

A CHILD'S EXPERIENCE BETWEEN THE AGE OF 0- 5 CAN AFFECT THE REST OF THEIR LIVES

TUTOR; REBECCA KAVANAGH

COURSE; PSYCHOLOGY FOR HEALTH & SOCIAL CARE

STUDENT ANISA HUSSAIN 1919848



INTRODUCTION

Child development is one of the most fascinating subjects you can study . Children are constantly changing and discovering in the early stages of their life from the age of nought to five. Also there are many different ways of helping your child progress and helping them with their development. Learning about children will help you better understand them as well as yourself. As you learn you will see that children go through many stages of growth and development. Children are constantly developing and discovering ,they are also curious and creative. I will also include some information on the relevant psychological theories by Piaget & Erikson.

PSYCHOLOGICAL THEORIES

Piaget's theory was about cognitive development he suggested that children move through 4 different stages of mental development. The main focus in his theory was how the children acquire knowledge not just their understanding.

Piaget's stages are;

Sensorimotor stage; birth to 2 years

Preoperation stage; age 2 to 7 years

Concrete operational; 7 to 11 years

Formal operational; 12 and up



A CHILD'S EXPERIENCE

- Over time your child will develop differently especially from the age of nought top five as this years are when your baby starts to develop and this development helps them when they grow older. As parents we need to interact with our child and help them with different activity, sounds and words
- Here I will give you a example of what Piaget theory was;
- Piaget's Suggested the children go through different stages of development and at each stage they think qualitatively different to the stage before older children are capable of thoughts that are more simply beyond younger children.

PSYCHOLOGICAL THEORIES

- Erikson was also a psychologist who developed one of the most popular and influential theories. While this theory was psychosocial development, rather than psychosexual development. The stages of theories are;
- Trust vs mistrust
- Autonomy vs shame and doubt
- Industry vs guilt
- Identity vs confusion
- Intimacy vs isolation
- Integrity vs despair

CHILD EXPERIENCE

Also in Birmingham there are many places where you can take your children for early learning and it's a way of supporting your child. Birmingham has many different activity centres one of them is the NH's sit and play with your child and there are many other play areas which help your child learn and also easy for parents to help child by learning different ways of understand.

