

Module code:4003

Module name: introduction to health and social care

Portfolio

Student name rosemary Brennan

Student number 2504749

Tutor name Daniel Haruna



Community mental health

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Component 1

description of service:

According to the secretary of state on [nhs.gov.uk](https://www.nhs.gov.uk) one in six adults have suffered from one form of mental health. mental illness is not well understood as it carries a stigma and many people are frightened by it despite the demand and severity of mental health cases mental health has not had the attention it needs .most sufferers of mental health are vulnerable and are no threat to anyone but themselves. according to the lancet 402 (10402) 656-666,2023 drawing upon a series of syntheses we identify five principles to change current practices namely address harmful social environments across the life course.empower diverse front line provide deliver psychosocial interventions.embrace a rights based approach that seeks to provide alternatives to violence and coercion in care and centre people with lived experiences in all aspects of life

Explanation of the chosen healthcare profession community mental health team

During the year of 2008 according to national institute for health and care excellence (nice) they produced the guidelines on attention deficit hyperactivity disorder. the task was approached in a transparent and methodical manner using the criteria which they would assess. Genome wide association studies (gwas) and family based examinations have shown partly overlapping genetic architectures between various psychiatric disorders. our knowledge of the common architectures underlying specific system profiles and risk factors are limited. An example of community mental health services would be mental health nurses. Who provide a role to build effective relations with

service users and their relatives or carers; roles differ daily depending on the patient's needs. Such as helping administer medications correctly or referring patients for relevant therapies or could be working in patients' homes providing 24-hour care. Furthermore, mental health nurses work as part of a dedicated team such as social workers, GPs, occupational therapists, psychiatrists and healthcare assistants. Another type of mental health service is drop-in clinics; the aim of these centres is so that patients have open access support...there is no wrong door. Support close from home. Each centre is located in their neighbourhood so help and assistance is local, familiar and easy to access which also means help when you need it.. You will also get personalised flexible care for the individuals tailored to their needs.

Key functions of mental health in 2025 according to Google

Community based care (transformation) access to 24/7 health hubs and drop-in centres to provide care outside the hospital setting.

Support for specific needs.. Extended perinatal mental health services. specialist forensic science.

Equality focus...making sure everyone is treated equally despite age race sex disability.

Social prescribing and prevention...increasing the attention on and funding for community based support to best support the individual

Challenges faced by the service providers

There are numerous challenges faced by the service the top 3 listed challenges including anxiety disorders manic depressive and borderline personality. Many mental health care workers do long unsocial hours...suffer from burnout feeling must work in an unsafe environment sometimes and face high clinical demands daily. According to gov.uk Mental health nurses also suffer resources shortages and staffing shortages. Stigma and discrimination from both the public and other healthcare professionals, complex patient needs

References.

(nhs.gov.uk)

(Google scholar)

(Nice)

Routledge the medical model in mental health

Google.gov.uk

Transitional psychiatry 1 202 2021

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