

- Module Title: ***Professional Career Development within H&SC***
- Module Number: ***LCHS 4009 (LON)***
- Assignment No: ***ASSIGNMENT 1***
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# Acknowledge use of AI

I have not used AI or Include any AI source in this work presentation.

# Overview

- Introduction
- Importance of SWOT Analysis
- Personal SWOT Analysis
- Leverage to overcoming weakness and threats
- Opportunities
- Conclusion
- References

# Introduction

- I am passionate about supporting others and making a difference in peoples lives
- My interest is in Social care
- Hardworking, empathetic and love caring for others

## Future Career:

- Care Home manager
- I want to lead a team that delivers safe and compassionate care to others.
- My aim is to ensure residents feel respected and valued.

# What is a SWOT Analysis and why is it important to your personal and professional development?

A SWOT analysis is a method to help us identify personal qualities, available resources, and any potential barriers which could prevent us meeting our desired outcomes.

Why it's Important:

- It helps you understand your abilities
- Guides you to set realistic goals for the future
- Helps recognise the opportunities for growth, such as relevant qualification, training or experience.

# Describe your own Strengths, Weaknesses, Opportunities, and Threats

## STRENGTHS

- Caring, empathetic and patient when supporting others
- Good communication and teamwork skills
- Good attention to detail
- Good organisational skills
- Interest for the health and social care sector and motivation to learn

## WEAKNESSES

- Still need to develop my leadership and management skills
- More knowledge and the qualifications needed
- Self critical when learning new responsibilities
- Need more confidence

## OPPORTUNITIES

- Gaining more experience in care home to build my skills
- Coaching from experienced managers
- Currently studying to get the qualifications needed
- Option to attend more workshops, online courses and professional care networks

## THREATS

- High competition for management roles
- Changes in the sector regulations
- Balancing studying, work and personal responsibilities
- A lot of pressure and responsibility involved in care leadership

# Using examples: Explain how you could leverage your strengths to overcome your weaknesses and minimise threats

## Strengths → Overcoming Weaknesses

- Good communication & teamwork → practice leading small tasks and mentoring staff
- Organised and focused → prepare for tasks to build confidence in decision-making
- Motivation to learn → complete qualification and training whilst building knowledge on professional standards

## Strengths → Minimising Threats

- Commitment & caring attitude → gain experience and complete Qualifications
- Teamwork & empathy → share responsibility and seek support when needed
- Motivation to learning → stay updated with care sector and regulations

# What opportunities are available to you, and how do you utilise them with your strengths?

## Work experience in care

- Strength: Caring & teamwork
- Utilise: Support residents and colleagues, learn from senior staff

## Training & qualifications

- Strength: Motivated & organised
- Utilise: Plan studies, apply learning in practice

## Coaching from experienced managers

- Strength: Good communication
- Utilise: Ask questions, seek feedback, observe leadership skills

# Conclusion

- My strengths like communication, empathy and motivation to learn will help me achieve my opportunities
- Seeking mentorship and experience will help build my confidence and leverage my threats
- All these steps will support my goal of progressing into a Care Home Manager

# References List

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