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Leading Self

Rossile Activity Days Reflection

Activity Description

Over the two day trip. Me and my team carried out a rating of different types of activities that all revolved around one key term, Leadership. All the activities were carried out by a leader that would direct the team in what to do in the activities/challenges to help the team alternatively complete the activities/challenges effectively and quickly to achieve the goal which each activity/challenges set out for the team to reach, whether that would be navigating around the countryside to get to selected checkpoints in time and as effectively as possible or to build a structure with a goal of holding up a set amount of people at one time without collapsing. Over the two days we performed and carried out a rating of different types of these activities. Over the two days the weather on the first day the weather was good with little wind, no rain and it was quite warm with blue skies and little amount of clouds which made performing the activities on the first day fairly easy to do as we were able to communicate more clearly and focus on the tasks more effectively. However on the second day the weather was slightly worse although there was still blue skies and little cloud coverage there were glimpses of rain throughout the day and as the day went on the wind picked up. The rain did affect how effectively the team could carry out the activities as it made it difficult to concentrate and later on in the day as we were carrying out an activity on the sand dunes the wind picked up and blew the sand into us making it difficult to concentrate on the task and that in turn affected how we were able to communicate during the activity which broke down the team's effectiveness in the task.

My Thoughts and Feelings About The Two Days

In the november sessions I did feel motivated and happy at the beginning of the two day session however the weather did take a drastic effect on my feelings throughout the two day session. On the first day i began the day happy and motivated to get started however the weather was freezing cold and it was raining with made people sleep countless times when we were doing rock climbing the wet weather made the rocks slippery making use fall over and over, on top of that we were waiting around to find a safe route down and that's where the cold hit all these things took a toll on how i felt and by the end of the day i was sad and became unmotivated and that transversed onto the second day of that session and by the end of that day i had lost all motivation and was sad. On the march trip I started the trip unmotivated and not expecting to have a good time after going off what happened on the last trip however with the weather being good and being in a good team i was able to have fun and be replaced during the whole expedition. By the end of the two day exposition my feelings changed and I was happy and motivated as I was able to be happy and have fun when carrying out the whole exposition and tasks the me and the team carried out.

Barriers to effective teamwork

During the two day expedition my team encountered little amounts of barriers when carrying out the variety of different tasks over the two days. However there were some activities and/or challenges that did show that the team did encounter barriers which in turn affect how well we worked together as a team and effected how we carried out the activities and/or challenges. One of the barriers that we encountered was on the second day of the expedition where we were carrying out an activity where we had to work as a team to construct a platform from where all the members

in the team could get on without anyone's feet touching the floor without the structure collapsing for a minimum of 10 seconds. As we were building the structure it started to rain which affected how well we were able to communicate. With the rain affecting our communication we were already starting to struggle however during the activity our leader in the activity started to not communicate clearly and started to do the activity with the team instead of taking part but also directing the team and our leader just started to take part and didn't do much directing and overall all these things took its toll on how well we were able to work as a team.

Evaluation

In relation to my leadership style. I feel like my leadership style is based around evaluating a situation then coming up with an idea and unless I'm very confident in that my plan would work I would ask my team what do they think we should do and get feedback on ideas for the activity. I would then evaluate all my team has come up with and then make a final decision on an idea and then direct my team in what to do by giving them all a different role and responsibility in the activity and setting them to a role that matches their individual strengths and weaknesses. When I'm leading a team I try to focus on communication between me and the team and between team members. I also try to take part in the activity while also directing and monitoring my team's progress throughout the activity to make sure that my team is on track to completing the activity quickly and effectively as possible. When leading a team I try to lead be in control of the team however I also try to be a team worker and take the advice and ideas of my team on board when coming up with ideas on the activity but also listen to their opinions on how they think I'm leading and take that advice on

bordes and try and be a better leader in that activity to help the team work more effectively together to intern complete the activity more effectively.

During the two day expedition i don't feel like my leadership style changed much a all during the times that i did lead the team in some of the activates however there were times where when i was leading where my leadership style did change slightly when carrying out an activity on the second day i had to take control of the activity more than i usually would beacuses my usually leadership style is more relaxed and team oriented than controlling however on this occasion i had to take more control as my team began to argue and fall apart which threatened the effectiveness of my team in the activity so i took control of the situation resolved the issues that my team was having and got my team back to working as effectively as they possibly could and that intern helped the team to complete the activity successfully and before we ran out of time.

In the public services there are a wide range of different situations where my leadership style would be used effectively in dealing with a sichuation. One of those sichuation is a terrorist attack like the Manchester arena bombing "The Kerslake Report" (March 2017). I believe that if i was to be put in this kind of situation where i would lead a emergency services responses to a terrorist attack my leadership style would be effective as in that situation i would begging by collecting any up to date information on the attack as possible and akse what each emergency services needs and wants to do in the attack like if the police want to set a perimeter and if the fire serves want to restrict access to the building to all public services and taking all that

in make the messersery commands to deal with the attack. A second situation would be a domestic where my leadership style in the police would be effective as i would be effective in organising my officers to deal with the different sides to the domestic like a female officer to attend to the female and a male officer to attend to the male as they are able to relate to each other and deals with the incident effectively and pesfully.

Analise

When I was leading in the two day expedition I had both strengths and weaknesses. My strengths in leading the team included. Organisation when organising the equipment and my team members to the roles where there strengths and weaknesses make them the right person for that role, Preparation before the activity by already having an idea on what to do, listening to my team members on there ideas, evaluation the situation and my teams ideas, taking note on what i'm being told about the situation and analysing my temes performances during the activity. My weaknesses during the two day expedition when i was leading included communication between me and my team, getting to involved in the activities where i fail to keep control of other areas of the activity, loss of concentration when get to involved and begging to not lead anymore, remembering information about the activity and finally not identifying all the equipment that could be used as in some cases i failed to identify rope that was available to us during the activity and ended up having one of my team members tell me there was more rope to us when i thought we had no more left.

When I'm leading a team in the future I want to improve on my communication skills. It is something I want to develop on so that I can go on lead a team more effectively. Improving my communication will allow me to organise and command my team in the activity to tell them on what to do and where to go so that they can be more effective in their role in the activity. Another skill I want to develop on for leading teams in the future is my concentration in the activity and stop me from getting too involved in the activity where I lose control of my team in the activity and if I can improve on this I will be able to be more in control of the team so that I can monitor them better and help keep them working together more effectively and to complete the task more effectively.

Action Plan

To help develop the skills I want to improve upon like my communication skills and my concentration skills I can do a variety of different things. To develop my communication skills I will try to become more confident in talking more clearly and confidently to groups of people. To do this I will practice talking speeches in my spare time so that I can become more confident in what I am saying and I will also try to talk to large groups of people more often but starting off with smaller groups like 4 or 5 and then increasing the amount over time as I become more and more confident in speaking in front of large groups of people. To help develop my concentration skills I will do more concentration exercises like puzzles and I will also whenever I'm leading a group I will try to take more of a step back from getting involved and instead lead the team by observing what they're doing and identifying if someone is struggling on a role look into it and make the necessary changes like put someone

else in that position that would be better qualified for that role to help make the team work more effectively.

Conclusion

After going on the two day expedition I have learned alot from it with what i'm like as a leader and what I need to improve on. After the expedition I have learned that my leadership style is more relaxed in giving commands to my team and listening to my teale is one of the main ways on how i lead my team. I have also learned that as a leader I have a variety of different weaknesses in my leadership that I need to work on in the future like my communication skills so that I can lead a team more effectively and help them complete tasks and activate them more effectively. Overall after the two day expedition I have come out of it a better leader and with a list of different things that I can go on to improve on to help make me a better leader in the future. But I have also learned more about myself as a leader and what I am capable of as a leader and that will help make me a better leader in the future.

References

(The Kerslake Report: An independent review into the preparedness for, and emergency response to, the Manchester Arena attack on 22 nd EMBARGOED UNTIL NOON ON TUESDAY 27TH MARCH, 2017)