

GHAZANFAR HUSSAIN
STUDENT NUMBER 2513364
MODULE LCHS 4009
WAFANASIR
SOCIAL HEALTH WORKER CV

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BIRMINGHAM UK PROFESSIONAL PROFILE

Compassionate and dedicated Social Health Worker with over 5 years of experience supporting vulnerable individuals, families, and communities through health promotion, social support, and outreach programs. Skilled in case management, safeguarding, mental health awareness, community engagement, and coordinating access to healthcare and social services. Committed to improving quality of life, reducing health inequalities, and empowering clients to achieve positive health and wellbeing outcomes. Proficient in case management, safeguarding, advocacy, crisis intervention, and developing individualized support plans that promote independence and social inclusion.

KEY SKILLS

Community health outreach
Health education and promotion
Safeguarding adults and children
Mental health support Case management
Health education and promotion
Safeguarding adults and children
Mental health support
Needs assessment
Crisis intervention
Multidisciplinary teamwork Needs assessment
Crisis intervention
positive health and wellbeing outcome.

Communication and advocacy

PROFESSIONAL EXPERIENCE

Conduct comprehensive assessments of client's health and social care needs develop individualized support plan in collaboration with healthcare professional provided

emotional support and practical guidance to individual facing social health challenges and facilitate referrals to housing mental health employment and welfare services. Deliver health education sessions on nutrition hygiene chronic disease prevention and mental wellbeing maintain accurate case records and ensure compliance with safeguarding policies.

ACHIEVEMENTS

Supported over 300 patients annually with improved access to healthcare services
Contributed to 20% increase in communities' engagement within outreach programs

Social health worker city outreach program June 2024 to January 2026

Birmingham uk

Provided outreach support to homeless individuals and socially isolated adults

Assisting patients in accessing GP services vaccination and social benefits

Collaborated with local charities hospitals and social care agencies.

Monitored patients progress and update care plans regularly.

Organized community workshops focused on health awareness and prevention

Reduced missed appointments through proactive follow up and support.

Health support Assistant

Community health centre

May 2021-july 2023

Birmingham uk

Assisted healthcare staff with patients support and communities' health initiatives

Recorded patients' information and maintained confidential records

Supported health screening and wellness promotion activities

Helped coordinate appointments and follow up services

EDUCATION

Diploma in health and social care

2020

Certificates in community health work

CERTIFICATIONS

Safeguarding children level 3

Safeguarding adults level 3

Mental health first Aid

Infection prevention and control

Equality and diversity Training

PROFESSIONAL MEMBERSHIPS

Members –British association of social worker (BASW)

Member community practitioners and health visitors Association (CPHVA)

HOBBIES

Playing footballs and voluntary help charities for children in need

REFERENCES

Available upon request

I am compassionate reliable and motivated social health worker with genuine passion for supporting individual to achieve the best possible quality of life throughout my career i have developed valuable experience with people of all background including older people individuals with physical disabilities, mental health condition learning disabilities and those requiring personal and emotional support. My goal is to provide person centred care that promotes dignity independence respect and wellbeing while building trusting relationship with services users their families and multidisciplinary teams. My educational background has provided me with solid foundation in health and social care training and continue to develop my knowledge through ongoing professional development safeguarding training infection prevention and control moving and handling first aid and mental health awareness the importance of following legalisation organisational policies and best practice guidelines to insure the safety and wellbeing of those support i am committed to learning and welcoming opportunities to expand my knowledge and skills to meet the changing needs of the health and social care sector one of my greatest strengths is my ability to communicate effectively with people from diverse backgrounds i listen carefully show empathy and adapt my communication style to suit individuals needs i understand that every person is unique and deserve care that respects their preference culture belief and personal choices my calm and patient approach allows me to remain professional in challenging situation while maintaining a positive and supportive environment professionally I have developed strong skills in personal care. Care planning risk assessment safeguarding, record keeping medication support and promoting independence work confidently as part of a multidisciplinary team while also managing my responsibilities' independently. I am highly organised dependable and able to prioritise tasks effectively in a busy environment. My attention to detail ensures accurate documentation and compliance with professional standards helping to deliver safe and effective care. I take pride in being flexible and adaptable responding positively to changing situations and the individual needs of services users understanding the importance of confidentiality professionalism and maintaining high ethical standards at all times building positive relationship with colleagues' healthcare professional and families enable me to contribute to coordinated person centred care and achieve the best outcome for those i support. I believe i would be a valuable asset to any employer because of my dedication strong work ethic and commitment to deliver high-quality care i consistently

demonstrate compassion integrity and respect in every aspect of my work. I am eager to contribute my knowledge skills and enthusiasm to an organisation that values excellence teamwork and continuous improvement. My positive attitude willingness to learn and ability to build meaningful relationships enable me to make a positive difference in their lives of individuals and the wider community. as a social health worker i am committed to promoting health independence dignity and inclusion while supporting people to reach their full potential's am confident that my education practical experience personal strength and professional skills make me a strong candidate who will contribute positively to any health and social care team and help deliver outstanding care to those who need it the most.

SWOT ANALYSIS

I am compassionate and enjoy helping people from different backgrounds i have good communication and listening skills which help me build trust with service users patients understanding and able to remain calm in difficult situation. I work well as part of a team and am willing to learn from others i am reliable organised and committed to provide high-quality care. Weaknesses i have limited practical experience working as a social health worker i sometime lack confidence when when dealing with challenges situation or difficult conversation my knowledge of some healthcare legalisation safeguarding procedure and record keeping need further development i need to improve my time management when balancing work study and personal responsibilities

Opportunities

Enrol in relevant training courses and gain recognised qualification in health and social care learn from experienced colleagues through mentoring supervision and shadowing attend workshop and continue professional development (CPD) activities. Gain experience working with different client group to develop a wider range of skills progress into senior support worker care coordinator or social worker training in the future.

Threats

High workload and workplace stress may affect my wellbeing and performance changes in healthcare policies or legalisation may require continuous learning limited funding or training opportunities could slow professional development emotional demands of supporting vulnerable people may lead to burnout if self-care is not maintained. Monitoring and Evaluation gain relevant qualification and improve professional knowledge complete level 2 or level 3 health and social care qualification attending safeguarding first aid infection control and mental health awareness training and complete at least 4 CPD courses each year. Complete within 24-month review certificate every six month discuss progress with my supervisor and reflect on how new knowledge improves my practice develop communication confidence and person-centred care skills. Shadow experienced colleagues request regular feedback attend communication skills workshops and practise active listening and professional record

keeping every day. Ongoing over the next 2 year keep a reflective diary receive feedback during supervision session and evaluate improvements through positive feedback from colleagues and service users. Improve leadership organisation and career readiness improve time management using weekly planning volunteer to take additional responsible when appropriate attend the leadership training and build a professional portfolio to prepare career progression. Achieve by the end of year 2 review goals every three months update my portfolio with achievement and assess readiness for promotion or further study during annual appraisals monitoring and Evaluating progress to ensure i achieve my development goals i will meet with my supervisor every three to six month to review my progress keep a personal development portfolio containing certificate reflective account and feedback complete regular self-assessment to identify strengths and area for improvements. Record completing training and evaluate how it has improved my knowledge and practice update my personal development every six months to reflect new goals or changing career aspiration.

Conclusion

The SWOT analysis has helped me identify the skills i already possess and the areas i need to improve to become social health worker by following this two-year personal development plan completing relevant training gaining practical experience and regularly monitoring my progress and will strengthen my professional skills improve the quality of care i provide and be prepare for career progression within health and social care.

For the presentation of component 1 the role of social health worker i explored the role of social health worker and explained how its support individuals families and communities by promoting health preventing illness and improving access to healthcare services i discussed key responsibilities such as providing healthcare education supporting vulnerable people working with multidisciplinary teams and address the social factors that influence health the presentation aimed to increase understanding of the importance of social health workers in improve health outcome and reducing inequalities. i used PowerPoint slides to structure the presentation and included to make the information relevant and engage feeling. Before delivering my presentation. i felt nervous because i was worried about speaking in front of the lecturer and forgetting important points Although i had prepared and practised beforehand which gave me confidence and was concerned about maintaining eye contact and speak clearly. Once i began speaking i became more comfortable and felt confident as i progressed through my slides i was happy that i was able to explain the role of social health worker clearly and answered questions at the end however i noticed that my nerves made me speak little faster than intended during some sections which may have reduced the clarity of my explanation.

Evaluation i believe the presentation was successful because i communicated the key responsibilities of social health worker in a logical and organised manner my slides were clear relevant and supported my verbal explanation without containing excessive

text positive feedback from my tutor indicated that my presentation was well structured and easy to follow and a good pace clearly tone and to improve some photo and bullet point despite these strengths there were aspect that could have been improved i relied on my notes more than i would have liked reduced my eye contact while speaking towards the camera. I also spoke quickly during the parts of the presentation because of my nervousness. Analysis i recognise that effective communication is a essential skills for health and social care professional while my knowledge of the subject was evident of the presentation According to Gibbs reflective Cycle (1988) analysing both strengths and weakness helps identify opportunities for personal and professional development the positive feedback demonstrated that my preparation was effective and i had researched the role of social health worker thoroughly. This has helped me understand that presentation skills involve not only knowledge but also communication techniques such as body language voice preparations if i had practised more in front of others or record myself presenting i may have felt more confident and delivered the presentation more naturally i achieved my aim of explaining the importance of the profession and received encouraging feedback regarding my quality of content also i recognise that improving my confidence reducing my notes and controlling my speaking pace would make future presentation more effective. I will use cue cards with keywords instead of full sentences to reduce my dependence on notes and encourage more natural communication. I aim to become more confident and effective presenter which will benefit my future studies and my professional practice within health and social care.

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