

DS 1 Template

My Screenshots/Photos

- Please add 4–6 screenshots or photos of your digital life.
- You can use your phone or laptop.
- For each screenshot, write one or two sentences explaining what it shows.



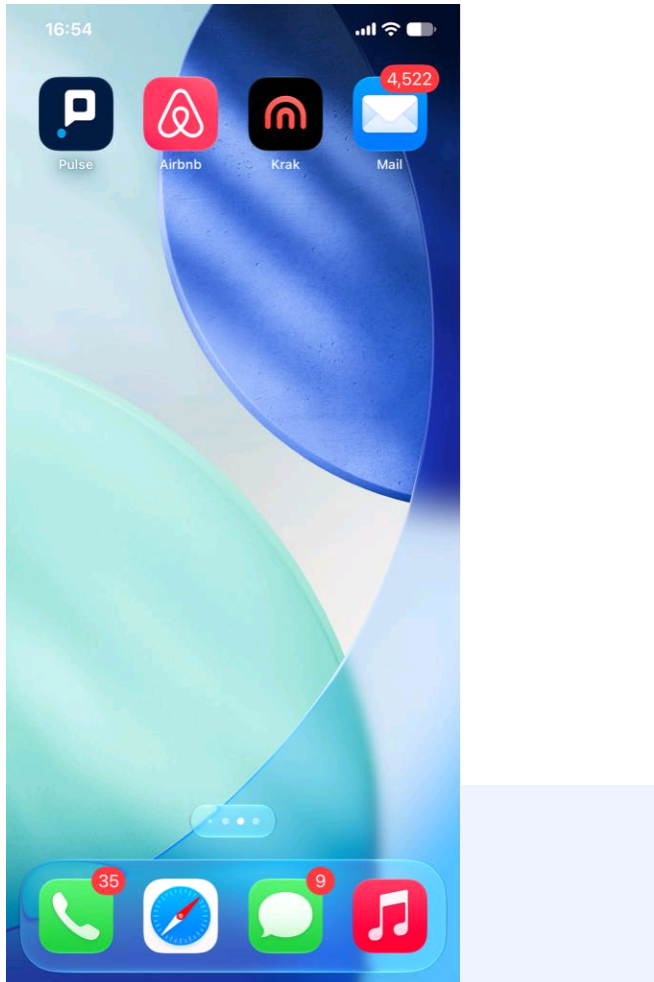
I used this tool for my fitness club bookings and arrangements



I used this tools for my shopping and communicate with friends and family

Screenshot/Photo 2

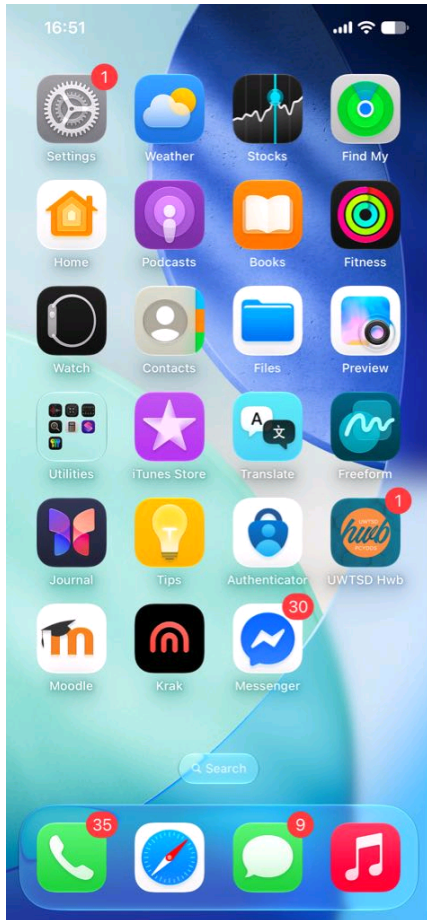
[Insert Photo/Screenshot below]



I used this tools to manage my bookings and check updates on my bookings

[Write what this shows of your digital life]

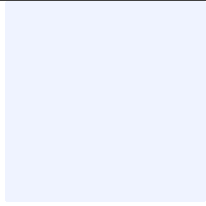
Screenshot/Photo 3



I used this tools to check the weather and for my online studies

Screenshot/Photo 4

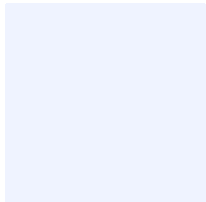
[Insert Photo/Screenshot below]



[Write what this shows of your digital life]

Screenshot/Photo 5

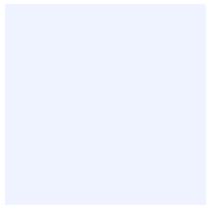
[Insert Photo/Screenshot below]



[Write what this shows of your digital life]

Screenshot/Photo 6

[Insert Photo/Screenshot below]



[Write what this shows of your digital life]

My Short Reflection

- Write 5–8 simple sentences about your digital life.
- You can use the sentence starters below if helpful.

Digital skills are very important to me because I'm using them on my everyday life and helps me easier to organised my time. I feel confident on what I'm doing because it guides me and help me on every task I need to do

Sentence starters

- I use digital tools to ...
- I feel confident when I ...
- I want to improve ...
- I often use these tools: ...
- I sometimes feel nervous about ...
- I hope this module will help me ...
- Digital skills are important for me because ...

You can write more if you want.

Submission Checklist

Before you submit, please check:

- ☐ I added 4–6 screenshots
- ☐ I wrote short sentences for each screenshot
- ☐ I wrote my short reflection
- ☐ My work is my own
- ☐ My file opens correctly
- ☐ My file opens correctly