



PRIFYSGOL CYMRU
Y Drindod Dewi Sant
UNIVERSITY OF WALES
Trinity Saint David

ITEA5002C (Lecture 1)

Symud a Thraffod Offer/ Gemau ar gyfer deall - Movement and Handling Apparatus / Games for Understanding

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Deilliannau / Outcomes

- I ddatblygu gwybodaeth mewn perthynas a sut i gynllunio addysg gemau'n effeithiol.
- I gynyddu gwybodaeth o symud a chodi, cludo, gosod a defnyddio offer.
- I ddatblygu ymhellach, gwerth personol tuag at dimensiwn corfforol addysg.

- To develop an understanding of how to plan games education effectively.
- To develop knowledge of movement and lifting, placing, carrying and using apparatus.
- To further develop a personal value for the physical dimension of education



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Diogelwch personol / Personal Safety

- Atgof o bwysigrwydd diogelwch personol a chymryd rhan yn y ddarlith.
- Reminder about personal safety and participation in the lecture.

Gweithgareddau symud / Movement activities

- Addysgu'r corff
- Siapiau / symudiadau / gemau
- Cysylltiadau rhwng symudiadau
- Defnyddio offer bach
- Gorchmynion
- Body schooling
- Shapes / movements / games
- Links between movements
- Using small apparatus
- Executive commands



Codi a gosod / Lift and place

- Siâp corff addas
- Gosod dwylo
- Rhannu pwysau
- Cludo
- Gosod
- Appropriate body position.
- Hand placement
- Load sharing
- Carrying
- Placing



Gosod Offer / Placing Apparatus

- Gosod matiau ar gyfer pwrpas
- Rheolau dosbarth
 - Neidio neu na?
 - Ymwybyddiaeth o eraill
 - Stopio/ dod oddiar yr offer
 - Disgwyliad o ymddygiad a pherfformiad diogel.
- Placement and purpose of mats
- Class rules
 - Jumping or not?
 - Awareness of others
 - Stopping / dismounting
 - The expectation of safe performance and behaviour.



Defnyddio offer / Using apparatus

- Trefnu yr offer
- Symudiad rhydd
 - Cyd weithrediad
 - Dim ciwio
 - Defnyddio safleoedd
 - Dychwelyd yr offer
- Arranging apparatus
- Free movement
 - Co-operation
 - No queuing
 - Using stations
 - Putting apparatus away



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Symud / Movement

- Sgiliau symud sylfaenol.
- Symud creadigol.
- Sgiliau gyda offer chwaraeon.
- Basic movement skills.
- Creative movement
- Skills with games equipment.



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Deall Gemau / Understanding Games

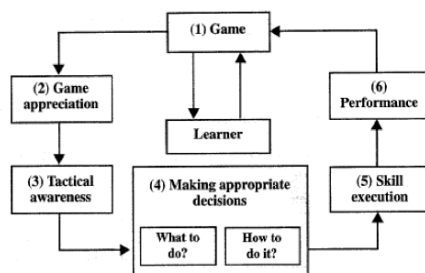


Figure 1 — The Teaching Games for Understanding model (from Bunker & Thorpe, 1982).

Adfyfrio / Reflect

- Dibynnu ar ein gilydd?
- Gwyneb wrth wyneb?
- Gwneud eich rhan?
- Sgiliau rhyngpersonol?
- Depend on each other?
- Face to face?
- Doing your bit?
- Interpersonal skills?
- Team **talk**?



Siarad tim?
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Dyson and Casey (2016)

Gemau ar gyfer deall / Games for understanding.

- Gerddi (4 cyfranogwr)
- Crewch ymarfer sgil syml+un mwy cymleth (unigol wedyn grŵp.
- Addas at anghenion **bawb**
- Gardens (4 participants)
- Create a drill for simple+more complex skill (individual then group).
- Adapted for needs of all.



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- Ymweld a gerddi eraill.
- Iaith llafar / gwranddo
- Sensitifrwydd at anghenion unigol eraill.
- Visiting other gardens.
- Oracy / listening
- Sensitivity to individual needs of others.



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Gwneud gemau / Games making

- Sgorio
- Dull chwarae
- Cynnwys pawb
- Addasu yn ôl gallu
- Scoring
- Method of play
- Including everyone
- Adapting according to ability.



Ehangu'r gardd / Expanding the garden

- Parth ar gyfer grwpiau gallu.
- Rheolau i sicrhau cyfraniad gan bawb.
- Zones for different abilities.
- Rules to ensure the participation of all.



Rolau gêm / Games roles

- Efelychu gweithgareddau clwb.
- Grwpiau gallu cymysg (athro)
- Ymchwilio gêm / addasu / enw tîm.
- Emulates club activity.
- Mixed ability groups (teacher)
- Research a game / modify / team names



- Hyfforddwr (tactegau/ymddygiad)
- Ysgrifennydd (sgoriau / gemau gosod)
- Capten (ysgogwr)
- Dyfarnwr
- Trefnwr offer

- Coach (tactics/behaviour)
- Secretary (fixtures and scores)
- Captain (motivator)
- Referee
- Equipment organiser



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Cystadlaethau / Competitions

- Cylch cystadlu
- Cynghrair
- 'Knock out'
- Cyfeillgar
- Round robin
- League
- Knock out
- Friendly



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Mathau o gemau / Types of games

- Targed
- Rhwyd / wal
- Tiriogaeth
- Taro / Maesu
- Gemau unigol
- Target
- Net / wall
- Territory
- Striking/ Fielding
- Individual games



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