attachment and self-regulation](#)

Additional Person Name: Rich Simon (Psychologist); Stephen W Porges **Type:** Video **OCLC Number:**

(ocolc)881549124 **Publisher:** Psychotherapy Networker **Place of Publication:** Washington, DC **Publication**

Date: 2012

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[An indepth analysis of the polyvagal theory in light of current findings in neuroscience and clinical research](#)

[Developmental psychobiology](#)

Author: Manzotti, Andrea ; Panisi, Cristina ; Pivotto, Micol ; Vinciguerra, Federico ; Benedet, Matteo ; Brazzoli,

Federica ; Zanni, Silvia ; Comassi, Alberto ; Caputo, Sara ; Cerritelli, Francesco ; Chiera, Marco **Type:** Article

ISSN: 00121630 **Publisher:** United States **Place of Publication:** United States **Publication Date:** 2024-02 **Total**

Pages: e22450-n/a **Pages:** e22450-n/a **Volume:** 66 **Issue:** 2 **DOI:** 10.1002/dev.22450 **Notes:**

ObjectType-Article-2

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[Polyvagal Theory: A Science of Safety](#)

[Frontiers in integrative neuroscience](#)

Author: Stephen W. Porges ; Stephen W. Porges **Type:** Article **Publisher:** Frontiers Media S.A **Publication**

Date: 2022-05-10 **Volume:** 16 **DOI:** 10.3389/fnint.2022.871227

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[Trauma Therapy and Clinical Practice: Neuroscience, Gestalt, and the Body](#)

[Gestalt Review](#)

Author: Peter Cole, LCSW **Type:** Article **ISSN:** 10848657 **Publisher:** Pennsylvania State University Press **Place**

of Publication: South Wellfleet **Publication Date:** 2016-01-01 **Total Pages:** 90-92 **Pages:** 90-92 **Volume:** 20

Issue: 1 **DOI:** 10.5325/gestaltreview.20.1.0090

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