

THINKING AND PROBLEM SOLVING

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MODULE TITLE: PROFESSIONAL DEVELOPMENT WITHIN HEALTH AND SOCIAL CARE

Introduction

- ▶ Critical thinking and problem-solving are essential skills for professionals working in health and social care.
- ▶ This presentation will discuss the relevance of critical thinking and problem-solving in health and social care and provide a practical example of how these skills can be used in a healthcare context.
- ▶ Engagement with literature, knowledge and understanding, cognitive and intellectual skills, and practical and transferable skills.

Engagement with Literature Skills

- ▶ To effectively discuss the relevance of critical thinking and problem-solving in health and social care.
- ▶ This includes peer-reviewed journal articles, textbooks, and other academic sources that provide a comprehensive understanding of the topic.
- ▶ By engaging with literature, it is possible to gain insights into the underlying concepts and principles of critical thinking and problem-solving

Knowledge and Understanding Skills

- ▶ At level 4, students are expected to demonstrate knowledge and understanding of the underlying concepts and principles.
- ▶ In the context of critical thinking and problem-solving in health and social care, this includes an understanding of the various strategies and techniques that can be used to effectively analyze complex situations.
- ▶ The idea is to look at how different factors, such as cultural diversity and socioeconomic status, can impact patient care.

Cognitive and Intellectual Skills

- ▶ To effectively use critical thinking and problem-solving skills in health and social care.
- ▶ It is important to be able to present, evaluate, and interpret qualitative and quantitative data.
- ▶ By being able to evaluate different perspectives and develop logical arguments, healthcare professionals can make informed decisions that promote the well-being of their patients.

Practical Skills

- ▶ At level 4, students should be able to apply the basic underlying concepts and principles of critical thinking and problem-solving.
- ▶ It is something that involves demonstrating an ability to effectively analyze complex situations and develop solutions.
- ▶ By applying these skills in practice, healthcare professionals can improve patient outcomes

Transferable Skills for Life and Professional Practice

- ▶ The ability to communicate effectively is a key transferable skill for healthcare professionals.
- ▶ In the context of critical thinking and problem-solving in health and social care, effective communication is essential for developing care plans.
- ▶ By demonstrating effective communication skills, healthcare professionals can establish trust with patients and ensure that their care is delivered compassionately and effectively.

Conclusion

- ▶ In conclusion, critical thinking and problem-solving are essential skills for healthcare professionals.
- ▶ By engaging with the literature, demonstrating knowledge and understanding, using cognitive and intellectual skills.
- ▶ It is done by applying practical skills, and demonstrating effective communication, healthcare professionals can promote the well-being of the individuals they serve.

References List

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