



HAPPEN

Health and Attainment of Pupils in a
Primary Education Network

 happen-wales.co.uk

 @HAPPEN_Wales

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CASE STUDY

"We first heard about HAPPEN at a Bridgend Planning for Improvement Meeting in the Autumn Term. Like many schools we had been looking for a way to measure pupils' wellbeing in KS2 and the questionnaire surveyed all of the areas we were keen to measure. The report was really informative and indicated several areas for development, some which surprised us and some which we were expecting. Some of the actions were easy to implement straight away, such as leading an assembly on the importance of sleep using cBeebies Dr Ranj videos. Other issues were more complex but gave us food for thought regarding the way we teach elements of health and wellbeing throughout the school. As a result of this we have just ordered a whole school scheme called JIGSAW which we will begin using in September from Nursery to Year 6.

The report was easy to read, particularly the pupil's version and it was easy to see how this could be used as the basis for a research project with pupils, enabling them to identify areas for personal and school development.

We are keen to use the survey again next year but will run it in October to allow time for pupils to conduct their own research and set targets based on the data; ideally we would do it again towards the end of the year to see whether improvements have been made. We plan to run it in years 4, 5 and 6 and are hoping that the accompanying pupil booklet will be in a form that we can attach to our school app (SCHOOP); this will enable parents to see it and become involved in the project alongside their children.

We are looking forward to renewing our partnership with HAPPEN in the autumn term and excited to see the benefits it will bring to the health and wellbeing of our pupils and hopefully their families too."

Nottage Primary School





HAPPEN

HAPPEN is a primary school network which brings together education, health and research. It aims to develop a better understanding of school needs and provides an opportunity for you to be able to target specific areas of health and wellbeing under the greater autonomy given by the new school curriculum in Wales.

The HAPPEN Survey and the school report you receive can act as a needs analysis, allowing your curriculum delivery to be tailored to the needs of your learners. This will enable pupils to become ambitious, capable, enterprising, informed, healthy and confident.

The network is completely FREE to be a part of.

WHY BE A PART OF IT?

Pupils in year 4, 5 and 6 can complete the HAPPEN survey; a health and wellbeing questionnaire focused on physical and mental health. Once completed, we will send you an individual report aligned with the new curriculum showing the overall picture of health and wellbeing in your school.

HAPPEN presents the opportunity for pupils to learn and make informed decisions about different aspects of health and wellbeing. We encourage the use of the report in school programmes such as Pupil Voice to allow children to be ambitious and creative to improve their health.





HOW TO JOIN

If you are interested in joining HAPPEN, please register your interest at:

<https://happen-wales.co.uk/membership-what-is-involved/>

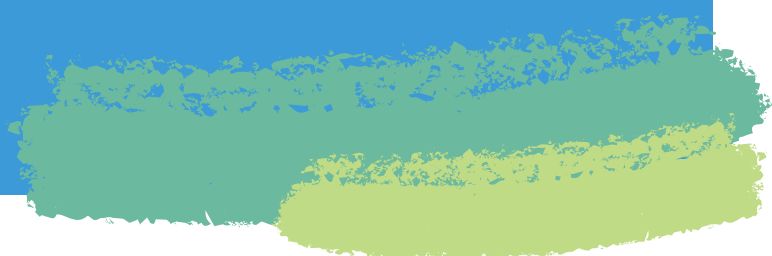


Once registered, we will send you all the information needed to begin.

We will then invite you to run the HAPPEN Survey with your years 4, 5 and 6. Once completed, we will send you an individual report showing the overall picture of health and wellbeing in your school.

How to run the survey and the information you need can be found here:

<https://happen-wales.co.uk/thehappensurvey/>





RUNNING THE SURVEY

1. Contact Parents/Guardians with information:

<https://happen-wales.co.uk/information/>

- *This link should ideally be sent 2 weeks before running the survey*

2. Show pupils the Children's Information Sheet – this should be done at least the day before and pupils should be provided with time to ask any questions.

3. The survey can be found here:



<https://happen-wales.co.uk/runningthesurvey/>

4. Deliver the survey. It takes about 20–30 minutes to complete on computers or tablets.

(Please note, the questionnaire asks for children's postcodes and you may require a list from your school reception)

5. Receive your school report back at the end of the month.



WHAT HAVE WE FOUND SO FAR?

Four ways children say their wellbeing can be improved:

- MORE SPACES TO PLAY

Children wanted more parks or green space, or for existing parks to be improved so they could meet up with their friends, play and be active.

- MORE LOCAL FACILITIES FOR ACTIVITY

Children wanted facilities that they can walk to, and are suitable for their age group so they could play basketball and football and for more unstructured activity.

- KEEP STREETS CLEAN

Children felt this was important to provide them with a safe environment for play.

- MAKE ROADS SAFER

This included requests for fewer cars on the road, speed limits, zebra crossings and more school crossing officers.

Teachers, Headteachers and Pupils say outdoor learning benefits include:

- INCREASED ENGAGEMENT FROM ALL PUPILS
- CATERS FOR ALL STYLES OF LEARNING
- IMPROVED SKILLS THROUGH 'FUN' LEARNING
- IMPROVED WELLBEING AND JOB SATISFACTION FOR TEACHERS



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HAPPEN

Health & Wellbeing of

THE HAPPEN TEAM

The HAPPEN team are all members of the National Centre for Population Health and Wellbeing Research which is Welsh Government Funded.



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