

Employability and Career Development

Mock Interview

Student Name: Oskar Lewicki

Student ID Number: 2511655

Programme: Cert HE Business Skills for the Workplace

Module: Employability and Career Development

Module Code: LCLM4005

Role Applied For: Virgin Active – Lifeguard (Training Provided)

Section 1 – Job Advertisement

Summary

Company: Virgin Active

Position: Lifeguard

Key requirements:

- Deliver exceptional customer service.
- Supervise pool and spa areas safely.
- Carry out health and safety checks.
- Maintain high cleaning and brand standards.
- Complete safety records accurately.
- Work calmly under pressure.
- Support duty management and club operations.



Lifeguard (Training Provided)

[Virgin Active](#) • 3.6 ★

Job

Company

Job details

📄 **£13.01 an hour**

Annual leave, Employee discount,
Company pension

🕒 **Part-time**

📍 [The Lido Baths Road Bickley, Bromley
BR2 9RB](#)

🚗 **60 minute commute**

[Apply on company site](#)

Full Job Advertisement – The Role

The Role:

- Incorporating a friendly, calm and approachable nature with the ability to act quickly and effectively at all times.
- Ensuring the upmost safety of our members in the pool and spa areas, taking responsibility for your own personal safety and that of others.
- Consistently acting in a safe manner, knowing the importance of completing safety checks and recording them accurately.
- Monitoring water chemical water levels and cleaning the water when appropriate.
- Maintaining the cleanliness of all areas and adhere to the high standards of Virgin Active .
- Responsibility for compliance with all mandatory training and health and safety.
- Fulfilling Duty Shifts when required, therefore having responsibility and accountability during the shift, controlling staffing and facility issues throughout the club.

Full Job Advertisement – Qualifications

Qualifications

- You do not currently hold a lifeguard qualification? No problem - we'll provide you with training and you'll receive a Level 2 Award in Pool Lifeguarding over the course of 5 days.

Section 2 – Curriculum Vitae

OSKAR LEWICKI



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OBJECTIVE

To further develop my professional skills in leadership, customer service and operational management within a dynamic organisation. I admire to contribute to the company's success by applying a strong work ethic, strategic organization and a commitment to excellence I every task.

SKILLS

I'm a reliable leader who works well under pressure and takes pride in getting things done properly. I adapt easily to different environments, whether it's managing a team, helping customers or handling warehouse operations. I'm organized, proactive and always ready to support others to make sure everything runs smoothly.

EXPERIENCE

(REFERENCES- AVAILABLE ON REQUEST)

Ark Construction LTD *Oct 2024- Oct 2025*

Part-time handy man collaborating around different sites

Selfridges Shopfloor (Sunglass Hub) *Feb 2024- Sep 2024*

Worked as a full-time team member, improved customer service and sales skills. Oversaw and supported a team manager.

Everyone Active- Moberly Sports Centre *Jan 2022- Feb 2024*

Promoted to Team Leader while also covering Lifeguarding and Duty Manager shifts. Oversaw and supported a full team.

Everyone Active- Vale Farm Sports Centre *Sept 2019- Dec 2021*

Full-time Lifeguard and occasional Duty Management.

Domino's Pizza *Sept 2017- July 2019*

Leader Delivery driver ensuring excellent customer service and timely deliveries.

EDUCATION

University of Wales Trinity St David

BA (Hons) Business and Economic Skills- 3 year degree
(in progress)

Westminster Kingsway College 2019- 2020

Level 3 Art and Design – Merit received
Level 3 Creative Media- Merit received

VOLUNTEER EXPERIENCE OR LEADERSHIP

BBC Studio- Studio Assistant *July 2016- Aug 2016*

Editing Software, learning how to use Final Cut Pro for high-end editing in films.

Cycle King – Bike Builder

Jan 2016- July 2016

Built and maintained bikes in the shop

Section 3 – Cover Letter

Dear Hiring Manager,

I am writing to apply for the Lifeguard position at Virgin Active. After reading the job description, I felt it matched the type of environment I enjoy working in. Throughout my career in leisure I have believed that being a good lifeguard is about more than supervising a pool. It is about creating a safe, welcoming environment where members feel confident in the people around them and enjoy every visit.

I have over five years' experience with Everyone Active, beginning as a full-time Lifeguard at Vale Farm Sports Centre before being promoted to Team Leader at Moberly Sports Centre. Alongside my lifeguard responsibilities, I regularly covered Duty Manager shifts, supervised staff, supported the daily operation of the centre and ensured high standards of health and safety, customer service and operational performance were maintained throughout every shift.

Working in leisure has taught me to stay calm under pressure, communicate clearly and make confident decisions when situations change quickly. Whether supervising the pool, carrying out operational checks or assisting members with enquiries, I have always taken pride in being approachable, reliable and professional. My experience at Selfridges also strengthened my communication skills and reinforced the importance of delivering a consistently high standard of customer service.

What attracts me to Virgin Active is its commitment to exceptional member experiences and high operational standards. Having progressed into leadership within my previous role, I enjoy taking responsibility, supporting colleagues and continuously improving my own performance. I am confident that my experience, work ethic and passion for the leisure industry would allow me to make a positive contribution to your team from my first day.

Thank you for considering my application. I would welcome the opportunity to discuss how my experience and enthusiasm for the leisure industry would benefit Virgin Active. I look forward to hearing from you.

Kind regards,

Oskar Lewicki