

ACADEMIC ESSAY

Psychology for Health and Social Care (BMHP4003)

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Introduction

Old age doesn't have any particular edge because it is uncertain due to the stage of biology. Psychosocial development theory can be applied in terms of understanding impacts on old age. Experience of people is highlighted because when people grow older, they usually start recalling the events that they have passed throughout their entire life. The actions that people had accomplish in their middle adulthood, imposes huge impact on their old age. The achievement brings the sense of happiness whereas on the other note the failure causes their despair and bitterness on their life. Care operations can be affected due to the alterations and will be imposing impact on psychological development.

An essay based on a theoretical perspective related to developmental psychology

The branch of psychology that studies the patterns and dynamics of the development of the human psyche throughout his life is called developmental psychology.

A person learns over and over the year with their development of psychology and it has proven to alter the learning nature of people. The entire process of life gets changes as the person starts growing old in their lives.

Life-stage - Old age

Old age doesn't have any particular edge because it is uncertain due to the stage of biology. This also changes their learning style and patterns because their psychological mind gets slips of mind (Crutzen, 2019). Their physical appearances and brain gradually declines. It is highly uncertain that what kind of moves it will take in the old age of people. But the certain fact is, old age is the last stage of the human life cycle. As people grow older it signifies that they have crossed their average life expectancy level. In this case, the life expectancy level of live varies from nation to nation. Along with the changes in people's age, the psychological behavior and learning styles gets changed in different ways.

Psychological Theories

Erikson's Psychosocial Theory

Psychosocial development theory can be applied in terms of understanding impacts on old age. This theory implies the influence of social communication on the psychological development as the person starts growing old. The theory will be discussing about the different period of life span where people take several actions and changes of circumstances have been noticed (Emery, 2020).

Maturity period comes with the age of growing older and in this circumstance, people usually are in the circumstances of integrity and despair. Experience of people is highlighted because when people grow older, they usually start recalling the events that they have passed throughout their entire life. People starts understanding what they have been through to their entire life and starts measuring different sorts of things. Based on the previous circumstances, old people tend to make decisions about whether they are happy in the aspect of what they have accomplished in their entire

life or whether they need some changes (Janis, 2020). In this age there are different thoughts that come in their mind and the most important thought is the success and failure of their life. Old age is the last stage of people's where the adults tend to analyse about what they have achieved and what they have failed to achieve in their life. The achievement brings the sense of happiness whereas on the other note the failure causes their despair and bitterness on their life. It is stated that it is the last stage of their journey, old adults do not leave anything achieve in their career. During this phase, they can only be happy or anguish about what they have succeeded or what not.

In their earlier age, people tend to attend different program of skill development that's helps to nurture their career. In the middle adulthood people participate in such programs that will help to create to some degree that will endure their contemporary livings. In the phase of middle adulthood people try to accomplish their life goals that will assist to establish their name in list of big and recognized people. The actions that people had accomplish in their middle adulthood, imposes huge impact on their old age (Kern, 2019). In this case, the actions that are undertaken in the middle age are needed to be effective so that it can impact positive impact in their old age. Besides that, old age also imitates the actions that are done on the stages such as adolescence, young adulthood and along with other aspects. In the theory of Erikson, the entire adolescence, young and middle adulthood is for accomplishing tasks that will bring success. These tasks will be reflected in the old age of people and the results will be making different changes. This is how, every other life stages are connected with each other in terms of old age.

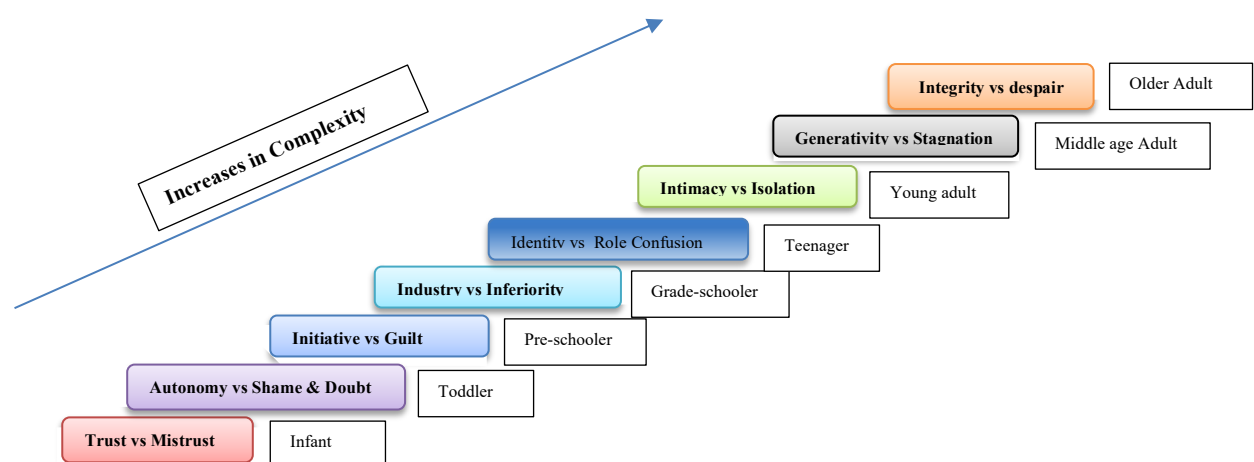


Figure: Stages of psychosocial development (Malti, 2020)

Kohlberg's Moral Development Theory

The emergence, alterations and evaluation of morality will be taken under consideration from infancy which is concluded in the adulthood. Moral development concentrates on the development of morality throughout the lifespan but gets influenced by people's proficiencies and behaviours. These are imposed when people face moral issues during various periods regarding corporeal and cognitive improvement. Moral development can be implied in several discussions related with getting older (Mergelsberg, 2020). Moral development has a huge impact on the old age and this development theory has an aspect of adulthood which is known as universal principles. These universal principles are gained during the adulthood of people which are connected with the development of religious values, political preferences and other aspects. The moral aspects are connected with the universal principles in this case that will assist to gain reciprocated facilities.

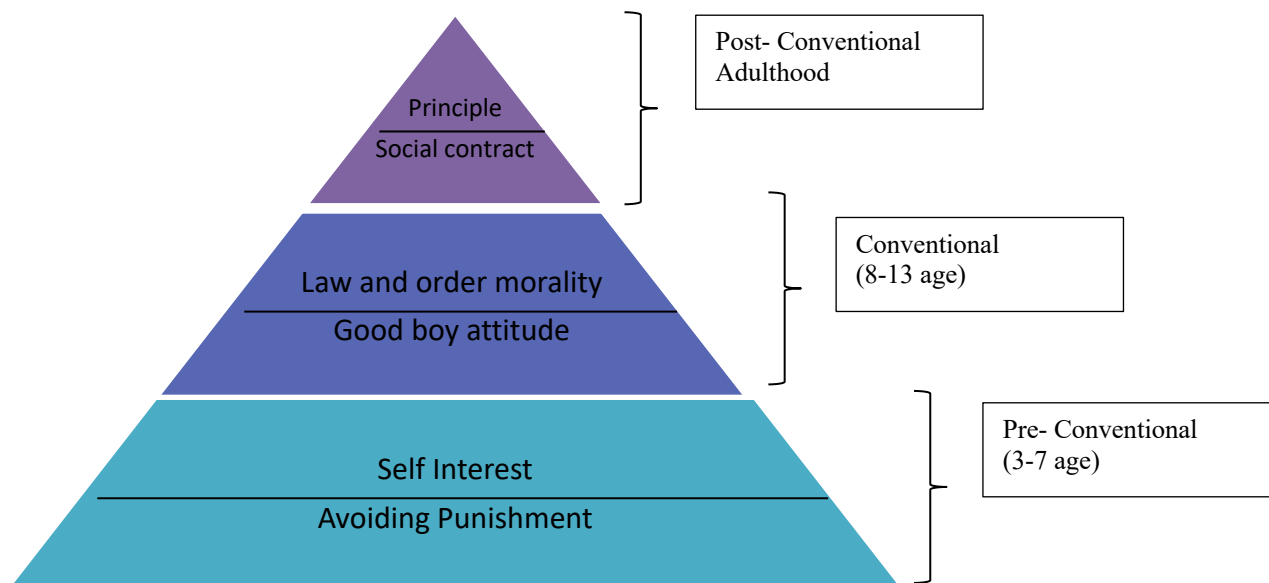


Figure: Kohlberg's six stages of Moral development theory.

Factors influencing behavioural

Principles and mutual values have vast impact on the process, and it will be making different changes in the moral values. As people grow old, the moral values of people get changed. This is how, regarding the common ground, people assemble the communal facilities. Hence, decisions that are taken by the adults are considered regarding the communal aids and reimbursement of others. In this case, there are different stages which are needed to be considered in terms of comparing aspects (Ntontis, 2020). Incidentally, teenage is known as a social contract level which is compared with the old age. In the old age, amalgamations of concept amid principle and rules, and morality are needed to be evaluated. In the teenage years, people do not understand the similarity of principles and morality. This is how a great confusion gets created in the teenage years. People do numerous things within the process in this aspect.

In the teenage years the people are more engrossed on the development of different aspects. Principles and morality are a part of engrossing of teenagers, but the more time passes by the more things get difficult. This becomes tough bring equal benefits from different aspects. In the teenage years, people start choosing the options that bring communal benefits for different parties. In this case, the development of morality and principles will be making different changes (Preis, 2020). This helps to build and create the adulthood and thus it will bring different positive changes. The morale development is essential in order to manage the teenage years and it will be making different changes within the system. The more time passes in the life, the morale development keeps changing. Thus, a person starts learning a lot more and gets matured so that in the old age people can make a good use of it.

With time people get old and thus the old age of people brings different changes in their health issues. These health issues result in various diseases which can bring hindrance in the old age development process. It brings different changes in the development process as well as brings changes the mental agility. The old age people will get disturbed due to different things and become obstinate (Suls, J 2019). That is why it is hard for them to accept new changes and new people in their life. The old people are not pretty much easy going with the new things which are the basic challenging for the old individuals. The individual's behaviour and cerebral forms can vary person to person depending on their needs. Another fact about old age is the individuals are emotionally driven in different cases and not very much friendly with people.

Old age people are emotionally matured but also sometimes get emotionally driven by different aspects which remain same in certain times. Old age is a period when people need extra care and flexibility due to their weaknesses. In this case, they want a little attention of people and want to get close to their relatives or whom they admire. In terms of cognitive development, the individuals do not need to learn a lot of things depending on the process. The behaviour of family and surroundings will be imposing high impact on the old age people (Green, 2019). According to that people are getting more franked about engaging in different discussions. A supportive behaviour of their family will be much essential in the mental development and positive changes in the attitudes of old people. For instance, if the surrounding and environment of old people are positive then the old people will be more open up to the new things.

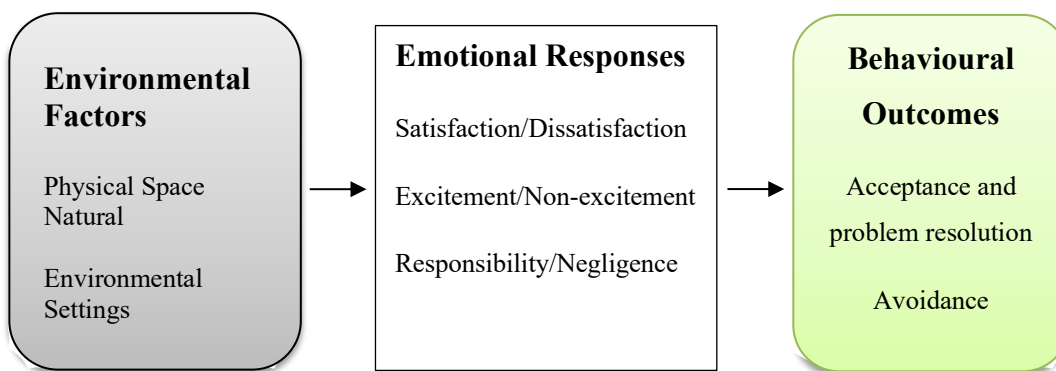


Figure: Factors changes behavioural outcomes (Lobel, 2020).

In the above section, it has been seen that the supportive environment is highly important for the mental development and peace for the old age people. But if the situation gets completely opposite then it may create a huge problem for the people. Hence, the cognitive learning and behavioural forms are dependable on how family and society is stand-in toward them. Old people are not comfortable to talk to new people and do not even to be in the gatherings. That is why they often suffer from visitor anxiety and stress. The old people will communicate with the people in different ways, but it can also impose negative impact on them. Therefore, the family has to be helpful and sympathetic enough in different cases so they can comfort old age people. In this case, the communication process will be different in terms of interacting with the old age people. They need to be humble and caring while communicative with them (Williams, 2020).

In order to form the people, the roles of family cannot be denied within the concept. If the family comforts the old age people, then they will be able to interact with each other more frequently. When people get old, they want more time of their loved ones and families. Hence, the family needs to assure proper treatment of them. Hereby, from the above discussion, I have got to know about three individual resources of how the development of the old age people can be assured. Person-centred approach is a tool that can assist in having control over the old age people. Thus, the personal preferences of old age people can be assured, and their requirements can be fulfilled. This will bring motivation and will positively influencing the learning process (Boyd, 2019).

Old age people require various treatments, and these treatments are provided by different services providers. These service provisions help to shape the procedure and plays significant role. Through this process the interoperability issues can also be sorted out. Despite of all these some types of risks is still available in the process. Service provisions help to reduce the risks and assure safety of patients. In this case, the services need to be on time and flexible as well. This is how the risk can be reduced in terms of managing the old age people. However, the dilemma of patients' responsibility can impose negative impact on the service provision. This predicament is happening due to the communication gap between people. In different cases people do not accept the services that are given to them. Hence the people need to make them understand in order to provide service provisions. Care operations can be swayed due to the alterations and will be imposing impact on psychological development. The evaluation of analysis depending on age will assist to apprehend about the working process of psychological aspects (Scott, 2020).

Conclusion

As people grow old, the moral values of people get changed. This is how, regarding the common ground, people assemble the communal facilities. In terms of cognitive development, the individuals do not need to learn a lot of things depending on the process. Hereby, from the above discussion, I have got to know about three individual resources of how the development of the old age people can be assured. The behaviour of family and surroundings will be imposing high impact on the old age people. This helps to build and create the adulthood and thus it will bring different positive changes.

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