

“Learning in play and learning in school should be perceived as equally important” (Vygotsky, 1978).

DOUGH

“The most effective way to develop a coding system is to discover it rather than being told by a teacher” (Bruner, 1973).

Cross-curricular learning



Allow the child to explore

Make the dough

Tell the story

Use relevant dough mats



Benefits of dough:

- Enhances fine motor skills
- Can calming and relaxing
- Allows child to be creative and imaginative
- Develops hand eye coordination
- Enhances social skills and promotes play
 - Improves attention span



Harvest Wheat Playdough Recipe

Ingredients

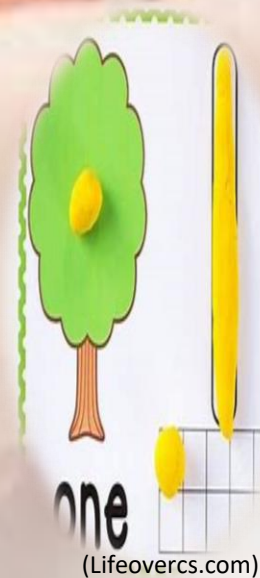
- 2 1/2 cups of whole wheat flour
- 1/2 cup salt
- 2 tablespoons vegetable oil
- 2 tablespoons alum
- 1 1/2 cups boiling water
- Barley
- Pumpkin seeds
- Sunflower seeds
- Poppy seeds
- Small tubs

Method

1. Mix the flour, salt, oil and alum in a large bowl.
2. Boil the water, then add it to the bowl.
3. Mix the ingredients until thoroughly combined.
4. When the dough isn't too hot, knead until smooth.
5. Add barley until happy with the consistency.
6. Once the children have explored the playdough as it is, introduce the other seeds into the play.

Use your playdough to make the number 1 and 1 Little Red Hen.

(Twinkl)



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