



BMSW4001

Academic and

Employability Skills

(ACE)

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Introduction

This presentation will be based on a career in physiotherapy. I will look at what it will take to have the right skills for working in this field.

Definition

Academic Skills: can be defined as skills gained from education, which can lead to achieving a qualification; that can also be used for work. An example of this is BTEC Sports Level 3.

Employability Skills: can be defined as skills that can help to get work. An example being communication, problem-solving, and teamwork.

Physiotherapy

According to the NHS physiotherapy helps an individual recover when they are "affected by injury, illness or disability" or even prevent new injuries from happening.

Physiotherapy is useful to me as a career path as I can use it with sports, and help sports players. For example have experience in playing sports (football) and having an injury, which I understand the importance of how to rest and recover.

SWOT analysis

SWOT analysis involves: Strengths, Weakness, Opportunity, and Threats.

Below is a SWOT analysis of myself:

Strengths: my strengths include research skills, I am satisfied when I get a good end result. For example, helping a friend recover from an injury using the tips I have learned.

Weakness: can be impatient if results are not fast.

Opportunity: improve on communication, and become patient while knowing that results come at the right time.

Threats: high competition in independent work, and pay may not be regular, for living.

Skills and Conclusion

I have shown that I have a good understanding of sports, but I will need the right skills/qualification in order to have a career in physiotherapy.

I will need work experience, communication skills, and a qualification in order to be successful physiotherapy.

I have a background in sports education which will be a good and useful in physiotherapy.

References

NHS (2018) 'Physiotherapy' Available
at. <https://www.nhs.uk/conditions//physiotherapy/> (accessed April
2022)