

PSYCHOLOGY
FOR HEALTH
AND SOCIAL
CARE

G U L N A R A L I B M H P 4 0 0 3

Rukshana Begum (1808389)

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Introduction

Psychology is an important abstract that is involved in the behaviour and attitudes of people with different age groups. In the below assignment, the information about the psychological development of age groups 8 to 12 would be analysed. The cognitive behaviour and attitudes of children of this age group will be explained in the below assignment. The report will also make an understanding regarding the behavioural issues which could be faced by the children of this age group. The psychological theories would reflect the behavioural abstracts that related to the children of age group 8 to 11.

Psychology of children, their behavioural issues and its effect.

The age group which I have chosen is 8 to 11 years as different abstracts are related to this age group. Various behaviours are related to this age category due to the behavioural changes in their social and language development. This age could be called the age of social development in which the children can learn from things around them. It is also a middle school age when the children learn about adjusting the social rules and regulations. The children learn about executing social relationships with each other. The effects on child's behaviour could be seen and behaviour issues like not hiding the emotion can be seen. The rude behaviour could be enlarged in the children of this age group. anxiety could be seen in these children due to negative thoughts and it effects each individual differently. This negative behaviour of children may lead to using abusive language.

Psychology of a child between the age of 8 to 11 years old could be understood by the below two theories:

Erikson theory of Psychology development

Erikson has constructed his psychological development theory into 8 stages, he explained that the level of egos could be developed in this stage of children's life. The positive contribution could be made by the children in the age group of 8 to 11 years. The children can grow successfully and contribute to society. Erikson classified this into industry Vs inferiority and at this level, the children start comparing themselves with others and can make some measurements for them. According to this theory, the children 8 to 11 years can make the stage of feeling proud and can begin the accomplishment of their schoolwork. They could begin to take parts in activities like sports competitions, social and family activities. The newer skills and knowledge could be developed into the child or 8 to 11 years old. Parents need to understand that the child must try to participate in the different activities, and they must try to provide support in each activity. (Artiga and Hinton, 2019).

Piaget's theory of cognitive development

The theory of Piaget about cognitive development of children age 8 to 11 years. The child can develop their knowledge through internal skills. The theory is in 4 stages and the third stage which is concrete operations is related to the children of 8 to 11 years. At this stage, the child can think about different social factors around them. The knowledge could be increased at this stage. The logical structure about different things could be developed. The children can think about enlarging their skills using different symbols and they could learn about making the use of languages in this stage of their life. The reasoning abilities could be enlarged too. The thought process could also be increased in this stage (Dickerson and Popli, 2016).

Human cognition

The children can provide their sustained attention towards different things and they can learn about executing their responsibilities towards it. The information process could also be enlarged in the children. They become able to give attention to the multiple levels and it could be said that in this stage of their life they can develop a classification of different work. They recognize different patterns of working and they can arrange their works and tasks accordingly. In the children of age group 8 to 11 years, there is various kind of emotions that could be seen. They could start to take part in group activities and start contributing to those activities. The understanding of problem-solving skills and knowledge could be maintained by the children.

Study 1) what I understood from this study is that children can conserve both numbers and liquid but its only when the child is deep into the concrete stage, they will be able to understand about mass.

Behavioural pattern

Children who are in the age group of 8 to 11 years various behavioural changes could be seen. The children can learn about making the use of languages and they could focus on a particular topic. In the behaviour of children, the understanding regarding different words could be seen. The early school is related to this age group and the learning skills could be enlarged quickly at this age (Weitzman and Wegner, 2015).

Study 2) This tells us about the different behaviour of children and categorises this on a social and emotional spectrum. They have put in to tables the different types such as autism.

Emotions

Children this age enjoy sharing their point-of-view and can more easily manage emotions to fit a situation they grow socially and emotionally. As they enter school age years, they begin to show independence, they learn about cooperating in group activities. They can spend most of their time talking with peers they develop long term friendship and understand problem solving skills and knowledge. They create their own interest in long range projects and are sensitive about taking approval of their elders. Scientific evidence tells us that emotional development begins early in life and it remains in the architecture of the brains.

Conclusion

The report has demonstrated an understanding regarding the various psychological abstracts that are related to the children of 8 to 11 years old. The report provided an idea of how the child's psychology could be developed in this particular age group. The above report analysed different behaviour issues that are related to the children of this age group and it is also demonstrated the theory of Piaget and Erikson which identified a deep understanding regarding the psychological development of children running in the age group 8 to 11 years. The above report explained the different emotions and cognitive development of children of this age group.

References

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