

Ages 7- 11

We offer a range of activities with the intention to help children to reach their aspirations as well as promoting altruistic behaviours and helpful attitudes.

this is done through activities such as:

- cookery
- gardening
- play therapy teaching skills such as empathy and sympathy (particularly with younger children)

Activities will be arranged with the child's preference

Ages 12-16

For children of this age many aspirations are centered around career prospects and professional goals. In order to achieve or get closer to their goals we offer:

- career workshops
- mock interviews
- access to volunteering services
- community engagement opportunities



We aim to create a safe, nurturing environment

Contact Information

Tel: 01234 877867

E-mail: inquiries@ssl.co.uk

Or visit our website

Supportingskills.org

References

- University of Bristol (2017), *Learning disabilities mortality review programme*.
- Welsh Assembly Government (2015), *Understanding the educational experiences and opinions, attainment, achievement and aspirations of looked after children in Wales*, WALES.



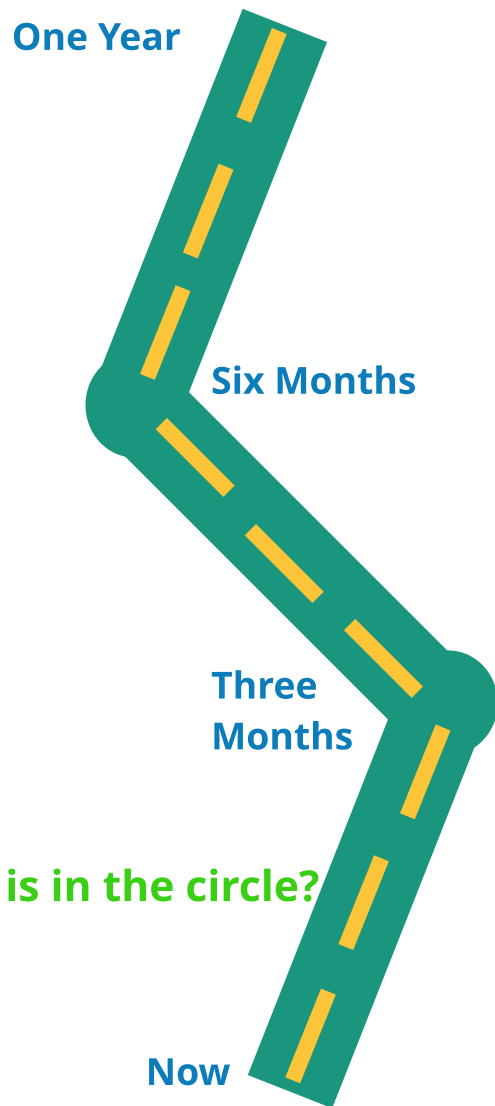
S.S.L

SUPPORTING SKILLS FOR LIFE



Information for professionals

**RAISING ASPIRATIONS,
PURSUING DREAMS**



Who is in the circle?

We let the individual choose their path

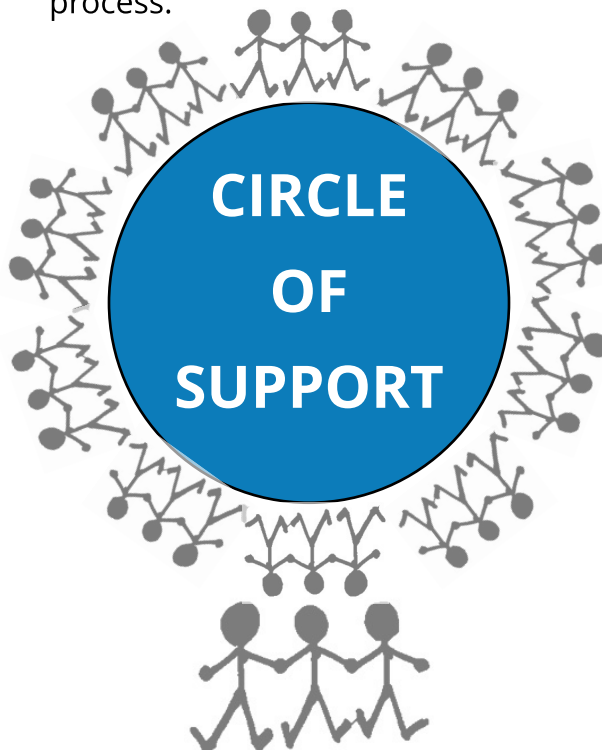


What do we do?

We use **Person centered Planning** pathways to encourage looked after children to pursue their aspirations and gain valuable skills.

We work with professionals from social services, the education authority, Child and Adolescent Mental Health Services and various child centered organisations/services.

Every child will be provided with a circle of support to help with their process.



Who are we?

We are a multi-agency service with the aim to raise aspirations for looked after children. For Looked after children, the processes and experiences of being in care often act to limit their expectations and aspirations. (Welsh Government, 2015).

We work with groups of children aged between **7 and 16**.

We center our work around the values of Person Centered Planning.

We want to provide a service for looked after children that encourages

- **Independence**
- **Choice** over decisions made about their lives
- **Inclusion** to feel a valued member of their communities
- **Equality** with others and empowerment

