Introduction

I am currently a student at University of Wales Trinity Saint David's studying Nursing Studies and Health at Swansea campus. I presently work as a health care support worker at Barchester Hafan-Y-Coed Nursing Home in Llanelli. Prior to this job role, I worked as a care support worker at Crossroads care and was based in the community, my work experience has equipped me with many skills and training. I currently work twenty-four hours per week in my current role due to university studies, however in my previous job role I was full time employed and worked between thirty-six to forty hours per week. My career progress to date is evidenced from payslips from my current and previous role as a support worker. Having attained this knowledge and work experience, it has provided me with the integrity, professionalism and ethical values required for safe and effective practice. I have gained communication skills during my work experiences as I have provided care to individuals with dementia, general nursing residents, end of life, learning disabilities with specialized tasks and the frail and elderly, all needing different methods of being communicated to. I have also gained in competency skills and knowledge with in my role as I have a duty to follow care plans in order for the individual and resident to receive the best care. I have gained certificates in manual handling, first aid infant and adult, child protection, understanding sensory loss, infection control, health and safety, food safety and hygiene, positive behaviour management, fire awareness and flocare infinity enteral feeding pump. Evidence of training certificates and induction are to follow.

Evidence

Calkin (2012) declares that caring is one of the core values of a nurse. I have an aptitude for caring. Wolf (1998) describes that It is paramount that the patient's emotional needs are met as well as their physical ailments. As I currently work with vulnerable adults in a residential home it is important to me that I give the resident the highest quality of care possible. During a resident's personal-care I ensure that their dignity and respect is kept at all times and will continue to do so until the end of their life. Watson and Foster (2003) demonstrates that this aspect of my role promotes positive professionalism as it ensures that the client is treated the same way as I would like to be treated. When working along-side colleagues I ensure that the conversations involve the client and not talk over them (McCabe, 2003).

Ramritu and Barnard (2008) explores that being competent is another core value of a nurse. My work experience has equipped me with many skills and training. I was responsible for taking care of an individual with high complex needs who experienced seizures, hypoglycemia and hyperglycemia's. When the individual experienced a seizure, as the key worker I remained calm, followed the person-centred care plan, timed the seizure, administered buccal/clobazam and documented it. A strong aspect from this experience illustrates that I am professional and seek the best interest of the client to ensure a safe and controlled outcome. When completing this task, I felt that my confidence grew due to taking control of the situation to ensure that the client was safe. This event occurred on many occasions due to the client's ailments, from this experience I was responsible

for guiding and coaching new care support workers to ensure safe and effective practise.

Thomas (2003) claims that a nurse must have courage as on occasions they will have to convey bad news or reveal something worrying after a routine check. They will also need to stand up for what's right. An instance I recall when working in the community was being present when domiciliary care was taking place, I witnessed an appalling standard of care. I immediately followed protocol and reported back to my line manager as the service user's dignity and respect had clearly been violated. From this occurrence I felt disappointed that care support workers were treating clients in this manner. However, I felt satisfied in myself for reporting this incident immediately as it resulted in the client not being treated in this manner again.

Nurses are committed to always acting in the best interest of the patient (Ching et al., 2009). When I supported a client with high functioning autism, I was committed to meeting their needs despite on occasions experiencing challenges expressed by them. Cummings (2013) launched that compassion is a key way that nurses can strengthen relationships. Being able to empathise with others motivates me to help improve their physical and mental well-being.

I have utilised note taking as a result of gaining communication skills in work due to receiving handover from nurses and night staff. Handover is described by Mckenna (1997) as making sure that efficient and relevant information is passed on.

Due to repositioning of clients to provide pressure relief, time management has a key role to my employment. Time management serves great importance to my role as lack of this skill can result in stage three sores to patients (Clough, 2016). Wedges are usually applied to prompt the client on their side to relieve pressure, however myself and the team felt that other areas of the skin were braking down. After consulting my concerns to the nurse in charge regarding a patient with sores, I suggested if it was possible to apply the wedge and V-pillows to provide a more comfortable and secure position for the client and to ensure that other sores were not becoming present. From this event I demonstrated problem solving as each client has different aliments and require different needs and care. I ensured that the client was more comfortable and prevented more sores occurring by making special effort to achieve this goal. The senior carer has provided a statement that demonstrates that I use problem solving as a skill whilst working as a team.

Nursing and midwifery council (2019) declare the codes of conduct of nursing, this is explained to be structured around four themes which include: prioritising people, preserve safety, practise effectively and promoting professionalism and trust.

Herber and Johnston (2012) details the duties and responsibilities of a care support worker which involves helping clients and patients with their needs and ailments. Herber and Johnston (2012) demonstrate these duties as they may include, washing, dressing, maintaining their hygiene through seeing to their personal care and aiding them with day to day tasks.

I am collecting this evidence to demonstrate the skills I practise consistently in a range of care situations.

Action plans

Action Plan one- Qualify as a Registered Adult Nurse

Specific:

As I am a currently a health care support worker, I want to attain a fulfilling career rather than a job. As I have been accepted to study the adult nursing program, in order to qualify, I must pass assignments and exams and be assessed on placement.

Measurable:

I will recognise that I have reached this goal by graduating as a registered adult nurse. I will also obtain a pin number, this will provide evidence of how I have reached my goal. I am confident that I will be able to reach this goal as I am passionate and committed to attaining this.

Achievable:

Lecturers and placement staff will be able to help me achieve my goal. By myself attending draft and revision sessions can result in lecturers helping me with my work. Placement staff can also help me develop my skills further due to teaching and shadowing their professionalism and workload whilst on placement. This goal will be achievable by myself passing all assignments and exams as they are all factors that will enable me to attain this goal. As I will be leaving my current job role in order to study full time, I will not have work commitments that could be a potential barrier from achieving this goal.

Realistic:

This goal requires commitment, courage and passion for it to be sustainable. The Health Foundation (2018) details that one in four students withdraw from the nursing degree. If I find the degree difficult, I will not quit and give up on my goal, but to ask for help and guidance from lectures.

As I will not be working during my nursing education, financial aspects have a great impact in stress whilst studying (Glogowska, Young and Lockyer, 2007). Student finance will aid me through the next three years of my education (Student Finance Wales, 2019).

Timescale:

My personal timescale for this action plan to be completed will be 30th June 2022, this timescale reflects on the end of the nursing degree program (Swansea University, 2019). Target deadlines will be set for myself when there is an assignment or exam to undertake. Each assignment and exam must be passed in order to reach my target goal.

Action plan two- Gaining experience from different placements

During the nursing degree program, I would like to obtain as much experience as possible in different areas of nursing as I would like to eventually specialise in an area of nursing. As I am debating between accident and emergency nursing and aesthetics nursing, I would like to gain experience within these fields and others in order to make a decision for future employment. This action plan is key for myself as there are many pathways within nursing, however I would like to specialise in order for me to gain more knowledge within an aspect of nursing and also enjoy my workload.

Measurable:

This achievement can be recognised as completed when I have decided which aspect of nursing I would have specialised in, this may require further education in order to obtain this.

Achievable:

This goal is within reach as it requires self-confidence and commitment from myself. This development plan can be aided through communicating to my placement officer within the nursing degree.

Realistic:

This task is necessary as I would like to gain as much experience and knowledge possible within the chosen field of nursing that I desire. As a result from obtaining this goal I can provide stability and enjoyment to my role as a nurse.

Timescale:

This goal may be achieved after being a registered nurse with experience within different areas of nursing. This goal could also be achieved when finishing my nursing studies as I may make a decision to specialise after enjoying a specific placement experience.

Action plan three: To pass my nursing studies and health qualification.

To submit all remaining assignments and undertake exams by 03/05/2019, as this is the deadline for submission. As I have obtained passes, merits and distinctions within my work, I would like to achieve high marks for the remaining submissions and exams in order for me to pass the certificate in nursing studies and health program. This goal is necessary due to it being a condition to the offer I have received from Carmarthen nursing degree program.

Measurable:

I will know if this goal has been achieved when I have graduated from my current studies on 17th July 2019.

Achievable:

As I have passed, gained merits and distinctions from my work which has already been submitted, I am confident that I will pass my remaining assignments as I have attended draft and revision sessions.

As I am going on holiday for a week there is a potential barrier to how many days I have to finish and submit my work. I will overcome this barrier as I have started assignments early in order to achieve this goal. As I have been present to revision and draft sessions, lecturers have provided support in order for this goal to be achieved.

Realistic:

This goal is vital as it relates to my long term goal due to it being a key aspect to gain entry onto the Carmarthen nursing degree program. This goal is easier to achieve as I have started and prioritised my work effectively. As I have organised my days off and work patterns around my university studies, this goal is realistic.

Timescale:

I have currently submitted assignments early due to prioritising my workload. I have a final exam on 3rd May 2019, remaining assignments are to be submitted also by this date. After submission of the remaining exam and assignments, I will receive my results from these submissions by 17th July 2019. When this goal has been achieved and I have received certificates, I will then submit this to my chosen university.

Candy Davies

29 Stryd Bennett

Llanelli

SA15 4DJ

Email: Candy.davies@icloud.com

Mobile: 07896826197

Personal Profile

I am committed, caring, ambitious and want to achieve to the best of my ability in life. I am a conscientious and competent worker who takes pride in my work. I work well as a team member but can also self-motivate and work using my own initiative. I am always willing to learn new skills and broaden my knowledge in order to go further. As a person, my qualities include being polite, courteous, compassionate, reliable and trustworthy who takes pride in myself. Seeking to develop a fulfilling career in Adult Nursing. I am a car owner with a clean driving licence.

Education

University of Wales Trinity Saint David's - Present

Certificate in Nursing Studies and Health

Modules include:

Introduction to the physiology of the body

Introduction to health research

Managing organisations

Personal Academic Development

Communication and counselling

Workplace practice

Coleg Sir Gar: 2014-2015

Level 3: Subsidiary Diploma in Health and Social Care

Queen Elizabeth High School: 2014

10 GCSE's Grade A-C: Mathematics, Science, English Literature, English Language, Welsh, Geography, Religious Education, Physical Education, Art and Textiles

Employment

Barchester Hafan Y Coed Nursing Home: Present

As a Health care support worker my responsibilities include the following:

- Working with vulnerable adults with dementia and intensive care
- Personal care
- Dementia aware
- Following individual care plans

Certificates:

Manual handling, Adult Emergency First Aid, understanding sensory loss, Infection prevention and control, Health and Safety, Food safety and hygiene, Positive behaviour management, GDPR, COSHH and Fire Safety.

Crossroads Care: 2016-2018

As a support worker in the community I worked with vulnerable young adults and children with complex needs.

O2: 2014-2016

- As a Team leader I coached and developed new sales advisors by leading by example. Also writing up reviews and reports on staff performance and using these reports to encourage personal development.
- Attended weekly conference calls to maximise sales opportunities
- Self-motivated to strive to achieve personal targets and store targets as a team.
- Attending monthly meetings to motivate the team and discuss targets and performance.
- Communicating with customers via email, telephone and personally face to face.

Other Achievements

Organised and managed a children's youth-club, parties and roller-skating activities in Llanelli.

Currently a student representative in University which involves liaising with other students and lecturers.

References available on request

Candy has been working with us at Hafan y coed care Home for 8 months. While working alongside Candy I have witnessed her demonstrating working independently, as she seems motivated and follows instructions which is evidence of her being a fast learner. Candy has also demonstrated communication and problem solving skills while working as part of a team.

Candy has demonstrated determination to learn, as she has undergone all training offered, such as:

- Manual handling
- infection control
- Health and safety
- Dysphagia

Sarah Hopkins
Senior carer.
7/4/19

S A Hopkins

NUTRICIA

flocare® Infinity™

THIS IS TO CERTIFY THAT

CANDY DAVIES

has successfully completed training on
the Flocare Infinity enteral feeding pump



Date: 22/8/16 Signed:

Nutricia Ltd

NUTRICIA
Advanced Medical Nutrition

ymddiriedolaeth gofalwyr Gofal Cymdeithasol Sir Gâr

carerstrust Carmarthenshire Crossroads Care action help advice

CERTIFICATE OF ACHIEVEMENT

CANDY DAVIES

Crossroads Care Sir Gar

FIRE AWARENESS (REFRESHER)

80%

COMPLETED ON: 01/03/2018
EXPIRES ON: 01/03/2020

Provided By: iHasco
CPD Presenter: #1557
Certificate: #219523/725954/2454220

GIG CYMRU NHS WALES

Bwrdd Iechyd Prifysgol
Hywel Dda
University Health Board

THIS IS TO CERTIFY THAT

Candy Davies

Has Satisfactorily Completed a Positive Behaviour Management Practical Training Course in Breakaway & Restrictive Techniques

24 June 2016*

David Hawkins

Lead PBM Trainer

* Refresher training should be completed within 12 months of this date

Positive Behaviour Management (ABMUHB) is accredited by the British Institute of Learning Disabilities Accreditation valid until June 2018

ymddiriedolaeth gofalwyr
Gofal Croesffyrdd Sir Gâr
gweithredu · cynorthwyo · cynghori

carerstrust
Carmarthenshire Crossroads Care
action · help · advice

Certificate of Completion
is awarded to

Candy Davies

For the completion of an
Introduction to

Food Safety & Hygiene

Training session

Date: 27th May 2016
Tutor: Gillian Brown
(CIEH, PTLLS & IOSH)

Valid Until: 26th May 2019
Signature: G Brown

Subjects Covered

Crossroads Care Sir Gâr introduction to Food Safety & Hygiene

Module 1 - Food Safety & the Law
Module 2 - Food poisoning and foodborne disease
Module 3 - 4Cs of Food Safety & Hygiene
Module 4 - Handwashing



Carers Trust Crossroads Care Food Handling & Hygiene Guidance for Staff

BUDDSODDWYR MEWN POBL | INVESTORS IN PEOPLE

ymddiriedolaeth gofalwyr
Gofal Croesffyrdd Sir Gâr
gwelthredu · cynorthwyo · cynghori

carerstrust
Carmarthenshire Crossroads Care
action · help · advice

Certificate of Completion
is awarded to

Candy Davies

For the completion of an
Introduction to

Health and Safety

Training session

Date: 27th May 2016
Tutor: Gillian Brown
(CIEH, PTLLS & IOSH)

Valid Until: 26th May 2019
Signature: G Brown

Subjects Covered

Crossroads Care Sir Gâr introduction to Health and Safety

Module 1 – What is risk?

Module 2 – The law, regulatory bodies and facts and figures 2013/14

Module 3 – Carers Trust Crossroads Care Health and Safety Guidance for Care Workers

Module 4 – Carers Trust Crossroads Care Lone Working Guidance for Care Workers



BUDDSODDWYR MEWN POBL | INVESTORS IN PEOPLE

ymddiriedolaeth gofalwyr
Gofal Croesffyrdd Sir Gâr
gwelthredu · cynorthwyo · cynghori

carerstrust
Carmarthenshire Crossroads Care
action · help · advice

Certificate of Completion
is awarded to

Candy Davies

For the completion of an
Introduction to

Infection Control

Training session

Date: 27th May 2016
Tutor: Gillian Brown
(CIEH, PTLLS & IOSH)

Valid Until: 26th May 2019
Signature: G Brown

Subjects Covered

Crossroads Care Sir Gâr introduction to Infection Control

Module 1 - Infection Control & the law
Module 2 - Infection Control - Good Practice
Module 3 - Principles of Infection Control
Module 4 - Infection Control and handwashing
Module 5 - Infection Control Good Practice
Module 6 - Infection Control and clinical equipment
Module 7 - Infection Control and general equipment
Module 9 - Infection Control & cleaning
Module 10 - COSHH
Module 11 - Infection Control & laundry
Carers Trust Crossroads Care Infection Control Guidance for Care Workers



BUDDSODDWYR MEWN POBL | INVESTORS IN PEOPLE

figure 8

Management

Personal and Business Solutions

CANDY DAVIES

Successfully completed a

CHILD PROTECTION LEVEL 2 TRAINING COURSE

Signed: Cathie Williams

Date: 15.08.2017

St John Cymru - Wales

This certificate confirms that

Candy Davies

has attended a training course on

Child & Infant First Aid

Issued: 15/05/2018

Expires: 15/05/2021

Membership Number: 383876

Course Number: 57010



Director of Training

ISO 9001 REGISTERED FIRM

T 0345 678 5646 F 029 2044 9623
training@stjohnwales.org.uk www.stjohnwales.org.uk
St John Cymru Wales, Priory House, Beignon Close, Ocean Way, Cardiff CF24 5PB

Company number 5071073
Registered Charity Number 250523

St John Cymru - Wales

This certificate confirms that

Candy Davies

has attended a training course on

Basic First Aid

Issued: 26/06/2018

Expires: 26/06/2021

Membership Number: 383876

Course Number: 57243

Director of Training

ISO 9001 REGISTERED FIRM

T 0345 678 5646 F 029 2044 9623
training@stjohnwales.org.uk www.stjohnwales.org.uk
St John Cymru Wales, Priory House, Beignon Close, Ocean Way, Cardiff CF24 5PB

Company number 5071073
Registered Charity Number 250523

sense
cr gyfer pobl fyddarddall
for deafblind people

CERTIFICATE OF ATTENDANCE

This certificate is presented to

CANDY DAVIES

For attending

Understanding Sensory Loss Training

Held on 20th May 2016
At
St David's Park, Jobswell Road, Carmarthen

Trainer – Michael Power _____

Barchester Healthcare Carer Induction

Including the Care Certificate

A very warm welcome to Barchester Healthcare.

You have joined one of the UK's leading providers of healthcare, offering quality nursing, residential and respite services, as well as dedicated dementia care and mental health care within both care home and independent hospital settings. Barchester is committed to providing the best possible care environments and promoting dignity and choice by tailoring surroundings to accommodate people requiring different care services.

Our dementia services are offered in a unique care environment called a 'Memory Lane Community'. The purposeful design encourages people living with dementia to lead a full and active life, staying as independent as possible. The living space encourages residents to interact with their surroundings, for example, facilities such as life-skills kitchens allow those individuals living with dementia to continue to experience the familiarity of everyday household tasks like setting the table for dinner, washing up or baking.

Our dedicated care staff are trained to recognise the importance of the lives and individual experiences of all residents and make it a priority to know the life histories of the people in their care.

You will play a very important part in what we do and I'm sure that you will find working for us a rewarding and fulfilling experience.

Name of carer: Candy Davies

Name of mentor: Richard Webster.

Date of joining Barchester Healthcare: 13/8/18.

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Moving & Handling Record

© Barchester Healthcare Ltd

Moving & Handling Learning Record

Practical Moving and Handling	Knowledge evaluated during the training			Competency observed in practice and trainer has assessed as competent		
Topic	Date	Candidate Signature	Trainer Signature	Date	Candidate Signature	Trainer Signature
In and out of vehicle	—	—	—	—	—	—
Turning in bed						
Moving up the bed and reverse						
Sitting up from lying and reverse						
Sitting to side of the bed and reverse						
Bed to chair to bed transfer	15/8/18					
Chair to chair/wheelchair transfer						
In/out bath						
On/off toilet						
Sitting to standing and reverse						
Walking						
Falling and fallen resident						
Repositioning in chairs						
Movement from a confined space						
Emergency evacuation using ski pads						

Reviewed May 2016, Next review May 2017

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Moving & Handling Learning Record

Name: Candy Davies **Position:**

Name of Trainer(s): RICHARD WEBSTER **Date of Commencement of Employment:** 13/8/18

Moving and Handling Training – Please use this form for any M&H Induction or update training.

Before signing that a member of staff is competent in one topic, you must ensure that you are confident that the member of staff would be able to replicate this activity under a variety of conditions.

LOLER 1998. The competent person should have practical and theoretical knowledge and experience appropriate to the lifting equipment and be able to detect faults and assess the risks of continued use. They must be able to plan every lifting operation involving lifting equipment taking in all aspects of (E.L.I.T.E) Environment, Load, Individual, Task, and Equipment.

Theory	Knowledge evaluated during the training			Competency observed in practice and trainer has assessed as competent		
Topic	Date	Candidate Signature	Trainer Signature	Date	Candidate Signature	Trainer Signature
Legislation/Ergonomics Biomechanics						
Cause of back pain Infection control						
General back care Spinal awareness	15/8/18		[signature]			
Risk assessment – E.L.I.T.E. Individual client handling Assessment						
BHC policy – principles of safe handling of people						
Principles of safe handling of inanimate loads						
Before use inspection Checklist hoist/sling						

Reviewed May 2016, Next review May 2017

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Moving & Handling Learning Record

Practical – equipment use	Knowledge evaluated during the training			Competency observed in practice and trainer has assessed as competent		
Topic	Date	Candidate Signature	Trainer Signature	Date	Candidate Signature	Trainer Signature
Use of bath hoists Type used?						
Use of mobile hoists (list): • MAXI MOVE •						
Sling fitting						
Sling measuring	15/8/18					
Colour tag checks for equipment						
Use of slide sheets						
Use of small aids: • rope ladder • transfer board • handling blocks						
Use of beds/wheelchairs	15/8/18					
Use of handling belts						
Other:						

Reviewed May 2016, Next review May 2017

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Description of Work Equipment	SARITA
Description of Work Process (if appropriate)	
Name of Instructor/Trainer	RICHARD WEBSTER
Signature of Instructor/Trainer	 Date 15/8/18

Declaration: I can confirm that I have received appropriate training, instruction and information (including the manufacturer's instructions) in connection with the use of the work equipment as described above, and I am familiar with the relevant risk assessment(s) and safe system(s) of work. I agree to work at all times in accordance with the instruction and training given to me and to report all accidents and defects (however minor) which arise out of or in connection with the use of this equipment or the work processes associated with it.

Signature of Authorised User		Date

Description of Work Equipment	MAXI MOVE
Description of Work Process (if appropriate)	
Name of Instructor/Trainer	RICHARD WEBSTER
Signature of Instructor/Trainer	 Date 15/8/18

Declaration: I can confirm that I have received appropriate training, instruction and information (including the manufacturer's instructions) in connection with the use of the work equipment as described above, and I am familiar with the relevant risk assessment(s) and safe system(s) of work. I agree to work at all times in accordance with the instruction and training given to me and to report all accidents and defects (however minor) which arise out of or in connection with the use of this equipment or the work processes associated with it.

Signature of Authorised User		Date

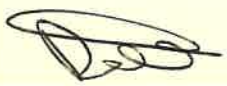
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Use of Work Equipment Record

Management of Health and Safety at Work Regulations 1999
Provision and Use of Work Equipment Regulations 1998
Lifting Operations and Lifting Equipment Regulations 1998

Personal Record of Training in the use of Work Equipment (Including Lifting Equipment)

Name of Authorised User	
Description of Work Equipment	SARA STEDY
Description of Work Process (if appropriate)	
Name of Instructor/Trainer	RICHARD WEBSTER
Signature of Instructor/Trainer	 Date 15/8/18

Declaration: I can confirm that I have received appropriate training, instruction and information (including the manufacturer's instructions) in connection with the use of the work equipment as described above, and I am familiar with the relevant risk assessment(s) and safe system(s) of work. I agree to work at all times in accordance with the instruction and training given to me and to report all accidents and defects (however minor) which arise out of or in connection with the use of this equipment or the work processes associated with it.

Signature of Authorised User		Date

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Date	Payroll Ref.	Name	Week/Month No.
31/08/2018	04913174	Miss Candy Davies	Month 6

Employer	Department
Barchester Healthcare Ltd	HafanYCoed

Pay Method	Tax Code	NI Number	NI Code
BACS	001185L (Mt 1)	PC 66 36 42 B	M

Message:

Refer a Friend to work at Barchester and you could receive up to £500! Full details are available on the Recruitment Intranet page.

PAYMENTS	VALUE
Basic Care Assistant	
75.50 Hours @ 8.0300	606.27
Bank Holiday x 2 Care Assistant	
6.00 Hours @ 16.0600	96.36
Bank Staff Holidays	113.88
Training Care Assistant	
12.00 Hours @ 8.0300	96.36
Induction Care Assistant	
18.00 Hours @ 8.0300	144.54
TOTAL PAYMENTS	**1,057.41**

DEDUCTIONS	VALUE
Tax	13.80
NI EE	42.65
TOTAL DEDUCTIONS	**56.45**

CUMULATIVES	VALUE
Taxable Pay	1,057.41
Tax	13.80
NI EE	42.65

Miss Candy Davies
29 Stryd Bennett
Llanelli
SA15 4DJ

NET PAYMENT **1,000.96**

PLEASE KEEP THIS PAYSLIP IN A SAFE PLACE. IT MAY BE REQUIRED FOR THE PURPOSE OF SELF-ASSESSMENT

FOR BEST RESULTS S

Date	Payroll Ref.	Name	Week/Month No.
30/09/2018	04913174	Miss Candy Davies	Month 7

Employer	Department
Barchester Healthcare Ltd	HafanYCoed

Pay Method	Tax Code	NI Number	NI Code
BACS	001091L (Mt 1)	PC 66 36 42 B	M

Message:

Refer a Friend to work at Barchester and you could receive up to £500! Full details are available on the Recruitment Intranet page.

PAYMENTS	VALUE	DEDUCTIONS	VALUE
Basic Care Assistant		Tax	59.00
130.50 Hours @ 8.0300	1,047.92	NI EE	60.47
Bank Staff Holidays	129.88		
Training Care Assistant			
3.50 Hours @ 8.0300	28.11		
TOTAL PAYMENTS	**1,205.91**	TOTAL DEDUCTIONS	**119.47**

CUMULATIVES	VALUE
Taxable Pay	2,263.32
Tax	72.80
NI EE	103.12

Miss Candy Davies
29 Stryd Bennett
Llanelli
SA15 4DJ

NET PAYMENT **1,086.44**

PLEASE KEEP THIS PAYSLIP IN A SAFE PLACE. IT MAY BE REQUIRED FOR THE PURPOSE OF SELF-ASSESSMENT

SIDE EDGE FIRST.
FOR BEST RESULTS SEAL WHEN STILL WARM FROM THE LASER PRINTER

Date	Payroll Ref.	Name	Week/Month No.
30/11/2018	04913174	Miss Candy Davies	Month 9

Employer	Department
Barchester Healthcare Ltd	HafanYCoed

Pay Method	Tax Code	NI Number	NI Code
BACS	001185L (Mt 1)	PC 66 36 42 B	M

Message:

Refer a Friend to work at Barchester and you could receive up to £500! Full details are available on the Recruitment Intranet page.

PAYMENTS	VALUE
Basic Care Assistant	
92.50 Hours @ 8.0300	742.78
Bank Staff Holidays	89.65
TOTAL PAYMENTS	832.43

DEDUCTIONS	VALUE
NI EE	15.65
TOTAL DEDUCTIONS	15.65

CUMULATIVES	VALUE
Taxable Pay	3,784.20
Tax	72.80
NI EE	118.77

Miss Candy Davies
29 Stryd Bennett
Llanelli
SA15 4DJ

NET PAYMENT	816.78

PLEASE KEEP THIS PAYSLIP IN A SAFE PLACE. IT MAY BE REQUIRED FOR THE PURPOSE OF SELF-ASSESSMENT

FOR BEST RESULTS SEAL WHEN STILL WARM FROM THE LASER PRINTER

SIDE EDGE FIRST.

FOLD AND PRESS FIRMLY TO ACTIVATE ADHESIVE

Date	Payroll Ref.	Name	Week/Month No.
31/01/2019	04913174	Miss Candy Davies	Month 11

Employer	Department
Barchester Healthcare Ltd	HafanYCoed

Pay Method	Tax Code	NI Number	NI Code
BACS	001185L (Mt 1)	PC 66 36 42 B	M

Message:

Changes to NEST Pension: From 6th April the contributions into NEST will increase. Employees from 2.4% to 5% (Your actual deduction is 4% as 1% is Government tax relief) and Employer from 2% to 3%. This will commence from month 1 in the new tax year

PAYMENTS	VALUE
Basic Care Assistant	
93.00 Hours @ 8.0300	746.79
Bank Staff Holidays	90.14
TOTAL PAYMENTS	836.93

DEDUCTIONS	VALUE
NI EE	16.19
TOTAL DEDUCTIONS	16.19

CUMULATIVES	VALUE
Taxable Pay	5,552.55
Tax	72.80
NI EE	162.49

Miss Candy Davies
29 Stryd Bennett
Llanelli
SA15 4DJ

NET PAYMENT	820.74

PLEASE KEEP THIS PAYSLIP IN A SAFE PLACE. IT MAY BE REQUIRED FOR THE PURPOSE OF SELF-ASSESSMENT

FOR BEST RESULTS SEAL WHEN STILL WARM FROM THE LASER PRINT

DYDDIAD/DATE	CYF CYFLOGRESI/PAYROLL REF.	ENW/NAME	RHIF Y CYFNOD/PERIOD NO
08/06/17	0014745	C DAVIES	12

CWMNI/COMPANY	ADRAN/DEPARTMENT
Crossroads	Crossroads

DULL TALU/PAY METHOD	CÔD TRETH/TAX CODE	RHIF YG/NI NUMBER	CÔD YG/NI CODE
BACS	1150L	PC663642B	M

TALIADAU/PAYMENTS

Trav Exp	296.00	.4500	133.20
W/End Time	20.45	10.3000	213.73
Basic Hrs	24.30	7.8000	191.10
ALeave Hrs	29.45	7.8000	232.05
Even Rate	2.00	8.6000	17.20
Spec Task	106.00	8.8000	932.80

CYFANSWM TALIADAU / TOTAL PAYMENTS: 1720.08

DIDYNIADAU/DEDUCTIONS

Tax Paid	140.20
NI M Under 21 Contra	115.06

CYFANSWM DIDYNIADAU / TOTAL DEDUCTIONS: 255.26

NEGES/MESSAGE

Gall data ynghylch y Gyflogres gael eu rhoi i amryw o gyrff cyhoeddues at ddibenion atal a chanfod twyll --- Payroll data may be provided to various public bodies for the purpose of preventing fraud

CRONYDDION/CUMULATIVES

Total Gross	4866.53
Taxable Gross	4481.78
Tax Paid	365.00
Employees NI	311.72
Employers NI	0.00

GWIR DÂL/NET PAYMENT 1464.82

CADWCH YR HYSBYSIAD TÂL YMA MEWN LLE DIOGEL. MAE'N BOSIBL Y BYDD EI ANGEN AR GYFER HUNAN ASESIAD
PLEASE KEEP THIS PAY ADVICE IN A SAFE PLACE. IT MAY BE REQUIRED FOR THE PURPOSE OF SELF ASSESSMENT.

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