

Module Outcomes

- Plan a multi-day journey with a clear purpose commensurate with their own skills and abilities as an expedition leader.
- Critically reflect upon the planning process, the expedition activity and expedition outcome in relation to a specific purpose.
- Develop a deeper understanding of sustainability as a concept and critically discuss its relationship with outdoor adventure education.

Assessment 1 - April 10th

With reference to the article by Mackenzie and Goodnow (2020; available on Moodle), critically discuss the following statement: Microadventures are “an enticing alternative for both current and post-pandemic conditions” (Mackenzie and Goodnow, 2020, p1).

You must clearly demonstrate your appreciation of the “conditions” that they refer to and how these can be extended to apply to the broader field of sustainability.

Assessment 2 - April 24th / April 30th

Plan a multi-day journey with a clear purpose commensurate with their own skills and abilities as an expedition leader.
Critically reflect upon the planning process, the expedition activity and expedition outcome in relation to a specific purpose;
Develop a deeper understanding of sustainability as a concept and critically discuss its relationship with outdoor adventure education;

Schedule 2026

Below is the planned schedule for the module. As ever, the plan depends on the weather and other factors, so it might change! We will do our best to let you know as soon as possible if there are any changes and what those changes will be. You have now done more than a year of outdoor activities, so we are assuming that you will know what kit you need to bring for each session, but if you have any doubts, please ask myself or Emlyn.

If for any reason you are unable to attend any of these sessions, please let me know by email as possible.

*These expeditions are not compulsory- if you would prefer to plan your own microadventure for these dates please talk to Tom.
You need to provide a plan of what you propose to do instead.

Outdoor Adventure Education (BA Hons, Cert HE)
@UWTSD_OAE

Week / Date	Activity	Practical Learning Focus	Venue	Staff
29 th January	Mountain Bike Journey	MTB Journey Skills What is a Sustainable Journey?	Pembrey	TM, RJ
5 th February	Module Induction	Module Induction Urban MTB Part 1	Cynefin	TM
12 th February	Bikepacking Skills	Guest Lecture – Sustainability. ~ Bikepacking Skills Urban MTB Part 2 - Loading Bikes – Tarpology - Route Planning	Cynefin	TM, EP
19 th February	Bikepacking Journey	Bike Packing Skills Ride loaded bikes along route planned on previous session	TBC	TM, RJ
26 th February	Canoe Introductions	Canoe Skills Introduction - Solo & Tandem Paddling skills. Safety and Rescue Skills.	Llandysul	TM, EP
5 th March	Canoe Journey & Cook-Up	Canoe Journey Skills Loading a Canoe - Cooking Techniques – Route Planning	Afan Teifi	TM, EP,
11 th ~ 12 th March	Canoe Journey Overnight	Students choose a staff-led canoe or a bikepacking overnight journey. Plan route, menu, equipment, personal objectives	Cynefin	TM, EP
19 th March	No Practical	Route Planning for Student Led Expeds Route Card & Risk Assessments Submitted before 3:00pm	N/A	N/A
25 th ~26 th March	Bikepacking Exped	Bikepacking Exped Student led expedition along collaboratively planned route	TBC	TM, EP
30 th March 17 th April	No Practical	April 10 th 2026 Assessment 1 Deadline	N/A	N/A
22 nd ~24 th April	Canoeing Exped	Canoeing Exped Student led expedition along collaboratively planned route	TBC	TM, EP
24 th April	No Practical	April 24 th 2026 Assessment 2 – Reference Submission	N/A	N/A
30 th April	No Practical	April 30 th 2026 Assessment 2 –Pitch Presentation	Cynefin	TM, EP, DL