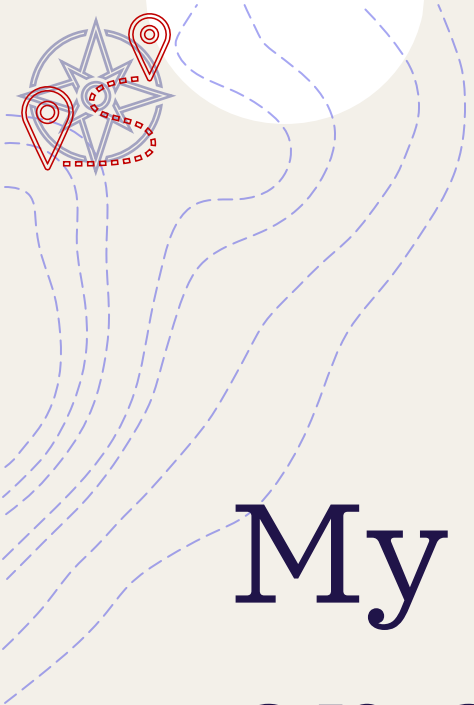




My career as an air hostess

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Introduction

An air hostess is a member of cabin crew which ensures the safety and comfortability of the passengers on board. This is usually done by providing them with a brief training for cases of emergency and also occasionally catering to passengers' needs during the flight.



Why I chose this career?

- + Flight attendants get travel benefits for family and friend.
- + Gives the opportunity to travel the world and make new friends international.
- + Major companies can have flexible schedules.
- + Health insurance packages are provided by the majority of airlines (can include dental, life insurance and vision).



Air hostess and cabin crew



Skills

- Working with passengers requires excellent customer service
- excellent verbal communication skills
- The ability to tolerate criticism and work effectively under duress

salary

- The salary from this job role is starting at 20,00 and can reach up to 40,00 for companies like emirates, quatr airways and British airways.

responsabilities

- An air hostess' responsibility is to ensure that passengers have a pleasant and secure journey.
- .

My Skills

- Communication and listening skills.
- Punctual.
- Creative problem solver
- Advanced numeracy and digital skills.



Weaknesses

- Unorganised
- Easily distracted
- Overemotional

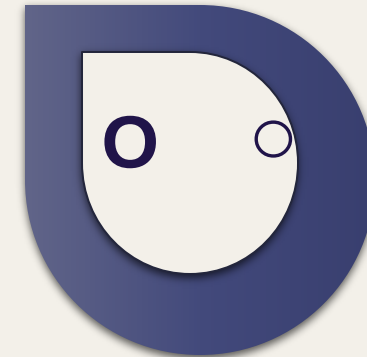


Opportunities

- Flexible schedule (in order to rest).
- Great travel opportunities for free
- Gives you the change to meet new people internationally.



Threats



- women had greater rates of various diseases and ailments.
- Poor cabin air quality.
- Pressure of oxygen is usually 25-30% lower than sea level.

Time management



- + Time management skills are crucial to a flight attendant job role responsibilities due to the fact if there were to be an emergency the aircraft needs to be evacuated in less than 90 seconds. Time is also of essence when the cabin crew are often the first responders on the aircraft to give first aid.
- + To ensure that a flight attendants is punctual and has good time managerial skills this can be done by making a to do list while prioritising the daily tasks from most important to least important.

References

Amy Roder (2018.04.03) Documenting health risks at 35,000 feet. Harvard T.H Chan available at:

+ <https://www.hsph.harvard.edu/news/features/flight-attendant-health/> Accessed: 03.12.2021

