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**Course Title:**BMHP6020

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### **Main Project Proposal**

**My project title:** An Exploration on the link between Homelessness and Substance Abuse in Adults in the UK

**1) Aim:** Homelessness is a global concern and an issue that is gradually becoming a challenge in the United Kingdom. As a result this research aims to examine the factors that lead to homelessness and understand the relationship between substance abuse and homelessness.

**2) Objectives:** To understand the correlation between substance abuse and homelessness.

b. To determine the underlying causes of homelessness

C. To explore the effects of substance abuse among homeless people

**3) Background:** Research suggests that a quarter of a million people are currently going through the gravest form of homelessness in the United Kingdom with a forecast that suggests rough sleeping will increase by 32 percent by 2026 (Social Care Institute of Excellence, 2018)

Again writers suggest that two third of people who are homeless cite alcohol and drug use as the reason for becoming homeless. The prevalence of mental health problems amongst the

homeless population continues to be a growing concern (Crisis UK).The Charity also points out that people traumatized by homelessness turn to drugs or alcohol for solace.

**4) Methods:**This study will adopt the qualitative methodology in conducting the research.

**5) Resources:**This research will collate data from academic journals,Government websites,relevant Charity organizations and text books.

**6) Timescale:**December - Chapter 1

January - Chapter 2

February - Chapter 3

March - Chapter 4

April - Chapter 5

**7) Self-reflection as researcher (any strengths or challenges)** My strength will be that I am very interested in my research topic and believe it will be a motivation to meet set targets. On the other hand time constraint is likely to be a challenge given the limited time given to complete the research.

**R<https://www.basw.co.uk/system/files/resources/what-works-homelessness-services.pdf>**