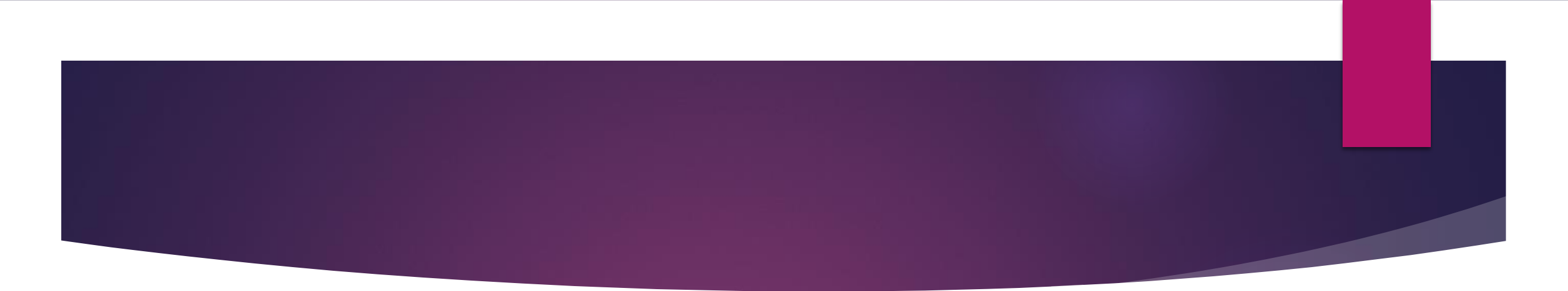


# Current Debates in Counselling

SEMESTER II



▶ *William Bento says, therapy is not just about treating symptoms but also about finding opportunities for strengthening and guiding the person to find healthy ways of living. (Lees, 2016)*

# Module Overview

AIM: To apply a critical enquiry to contemporary issues at the forefront of Counselling and Care.



# Learning Outcomes:

1. Apply a critical enquiry to contemporary issues at the forefront of the subject.
2. Critically evaluate current debates associated with the relationship between professionalism and ethics.
3. **Critically articulate central theoretical arguments within the discourse of Care and Well-being.**
4. Employ appropriate academic conventions in the production and presentation of work.

# Assessment: Component 2 Essay

## **Critical Essay**

**Word Count 2,500-3,000**

Critical Essay Critically evaluate central argument(s) in a chosen current debate theme within the discourse of Care and Wellbeing.

**Submission Date: Tuesday, 28<sup>th</sup> April 2020**

**23:59pm**

# Assessment Themes (**Choose only ONE**)

- ▶ Global Mental Health perspectives
- ▶ Mental Health Agenda in Wales or UK
- ▶ Nature based/Environmental approaches to wellbeing
- ▶ Neuroscience and wellbeing ·
- ▶ Children and Young Peoples Mental Health The Older Persons Health and Wellbeing
- ▶ Other (*please check with module lead*)
  - Mindfulness practice within wellbeing

# Scheme of Work

Session 1 30<sup>st</sup> January 2020 - Introduction to the Module

Session 2 6<sup>th</sup> Feb Guest Speaker - Martin Stevenson

Session 3 13<sup>th</sup> Feb Guest Speaker - Carly Crocker

*(Reading Week) February 17<sup>th</sup> – 21<sup>st</sup>*

Session 4 27<sup>th</sup> February Guest Speaker – Lymarie Rodriguez

# Scheme of Work

Session 5 7<sup>th</sup> March – Global Mental Health Debates

Session 6 14<sup>th</sup> March – Children and Young People & the Older Personal

Session 7 21<sup>st</sup> March - Mindfulness – Neuroscience

Session 8 28 March – Essay questions/tutorials

Session 9 23<sup>rd</sup> April – Tutorial Session

## Essential Text and Resources

- ▶ Lees, J., ed. (2016) *The Future of Psychological Therapies*. London: Routledge
- ▶ Further resources will be highlighted within the Module.