

What Stage?

- What happened?

During my holiday in Turkey, the hotel we had planned to stay in was unexpectedly cancelled at the last minute. This caused significant disruption to our itinerary, as we had to quickly find alternative accommodations.

- What did you feel?

Initially, I felt a mix of frustration and anxiety due to the unexpected change. I was also worried about the cost and quality of the new accommodation.

- What did you and others do?

My travel companions and I immediately started searching online for nearby

hotels. We also contacted the travel agency for assistance, but their response was delayed. Eventually, we managed to book a last-minute hotel on our own.

- What were the expected outcomes?

The expectation was that our holiday would proceed smoothly with the pre-booked hotel providing comfort and convenience.

- What were the results?

Although we found a new hotel, the experience was stressful, and we had to make compromises on location and amenities. However, we managed to salvage the trip and still enjoy our

holiday.

- What were the good and bad aspects related to the experience?

The good aspects were that we learned to adapt quickly and discovered a new part of the area we wouldn't have visited otherwise. The bad aspects included the stress, time lost, and added expense.

So What?

- What did you learn?

I learned the importance of having a contingency plan while traveling and the value of staying calm under pressure. This situation also emphasized the need to double-check travel arrangements

and have backup options.

- What was going through your mind?

I kept thinking about how this disruption could ruin our holiday, but I also realized the importance of focusing on finding solutions instead of dwelling on the problem.

- On what basis do you take your actions?

My actions were based on the urgency to resolve the issue quickly and ensure the holiday could still be enjoyable. I relied on available resources like online booking platforms and my travel companions for support.

- What is your new understanding?

I now understand that travel is unpredictable, and flexibility is key to overcoming unexpected challenges.

Now What?

- What techniques can you use to deal with similar situations in the future?

In the future, I will:

1. Research and prepare a list of alternative accommodations for any trip.
2. Ensure I have comprehensive travel insurance to cover unexpected cancellations.
3. Stay updated on hotel reviews and availability closer to the travel date.

4. Maintain a calm and solution-focused mindset when facing unforeseen challenges.