

Module Code	ECAS7010
Title	Neurodiversity and Mental Health: Community and Cultural Perspectives
Date	04/06/2025
Level	7
Credits	30
Pre-Requisites	None
DBS Check	May be required ☐ Not required ☒

AIM(S)

- To develop critical understanding of how to recognise and support diverse and differing needs around neurodiversity and mental health in real world settings and foster critical understanding of contemporary community and cultural perspectives.

LEARNING OUTCOMES

Upon the successful completion of this module, the student should be able to:

- demonstrate a critical understanding of inclusion, neurodiversity and mental health, analysing their impact and prevalence in various real world settings;
- critically evaluate contemporary community and cultural perspectives on neurodiversity and mental health, identifying key factors and solutions that influence these views and their real world implications;
- apply theoretical knowledge to develop practical strategies for understanding and supporting neurodiversity and mental health needs within real world contexts, showcasing their ability to integrate academic insights with real world applications.

INDICATIVE CONTENT

- Overview of neurodiversity and mental health concepts.
- Cultural perspectives and evolution of understanding.
- Exploration of community and cultural views on neurodiversity and mental health.
- Influence of cultural factors on mental health practices.
- Key theories and models in neurodiversity and mental health and the application of these frameworks in applied psychology.
- Challenges and strategies for supporting neurodiverse individuals.
- Mental health, wellbeing and stress in the workplace including impact of mental health on productivity and workplace dynamics.
- Policies and interventions for mental health support.
- Ethical issues in researching neurodiversity and mental health.

Study Time Allocation

The study time for the module is divided as follows:

Activity type	Hours	Percentage
Scheduled learning	30	10%
Independent learning	270	90%
Placement learning		
TOTAL	300	100%

ASSESSMENT

Assessment Component 1

☐ Written exam ☒ Coursework ☐ Practical

Mode of assessment	Volume	Weighting
Portfolio: Community Engagement Group Project	10 elements	80%

e.g. students will work together in small groups to design and implement a community engagement project aimed at raising awareness or providing support for neurodiversity or mental health. This could involve organising workshops, creating educational materials, or collaborating with local organisations. The portfolio should demonstrate extensive evidence of the community engagement activities including e.g. approvals, materials created, reflections on the process, evaluation and appropriate summary of project outcomes.

Assessment Component 2

☐ Written exam ☒ Coursework ☐ Practical

Mode of assessment	Volume	Weighting
Written Assignment	1,500 words	20%

e.g. students will produce a briefing report that reviews empirical evidence for a specific cultural perspective on neurodiversity and mental health, identifying key factors and solutions that influence these views and their real world implications.

Assessment Summary

Activity type	Percentage
Written exam	
Coursework	100%
Practical	
TOTAL	100%

INDICATIVE READING LIST

Module Code	ECAS7010	
Module Title	Neurodiversity and Mental Health: Community and Cultural Perspectives	
Classification	Reading List entry	Electronic*
Essential	Zangeneh, Masood., & Al-Krenawi, Alean. (Eds.). (2019). <i>Culture, Diversity and Mental Health - Enhancing Clinical Practice</i> (1st ed. 2019.). Springer International Publishing. https://doi.org/10.1007/978-3-030-26437-6	☒
Essential	Nelson, G., Kloos, B., & Ornelas, J. (2014). <i>Community psychology and community mental health</i> (G. Nelson, B. Kloos, & J. Ornelas, Eds.). Oxford University Press.	☒
Essential	Fernando, S. (2014). <i>Mental health worldwide : culture, globalization and development</i> . Palgrave Macmillan.	☒
Further	Ellis, P., Kirby, A., & Osborne, A. (2023). <i>Neurodiversity and education</i> (First edition.). Corwin.	☒
Further	Fernando, S. (2014). <i>Mental health worldwide : culture, globalization and development</i> . Palgrave Macmillan.	☒
Further	Kapp, S. K. (2019). <i>Autistic Community and the Neurodiversity Movement: Stories from the Frontline</i> (1st ed.). Springer Nature. https://doi.org/10.1007/978-981-13-8437-0	☒
Further	Taylor, S. J. (2020). <i>Healthy Minds in the Twentieth Century: In and Beyond the Asylum</i> (S. J. Taylor & Alice. Brumby, Eds.; 1st ed. 2020.). Springer International Publishing. https://doi.org/10.1007/978-3-030-27275-3	☒
Further	Tribe, R., & Tunariu, A. (2020). <i>Culture, Mental Health, and Immigrants</i> . Routledge.	☒
Further	Cromby, J., Harper, D., & Reavey, P. (2013). <i>Psychology, mental health and distress</i> . Palgrave Macmillan.	☐
Further	Nickerson, A., Byrow, Y., Pajak, R., McMahon, T., Bryant, R. A., Christensen, H., & Liddell, B. J. (2020). "Tell Your Story": a randomized controlled trial of an online intervention to reduce mental health stigma and increase help-seeking in refugee men with posttraumatic stress. <i>Psychological Medicine</i> , 50(5), 781–792. https://doi.org/10.1017/S0033291719000606	☒
Further	Kite, M. E., Whitley, B. E., & Wagner, L. S. (2023). <i>Psychology of prejudice and discrimination</i> . Routledge.	☐
Further	British Psychological Society (2018). <i>Guidelines for psychologists working with refugees and asylum seekers in the UK: Extended version</i> . BPS. DOI: https://doi.org/10.53841/bpsrep.2018.inf300b	☒

Further	https://www.who.int/news-room/fact-sheets/detail/mental-health-at-work	☒
Further	https://www.hse.gov.uk/stress/	☒
Further	https://www.nice.org.uk/guidance/ng212	☒