



MA

Children and Young People's Mental Health (MA, PGDIP PGCERT)

At a time of increasing concerns about children and young people's mental health, the MA programme explores the issues young people face and how to support them.

The programme examines a variety of issues such as anxiety, bereavement, childhood trauma, adverse childhood experiences, ADHD, and attachment disorders. Our MA will give you the knowledge and understanding to manage young people's mental well-being and to develop strategies and non-clinical interventions to use in your practice.

For those wanting to extend their skills in research with children and young people, our unique research methods module examines creative methodologies appropriate to research with young people.

Modules

- **ADHD: Research and Practice (30 credits)**
- **Research methods for children and young people (30 credits)**
- **Understanding Trauma and the Mental Health Needs of the Child (30 credits)**
- **Therapeutic Play and Nature-based Play (30 credits)**
- **Applied Research Dissertation (60 credits).**

Taught through online and on-campus lectures, workshops, discussion, project work and independent and group study.

Entry Criteria

2.1 honours or a good

2.2 honours degree (including a research dissertation).

We may consider applications on other merits that include experience in a related field.

Location: Carmarthen

Start Date: Sept/Oct

Course Length: Full-time: 18 months, Part-time: 36 months

Apply now via our website:

<https://www.uwtsd.ac.uk/postgraduate/children-and-young-peoples-mental-health-mapgdip-pgcert/>

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