

Module name: Children, Young People and Families

Module code: (BMHP5004_LON)

Assessment: Assessment Component 1 - Group Presentation

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Introduction



(Early signs of mental health issues,2023)

- Case study a single mum with a three children in Portsmouth.
- She has mental health problem anxiety.
- She is struggling to pay the rental bills .
- One of the children does not attend the school and the youngest was not in the nursery.
- The oldest daughter frequently looked after the younger ones.
- Social services was aware about the family.
- The family worker assisted the mother .
- They are work as team also help her to face the problem and finding solutions .(Drost and Schipperss,2015).

Examples of vulnerability children in Portsmouth

- Parent with mental health problem.
- Factor include income .
- Parents education levels.
- Low school education rates.
- Deprivation(food, education, parental care, clothing, housing conditions. etc).
- Young careers .
- Absent fathers.
- Family stress.
- Economic exploitation due to lack of care

(Forsyth et al,1995).



(Moore,2020)

A child can be vulnerable to risks an individual characteristics; the factors in this case study:

- Single mum and does not receive any support from the fathers' children.
- Mental health difficulties
- Poor child parent.
- The child's physical, emotional, health and educational needs.
- Environmental factors: Social, emotional, economic, physical.
- Poor housing conditions.
- The absence of supportive relationships in a child's life
- Harm the child has experienced .

(Public Health England,2020)



(16 Things to look for to help spot vulnerable children,2018)

Factors of vulnerability children, young people and families can face



Vulnerable

Fragile people, unable to protect their lives against abuse and violence.

Mental health

Ability to balance life's emotions and challenges.

Anxiety disorder

Psychic illness caused by genetics, trauma or stress.

Neglect

Violation of the basic and protective rights of a vulnerable person.

Age

The child are completely depending for his responsible

(OECD,2019).

The incidence of the factors of vulnerability examined in the UK



Progress made in Portsmouth as of March 2014:

Total number of families
555

Number of families identified as at end of March
2014 555

Number of families worked with as at end of
March 2014
371

Families turned around as at end of Feb 2014
119

The impact of these factors on the children and young people

- High possibility to develop similar or associated disorder
- Difficult to have friends
Experience bullying
Low school performance
- Trauma
- Negative feelings

(NSPCC,2021)



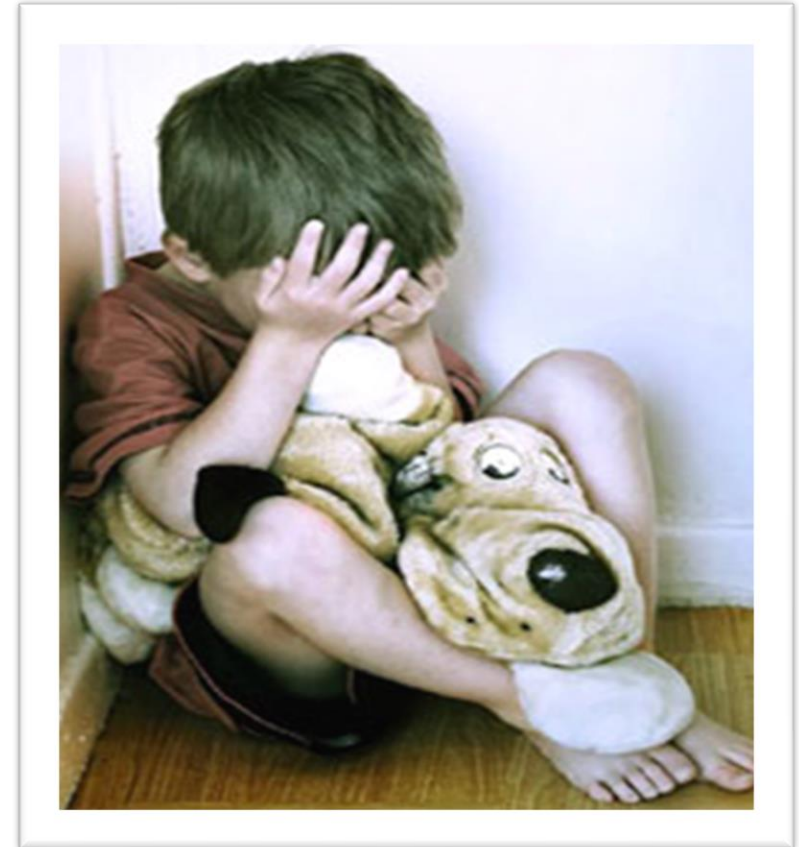
The process of intervention by social worker

The agencies assessed the three children and their mother.

Assessment inquiries:

- Signs and symptoms of mental illness
- thoughts, feelings, and deeds
- Physical fitness and happiness
- housing situation and financial situation
- ethnicity and cultural background drug or alcohol use prior issues.
- Skills and strengths
- future aspirations and expectations

(The Children's Society, 2022)



(NHS, 2022)

Safeguarding legislation for children and young people

Children and Families Act 2014

Safeguard Children 2018

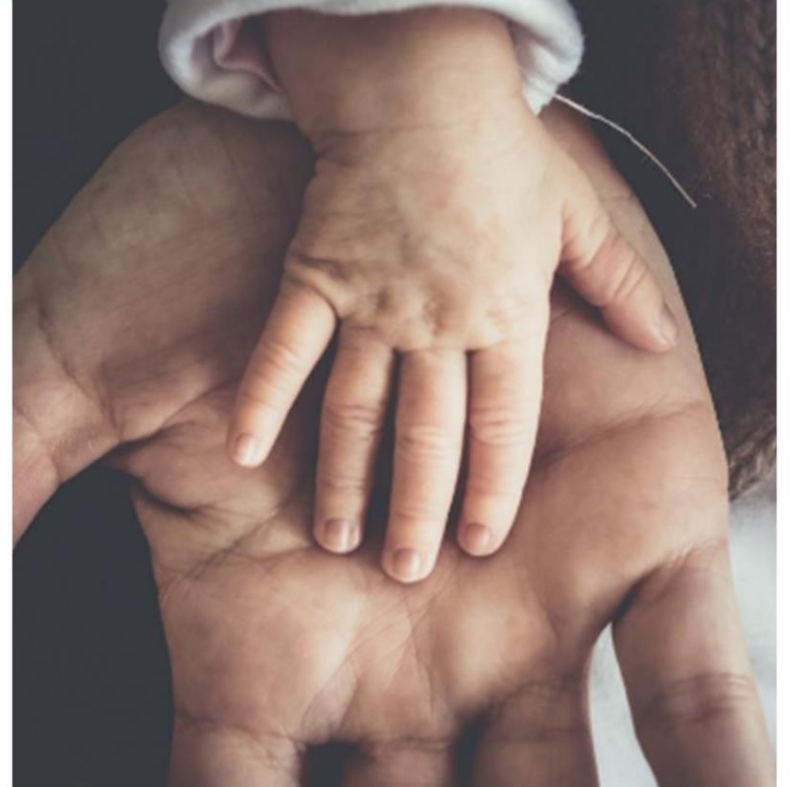
The Children and Social Work Act 2017

The Children Act 1989

Every Child Matters (2003)

The Childcare Act 2006

(Johnson, 2023)



Actions of social services with the family

- Protect and advance the welfare of children in need.
- Support mother who are struggling with mental health issues.
- Establish communication with all members of the family.
- Take the kids to school.
- Assist with the housework.
- Assist in meal preparation or go shopping.
- Safeguard the family.
- Aid them in money management.
- The family can engage in recreational activities.

(Roze, 2022)



Results and outcomes

- Mother controls her anxiety
- the situation at home has much improved.
- Mom is getting the assistance she needs.
- Mom has put up a payment schedule
- Children are now attending school every day.

(Ministry of housing ,2014)



Recommendation

- Three major categories education and training, clinical infrastructure, and multidisciplinary teams are used to organise recommendations for provider-level change to enhance low-income families' access to mental health care in the primary care context.
- Given the significance of the primary care doctor in detecting and managing mental health difficulties and in assisting families in engaging in mental health care, education and training should concentrate on both cultural shifts and skill development.
- The development of attainable and long-lasting systems depends heavily on clinical infrastructure for successful access.
- Children from low-income families, who face greater challenges to getting care through conventional systems, require comprehensive, high-quality mental health care, and multidisciplinary teams are critical to delivering this care

(Hodgkinson et al,2017)



Conclusion

- The social services intervention was beneficial because the living conditions in the home have improved.
- The mother is getting adequate help for her mental health problems.
- They assisted the family in identifying their personal strengths and skills required to live a happy and healthy life.
- The legislation protected the rights of family members who were living in deplorable conditions.



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