

Sustainable Journeys BMOE 5006

Schedule 2023

DATE	ACTIVITY	FOCUS	VENUE	STAFF
2 nd February	Canoe intro	Module introduction & assessments Canoe Skills - Intro	Cynefin / Llandysul	JH, TM LP, LP
9 th February	Group 1 Canoe & Cook	Canoe Skills - Journey Nutrition / Cooking Techniques	TBC	JH, LP
9 th February	Group 2 Intro to bike packing	Bike Packing Skills – 1 Road riding; Packing Bikes Riding loaded bikes; Route planning	Cynefin	DL, TM
16 th February No practical session staff away with level 4. Please use this time to plan for the next 4 weeks				
23 rd February	Group 1 Canoe & Shelter	Canoe Skills – Journey 2 Tarpology! tarps, bivvi's & hammocks	TBC	JH, LP
23 rd February	Group 2 Bike Packing Journey	Bike Packing Skills – 2 Ride loaded bikes along route planned on previous session	TBC	DL, TM
2 nd March	Group 1 Intro to bike packing	Bike Packing Skills – 1 Road riding; Packing Bikes Riding loaded bikes; Route planning	Cynefin	DL, TM
2 nd March	Group 2 Canoe & Cook	Canoe Skills - Journey Nutrition / Cooking Techniques	TBC	JH, LP
9 th March	Group 1 Bike Packing Journey	Bike Packing Skills – 2 Ride loaded bikes along route planned on previous session	TBC	DL, TM
9 th March	Group 2 Canoe & Shelter	Canoe Skills – Journey 2 Tarpology! tarps, bivvi's & hammocks	TBC	JH, LP
15 th & 16 th March	Group 1 Staff led Overnight Journey - Canoe	Students to submit plan of food and equipment that they will carry/use along with personal objectives	TBC	JH, LP
15 th & 16 th March	Group 2 Staff led Overnight Journey – Bike Packing	Students to submit plan of food and equipment that they will carry/use along with personal objectives	TBC	TM, JH
Session above Postponed				

22 nd & 23 rd March	Group 1 Staff led Overnight Journey – Bike Packing	Students to submit plan of food and equipment that they will carry/use along with personal objectives	TBC	GH, TM, JH, DL
22 nd & 23 rd March	Group 2 Staff led Overnight Journey - Canoe	Students to submit plan of food and equipment that they will carry/use along with personal objectives	TBC	TM, JH
30 th March – No Practical Please use this time to reflect on your overnight journey's and complete Assessment 1				
31 st March Assessment 1 due				
Monday 3 rd April – Friday 21 st April Easter vacation				
26 th & 27 th April	Group 1 Staff led Overnight Journey - Canoe	Students to submit plan of food and equipment that they will carry/use along with personal objectives	TBC	JH, LP
26 th & 27 th April	Group 2 Staff led Overnight Journey – Bike Packing	Students to submit plan of food and equipment that they will carry/use along with personal objectives	TBC	TM, JH
4 th May – No Practical (OAE have Psychology of Adventure practical)				
19 th May Assessment 2 due				

There are also a series of short lectures that will be delivered either live online or available as a recording via Teams and Moodle