

The Caring Society

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This presentation will discuss a journey of dementia

- **“What is care”?**
- **Disengagement and Activity Theory.**
- **Legislation, the 1995 (Carers Recognition and Service) Act.**
- **The barriers faced by informal carers dealing with dementia.**
- **How informal care works in practice.**
- **Ageing in Wales.**
- **The next step.**

What is Care

Delivery of what is necessary for health, welfare, maintenance and protection of someone.....

Looking after.....

Being concerned.....

Considering risks



Social Theories of Ageing - Disengagement Theory

- Lose social ties
- Expect death
- Ability to engage deteriorate
- Disengage from relationships
- Disengage from society
- Lose touch with normality
- Loss of pride
- Hierarchies of relationship shift
- Aged should do what comes naturally which is withdraw until death

Activity Theory also called “Common sense theory”

- Levels of activity might determine how long they live or how contented they are
- Those who continue to interact socially have a higher quality of life and tend to be healthier and live longer
- Enhances a sense of self
- Doing something they really enjoy for example, playing golf, bowls, something they have always enjoyed.
- Focus on keeping the aged engaged rather than keeping them passive or sedated

**All theories have limits – none
fully explains the many ways
individuals experience old age**

1995

Carers (Recognition and Service) Act



(YCD Holistic Healing, no date)

Barriers for informal Carers – dealing with dementia

- Income
- Health
- Accessing relevant information
- Dealing with health and social care systems
- Juggling care and other responsibilities



Ageing in Wales

- The first strategy for Older people in Wales was launched in 2003. Seeing ageing as a positive concept, addressing the issues and aspirations of people over 50 in Wales.
- Social Services and Well-being (Wales) Act will pave the way and transform social services in Wales.
- The Aging Well in Wales Programme
- The Strategic Action Group
- The Expert Advisory Groups

Where do we go from here

- Welsh Governments National Dementia Vision for Wales.
- Dementia Supportive Communities
- Dementia Connect
- Day hospitals
- Cognitive Stimulation Therapy
- Admiral Nurse/helpline
- Alzheimer's Society
- Aging Well in Wales

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