

UNIVERSITY OF WALES TRINITY SAINT DAVID



REFLECTIVE REPORT

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MODULE: ACADEMIC SKILLS

REPORT: REFLECTION OF ACADEMIC

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CONTENT:	PAGE
1.Introduction	2
2.Note Taking	3
2.1 Appendix	4
3. Referencing	5
3.1 Appendix 1	6
3.2 Appendix 2	7
4. Paraphrasing	8
4.1 Gibbs Models	9
5. References	10

INTRODUCTION:

This is all about my Research that I looked back, and I reviewed. My Experiences and what I have Learned in my whole 8 weeks that I spend here my Course Academic Skills. My 1st Day of my Class it was difficult to me I am struggling to communicate to Everyone, I am shaking of nervous to introduce myself and I am very shy to work in group and I could not even Participate to the Class for the discussions I never stood or raise my hand to resonated my idea and there is a time you heard your name to answer the question but your answered is incorrect that was I felt self-disappointed but I challenged that situations I motivated I got self-confident now, I noticed to myself I am sharing my opinion a little bit I can answer the question Specially to our Task Class and Assignment I am proud to say to myself I Learned I Gain skills. I have chosen this 3 Lessons about NOTE TAKING, REFERENCING and PARAPHRASING. Because I found it quite not easy to me but very interesting to learned it. our Lecturer he always aware of us if there is something we cannot understand, and he is explaining us very well and this this helped me a lot to understand. Sometimes, I do struggle to understand the deeps words but what I do is Searching to the Dictionary, Google and I will do my turn to Learned more.

NOTE TAKING we discussed it in our 2nd weeks has 5 kinds of Notes, Linear Notes, Cornell Notes, Tabular Notes, Diagrammatic Notes. Note taking I found it difficult but interesting to me. Is difficult to me when you are listening to an Audio then i must write down, I need to play it again and again to write it clearly to me specially a Slang Accent. But interesting the way they speak, and you get learn too. The best way I can do is to write it down our lessons right away what i heard so I cannot forget, and I can look back with information. And use my own ideas or words when I make my task I know where to find out how to do or start with it.

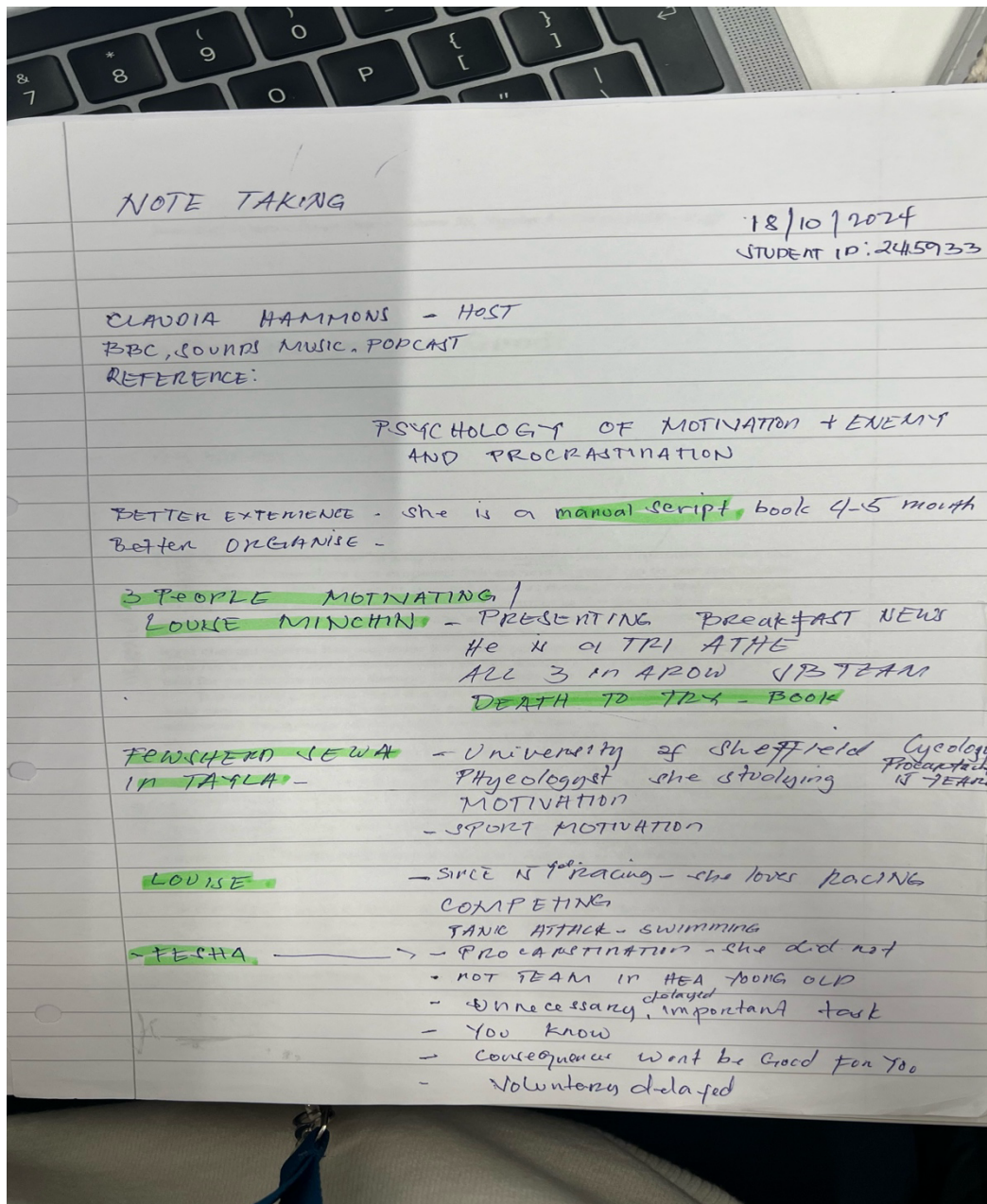
NOTE TAKING- [see Appendix 2.1] we Listen an Audio Clip about the Topic the Psychology of Motivation and Enemy Procrastination on (BBC, 2019) and I have tried to take a Notes.

I Found it difficult listening the Audio clip and writing down at the same time.

But this is interesting and useful for me writing down the important word I heard

That was Difficult Listening Audio clip because they are very Slang accents, and they spoke very quickly.

I did try to take a note, and I did it I understand what I wrote down.



(appendix 2.1)

-HARVARD, REFERENCING we Discussed it in our 3rd weeks [see appendix 3.1 and 3.2] is a quite confusing about Authors Surname, Initial, Journal Name publishers written by who. I must Learned it must know about the Book before I Read it and where and when this Published this happen and where can you find how many Editions, Pages, if exist. And the source of information this is include the Intext Citation, References and the Location, Accessible in online the Date.

Referencing -we did a workshop on a Paper Sheet to put the correct intext-citation for the book that shown below on the Paper, and to write the full Harvard reference for the Article details that shown and how the following source be cited in your text, and formatted in my list of reference, so far, I did I answer it. It is hard for me to do it but the end I did it. It's interesting. i need more practiced to get used to it.

26/10/2024

HARVARD REFERENCING WORKSHOP for CerTHE Business

What would be the correct in-text citation for the book shown below?

Title: Study skills for foundation degrees

Author: Dorothy Bedford and Elizabeth Wilson

Edition: Third edition.

Publication Date: 2020.

Publisher: Routledge

Place of Publication: Abingdon, Oxon ; New York ; Abingdon, Oxon ; New York

A) (Bedford et al., 2020)

B) (Dorothy et al., 2020)

☒ C) (Bedford and Wilson, 2020)

D) (Study skills for foundation degrees, 2020)

2. In the box, write the full Harvard reference for the article details shown below.

An online article written by Amber Rolfe in 2021 with the title How to: Write a CV.

The link to the article is: <https://www.reed.co.uk/career-advice/how-to-write-a-cv/> and you accessed it yesterday.

~~Rolfe~~ Rolfe, A. (2021) 'Write a CV. Available at: <http://www.reed.co.uk/career-advice/how-to-write-a-cv/> [accessed: 23rd October 2024]

3. How would the following source be cited in your text, and formatted in your list of references?

book written by David Olusoga, in 2016, entitled Black and British: a forgotten history. Published by Macmillan in London.

In text: ~~(Olusoga, D. (2016))~~ ^{OLUSOGA, D.} (Olusoga, 2016)

In reference list: Olusoga, D. (2016) *Forgotten History Black and British*. London, UK: Macmillan.

4. How would the following source be cited in your text, and formatted in your list of references?

A website by National Health Service about Acupuncture. Found at this address:

<https://www.nhs.uk/conditions/acupuncture/>

Published in February 2023, and you accessed it last week (pick a date).

In text: (National Health Service, 2023)
In reference list: Available at: <http://www.nhs.uk/conditions/acupuncture/>
[accessed: 19 October 2024]

5. How would the following source be cited in your text, and formatted in your list of references?

An article by UNSW Sydney with a title How to Cite a Website and Online/Electronic Resources, written in 2023, found at <https://www.student.unsw.edu.au/how-do-i-cite-electronic-sources>. You accessed it today.

In text: UNSW Sydney (2023)
In reference list: UNSW Sydney (2023) 'Is How to Cite a Website and Online/Electronic Resources Available at <https://www.student.unsw.edu.au/how-do-i-cite-electronic-sources>.
[accessed: 26 October 2024]

6. What would be the correct in-text citation for the book shown below?

Title: The Study Skills Book.

Authors: Kathleen McMillan and Jonathan Weyers.

Edition: Fourth edition. 4th edn.

Pages: 1 online resource (470 pages)

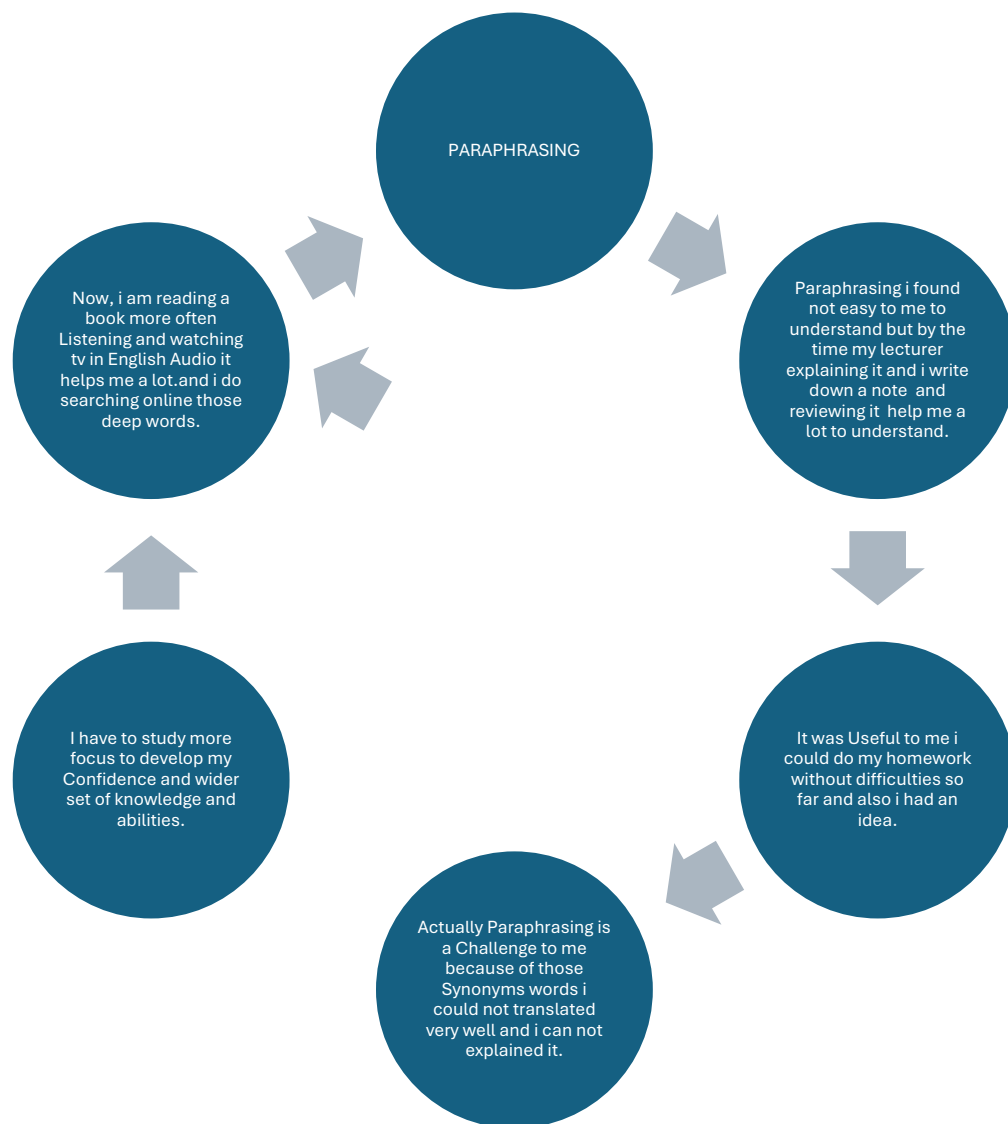
Publication Date: 2021

Publisher: Pearson Education Limited

Place of Publication: Harlow

- A) (McMillan and Weyers, 2021)
B) (McMillan et al., 2021)
C) (Kathleen and Jonathan, 2021)
D) (The Study Skills Book, 2021)

-PARAPHRASING- I used Gibbs, (1998) model to reflect on this experience. we discussed it in 4 weeks. About Paraphrasing that I found it a quite not easy to me. I must state or express the meaning using the words, we did a verb which is I do not know the verb. We use Synonyms, we use a different word, we change the word in order, but my Lecturer help me out he explained it to me what is Verbs and then the Synonyms I found it too quiet difficult to me I have to translated into another words as one verb to synonyms. We did practice sheet on a Paraphrasing, we must find the phrases and highlight it, finding synonyms-different word but same / similar meaning, changes to word order and possible changes to word class. This a Challenge to me because it seems I am back in High school life. But now found it useful to me and I did the worksheets that it is mean I Learn this Paraphrasing I could do my Homework without difficulties so far . When you really want to focus to learn the idea will come in your head even is not a brilliant idea you will have clue in your mind where you must start. I must study more to develop my Confidence and a wider set of Knowledge and Ability. Now, I am reading a book more often, listening and watching Tv in English Audio help me a lot to get familiar those words that struggling me.



(Gibbs Model 4.1)

REFERENCES:

Hammond, C (2019) all in the mind: The Psychology of Motivation and Procrastination.
Available at: <http://www.bbc.co.uk/programme/m0005t4x>
[accessed 15 dec 2024]

Gibbs, G (1998) p

