

Assumptions

ECAY6003

02.03.2022

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Review: Mary Gentile's Assumptions

- Questions:
 - How does this relate to my role as an advocate?
 - How does this relate to Person centred Practice?
 - How can I use these assumptions to improve my ability to give voice to my values?

Assumption 1

Assumption 1:

I want to voice and act upon my values

Assumption 2

Assumption Two:

I have voiced my values, at some point in my past

Assumption 3

Assumption Three:

I can voice my values more often and more effectively

Assumption 4

Assumption Four:

It is easier for me to voice my values in some contexts than others.

Assumption 5

Assumption Five:

I am more likely to voice my values if I have practised how to respond to frequently encountered conflicts.

Assumption 6

Assumption Six:
My example is powerful.

Assumption 7

Assumption Seven:

Although mastering and delivering responses to frequently heard rationalisations can empower others who share my views to act, I cannot assume I know who these people are.

Assumption 8

Assumption Eight:

The better I know myself, the more I can prepare to play to my strengths, and, when necessary, protect myself from my weaknesses.

Assumption 9

Assumption Nine:
I am not alone.

Assumption 10

Assumption 10:

Although I may not always succeed, voicing and acting on my values is worth doing.

Assumption 11

Assumption Eleven:

Vopicing my values leads to better decisions.

Assumption 12

The more I believe it's possible to voice and act on my values, the more likely I will be to do so.

References

- Gentile, M (2009) Giving Voice to Values. USA: McGraw-Hill.