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Professional Career Development (BMSW4005_LON)

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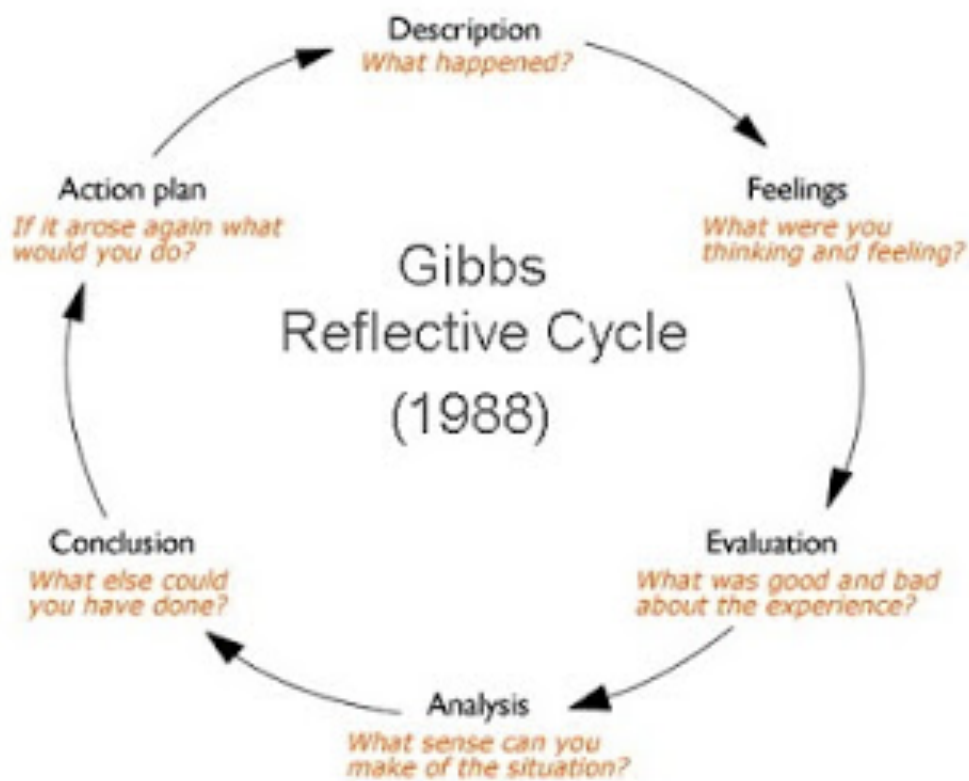
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Introduction

In this report today will be writing you about the role play that we did in class , by using Gibbs circle of reflection. This practice that we had with the other members of the group, about our career ambitions for the future. How specifically I react to this practice and what emotions and knowledge that I have after this simulation.

I will also cover what is my career ambitions , more about the roll play and then I will move to discuss the SWOT analysis that I do on my self. You will know my strengths , weaknesses , opportunities and the threats. Next will be my career readiness here I will reflect on the result that I have from my self motivation test and how ready I am for the job I choose for my future. Also I will present you realistic PDP which covers the next 5 years of my life.

For little more information I would like before I start with my discussions . To give you more information about what is the Gibbs circle of reflection.



(Rudai23 , n.d.)

Carrer ambitions

The profession that I choose is MIDWIFE profession exists from many centuries ago. Midwives deliver babies and provide antenatal and postnatal advice, care and support to women, their babies, their partners and families. The skills that you need to have are:

- Ability to deal with emotionally charged situations
- Excellent team working skills
- Interpersonal and communication skills
- Strong observational skills
- An interest in the process of pregnancy and birth
- Flexibility and adaptability
- Ability to work and communicate effectively with people from different backgrounds

- Ability to follow instructions and procedures
- Caring and patient (Target jobs , 2020)

All this skills are leading you to the most important job , which involved the population of the planet. How relevant is to the health care is I can not be hundred percentage sure , but I know the midwife can not do the duties and the responsibilities in healthcare sector.

Role play reflection

I did not say at the beginning which career I choose to present for this report. The profession is from many centuries ago. To give life to a new person is something incredible. Probably you all ready know which is it.

MIDWIFE . For me this is the dreamiest job that I can work . I always been interesting to it , to read a lot and ask family or friend how it was with them labor. That why when my turn came, of the experiment that we did at class . I did presented the information that eventually my new employers will look for , but I was a bit shy.

That what I have been given as a critical feedback from my teacher. From the begging I knew that exactly this will be lets say the problem at my interview. Everything else went good . I received a compliment that I mention

how close I live to the place where I apply for the position of midwife.

However , I get the job , I pass this part of my assessment. This brings in me very happy feelings . I knew was not been perfect , but now I know where my mistake are and I can work on it. So when I face the real world I will be prepared and the job I want will be mine , as this time I will be prepared. How I mention this profession is chosen from my heart that is why I never feel prepared for this interview . I wanted to be perfect as I know how important and responsible is. However , this what I learned from this practice or how I said early experiment. Is that I have to believe more in my self and this what I know and to try to control the part in me which is a bit shy.

Now let start with strengths from my SWOT Analysis. To choose the job of your dream the

strengths supposed to have cover bigger % of the weaknesses same with opportunities will be more % of the threats. In I graphic I will present answer to few questions about every each step . So you will see in real time quick view of how one SWOT Analysis can look like ,also my strengths, weaknesses, opportunities and threats I have when I choose midwife as career.

STRENGTHS		WEAKNESSES	
1. My patient love the most how kind and gentle person I am . Also that I make them very relaxed after we met each other .	2. I am effective when I have to deal with things which brings hight adrenalin . So any emergency situation .	1. Probably that I have to stop taking every patient to close.	
3. That I am working this job with real love. That I always update my self with new and relevant information.		2. The other are one idea faster that me , but not in everything. And I believe with practice I will become even faster than them.	

So now I will do quick analyse of my SWOT Analysis.

How you can see to be midwife dose not have that many threats that the other careers have like to be change with machine or robot. The weaknesses about them I could say if I work hard and be regular and my actions not long and can be move to opportunities , then plus luck or not can become strengths during the time. Something more for opportunities that now with the technology we can stop early pregnancy which can be dangerous for the mother . Also many more things which are not normal but can be acted and the baby to be safe also the mother. The strengths are fomenting what can always be build in positive way for us. How I say every weakness can become strength .

Career readiness

The total that I have from the Self motivation test is stored 59. Below the text when you get your result you can see how motivated you are . My number how I said is 59. To have score like this is very good when I read what exactly mean I then started to this , but yes that me I am this person , I am always manage to stay self-motivated . Nothing to stay on my way to do my things . Let me tell you a real thing about how I get for only 3 months supervisor at the job I am right now. The time when I started this job I did not know anything about it. But only for 2 day I've been given the keys for the shop. I had to learn a lot for example how to bake , to do inventory to manage all weekly schedule for 9 people . But with composure everything can be manageable . I had to stay longer than any one , but I did not give up even when I know this extra hours won't be payed . The

thing that I wanted where keeping my all the time motivated. That is how I get to this position so quick. Every single time when I want something even things that I do not even though about that can happened with me like going to university in differ country with different language are even motivate me to want more and more for the future . For people like me the most important is that all the goals have to be complete before we starting something else.

For the final I keep you my PDP for the next 5 years of my life. Lest began with place for the next 3 mounts. Firstly I would like to complete the course that I am studying now (Heath and Social Care level 4). I still have to complete the last third part , but before that I will have to see if all my assessment are passed . Which I wish very much to my self . I still have to learn 2 more subject to tell my self well do first step is over. But I

strongly believe that with deep reading, researching and little bit luck everything will be ending positive for me.

For the next 6 months I plan first to graduate the course that I do now and find better job than the one I have right now. To be able to meet new people and get more knowledge. This will effect a lot on my life , but I believe that I am ready for something new something which can bring new positive moments. However , I know that it can not be easy , but I'm ready to face the change.

My self in 5 years I see like a midwife with some years behind my career . To be known as a hard and creative member of the group of the community I work for. The skills that I have to try to keep well known and always update with the new relevant practice and stories. This PDP make me think a lot of how it have to be done step

by step till the moment when I will have everything I want for my future life. To follow steps and never give up.

Conclusion

Here I am the final of my report . For conclusion I would say . Every part that I explained to you is part of something that every single person can do for it self. To be able to see your self in the future as one successful human is something what every one wants , but with hard work and wanting to be the one you say you want to be everything can be possible. However , that was my report hope you enjoy reading my future career plans.

Reference list

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Accessed: 02/01/2021

Appendixes

Appendix 1

- Protect the confidentiality of those in our care and show sensitivity to people around us
- Feel free to raise concerns so we are always learning• Make time for training and development and support research so people always receive the highest standards of care.



2



JOB DESCRIPTION

JOB TITLE	Midwife
DIRECTORATE	Integrated Women's Children & Sexual Health
DEPARTMENT	Maternity Unit, Hospital/Community Service
BAND	6
RESPONSIBLE TO	Clinical Midwifery Manager/General Manager
ACCOUNTABLE TO	Director of Midwifery/ Director of Nursing & Midwifery
RESPONSIBLE FOR	

JOB SUMMARY

Responsible for the assessment and care needs for high and low risk women, under the direction of the Midwifery Sister.

To implement all types of care and be competent to take charge of a ward or equivalent sphere in the absence of the Midwifery Sister who has continuing responsibility.

Provide midwifery care to mothers and babies in the hospital and community, which reflects research, based midwifery practice.

MAIN DUTIES AND RESPONSIBILITIES

Professional

Work in accordance with the NMC's rules and standards for midwives. Ensure that other NMC documents/standards and Trust policies and guidelines are adhered to. Maintain and develop professional knowledge and competence in accordance with the NMC recommendations.

Ensure high standards of patient care are monitored and maintained by participating in quality assurance programmes.

Demonstrate good interpersonal skills, and understand the need to communicate effectively with the women, their families, colleagues and multidisciplinary teams.



3



Work towards the aims and objectives of the Trust's Nursing and Midwifery Strategy.

Communicate sensitive information to appropriate team professionals/agencies/ patients using discretion and maintaining confidentiality at all times.

Provide emotional support to bereaved families or those who have under gone difficult and traumatic experiences during childbirth.

Plan, organise and participate in Parent Education teaching in the ward, department and clinics.

Follow Trust and Maternity Unit Guidelines and participate in the Practice Review and Guidelines groups.

