

Sgiliau astudio

Study skills

- Deall darlithoedd
 - Cymryd nodiadau
 - Darllen a dysgu'n effeithiol
 - Rheoli amser
- Understanding lectures
 - Note taking
 - Reading and effective learning
 - Time Management

Y Darlith

The Lecture

- Paratoi o flaen llaw
- Cymryd nodiadau
- Talfyriadau
- Prif bwyntiau
- Cwestiynau
- Llyfryddiaeth
- Mentro gofyn...

- Prepare in Advance
- Taking notes
- Abbreviations
- Main Points
- Questions
- Bibliography
- Venture to ask ...

Yn ystod y Ddarlith.

During the Lecture.

- A yw eich gwybodaeth gyffredinol rhoi unrhyw wybodaeth am y pwnc sy'n cael ei addysgu?
- Beth sy'n dod i'r meddwl yn ystod y cyfarwyddyd a all fod yn ddefnyddiol?
- Canolbwyntiwch ar y pwnc sy'n cael ei addysgu
- Cymerwch nodiadau ar y prif bwyntiau mewn ffordd gryno a threfnus
- Cymryd rhan adeiladol mewn trafodaethau.
- Gofynnwch Gwestiynau pan fo'n briodol

- Does your general knowledge provide any information about the subject being taught?
- What comes to mind during the instruction that may be helpful?
- Concentrate on the subject being taught
- Take notes on the main points in a concise, organized manner
- Participate constructively in discussions.
- Ask Questions when appropriate!

Gwrando

Listening

- Mae gwrando da yn golygu eich bod yn talu sylw.
 - Ceisiwch glywed yr hyn a ddywedir, nid yr hyn yr ydych am ei glywed.
 - Meddyliwch "o gwmpas" y pwnc.
 - Cysylltwch i'r hyn yr ydych eisoes yn ei wybod.
 - Beth yw'r prif bwyntiau?
- Good listening means you are paying attention.
 - Try to hear what is said, not what you want to hear.
 - Think “around” the topic.
 - Relate it to what you already know.
 - What are the main points?

Dysgu i wrando

Learning to Listen

Gwrandewch yn ofalus ar yr aseiniad ac ysgrifennu i lawr yn eich llyfr aseiniad.

Listen carefully to the assignment and write it down in your assignment book.

Improving Reading Skills.

Gwella sgiliau Darllen.

A good reader does as many of the following as possible:

- Seizes the main ideas
- Thinks about what the author is saying
- Is active, not passive
- Concentrates on what is being read
- Remembers as much as possible
- Applies what is being read to personal experience.

Mae darllenydd da yn gwneud cynifer o'r canlynol ag sy'n bosib:

Manteisio ar y prif syniadau

Meddwl am yr hyn mae'r awdur yn ei ddweud

Yn weithredol, nid yn oddefol

Canolbwyntio ar yr hyn mae'n ei ddarllen

Cofio cymaint â phosibl

Cysylltu beth a ddarllenir i brofiadau personol.

Nid y marc sy'n arwain

The Mark does not lead

- Dysgu wrth sylwadau
 - Dysgu wrth brofiad
 - Dysgu annibynnol
 - Cymryd rhan
 - Cymryd balchder yn eich gwaith
- Learning through comment/ observation
 - Learning from experience
 - Learning independently
 - Participating
 - Taking pride in your work

Dosbarth Graddau

Degree Class

Methu	0-39	Fail
Trydydd Dosbarth	40-49	Third Class
Ail ddosbarth (ii)	50-59	2:2
Ail ddosbarth (i)	60-69	2:1
Dosbarth Cyntaf	70+	1st Class

HUNAN-YSGOGIAD

SELF-MOTIVATION

HUNAN-YSGOGIAD

- Sylweddoliad buan ar ran y myfyriwr mai ef/hi sy'n gyfrifol am reoli'r gwaith dysgu bellach
- Gosod targedau realistig a chyraeddadwy

SELF-MOTIVATION

- A realization by the student that he / she now is responsible for managing the learning
- Set realistic and achievable targets

RHEOLI AMSER

TIME MANAGEMENT

RHEOLI AMSER

- Cydbwyso astudio gyda bywyd cymdeithasol
- Defnyddio amser yn effeithiol gan wybod hyd a lled yr adnoddau sydd ar gael
- Dealltwriaeth ar ran y myfyriwr o'r ffordd y mae ef/hi'n dysgu orau.

TIME MANAGEMENT

- Balance studies with social life
- Effective use of time by knowing the extent of the resources available
- Understanding by the student of the way he / she learns best.

MYFYRIO

REFLECTION

MYFYRIO

- Sylweddoli'r angen i fyfyrrio ar gynnydd
- Cofnodi datblygiad gan anelu'n uwch
- Derbynn adborth wrth diwtor ac ymateb yn gadarnhaol.

REFLECTION

- Recognize the need to reflect on progress
- Recording development by aiming higher
- Receive feedback from a tutor and responded positively.

Dysgu...5 eiliad
Learn....5 seconds

WELSH

dmydabygw

ENGLISH

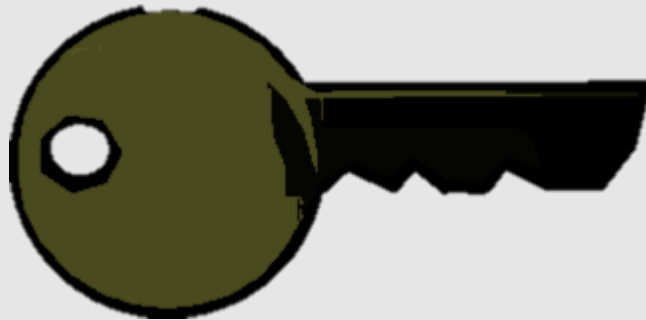
jajwuthtf

Mae deall yn gwneud pethau'n haws

Understanding makes things easy

Yr allwedd

The Key



YW DEALL!

IS UNDERSTAND!

Yr Allwedd

The Key

Dmydabygw

Dacw

Mam

Yn

Dwad

Ar

Ben

Y

Gamfa

Wen

Jajwuthtf

Jack

And

Jill

Went

Up

The

Hill

To

Fetch

Pa ffordd sydd orau?

WHAT IS THE BEST WAY?

- Mae pawb yn dysgu'n wahanol i'w gilydd
- Arbrofwch gyda dulliau dysgu
- Dyfalbarhewch!

- ◉ **Everybody has a different learning style**

- ◉ **Explore with methods of learning**

- ◉ **Persevere!**

Vark ... The acronym VARK stands for Visual, Aural, Read/write, and Kinesthetic sensory modalities that are used for learning information