



‘A qualitative study exploring the digital therapeutic alliance with fully automated smartphone apps’

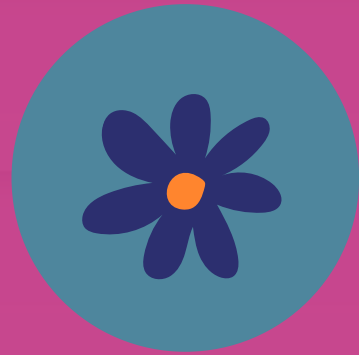
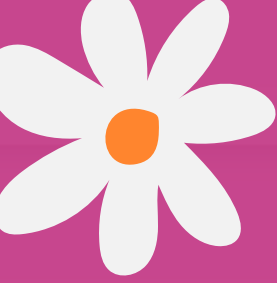
by Rebecca Brotherdale,
Katherine Berry and
Sandra Bucci



From The Digital Health
Journal



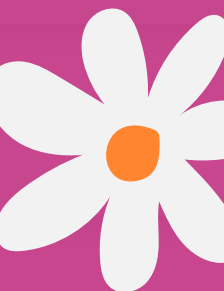
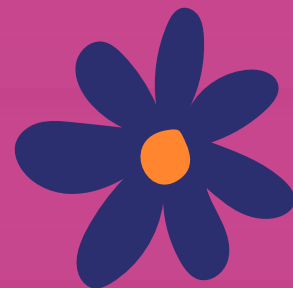
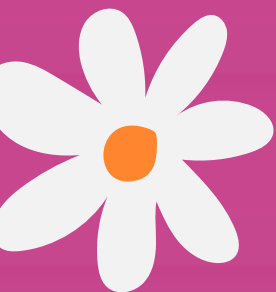
Background



5.7% of adults live with depression, that's around 471 million people

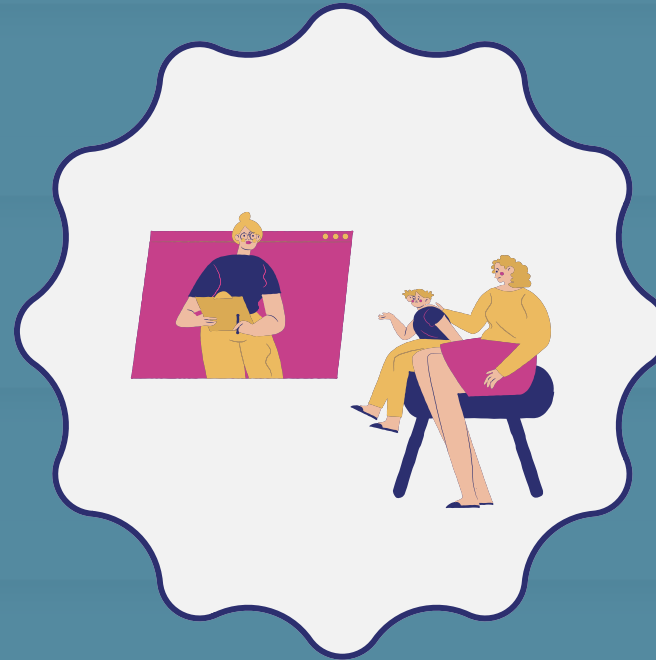
Bordin (1979)
TA key to change process

Depression will rank first by 2030





Introduction



PROCEDURE



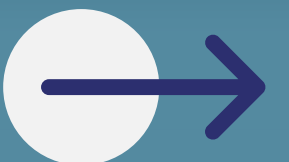
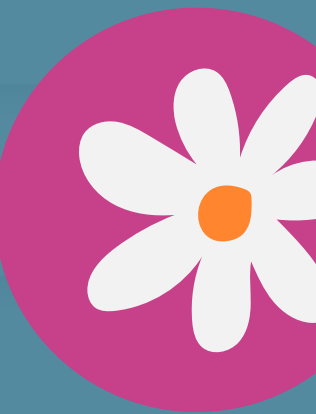
MATERIALS



OBJECTIVE



PARTICIPANTS



Findings

Five themes (with sub-themes)
were developed:

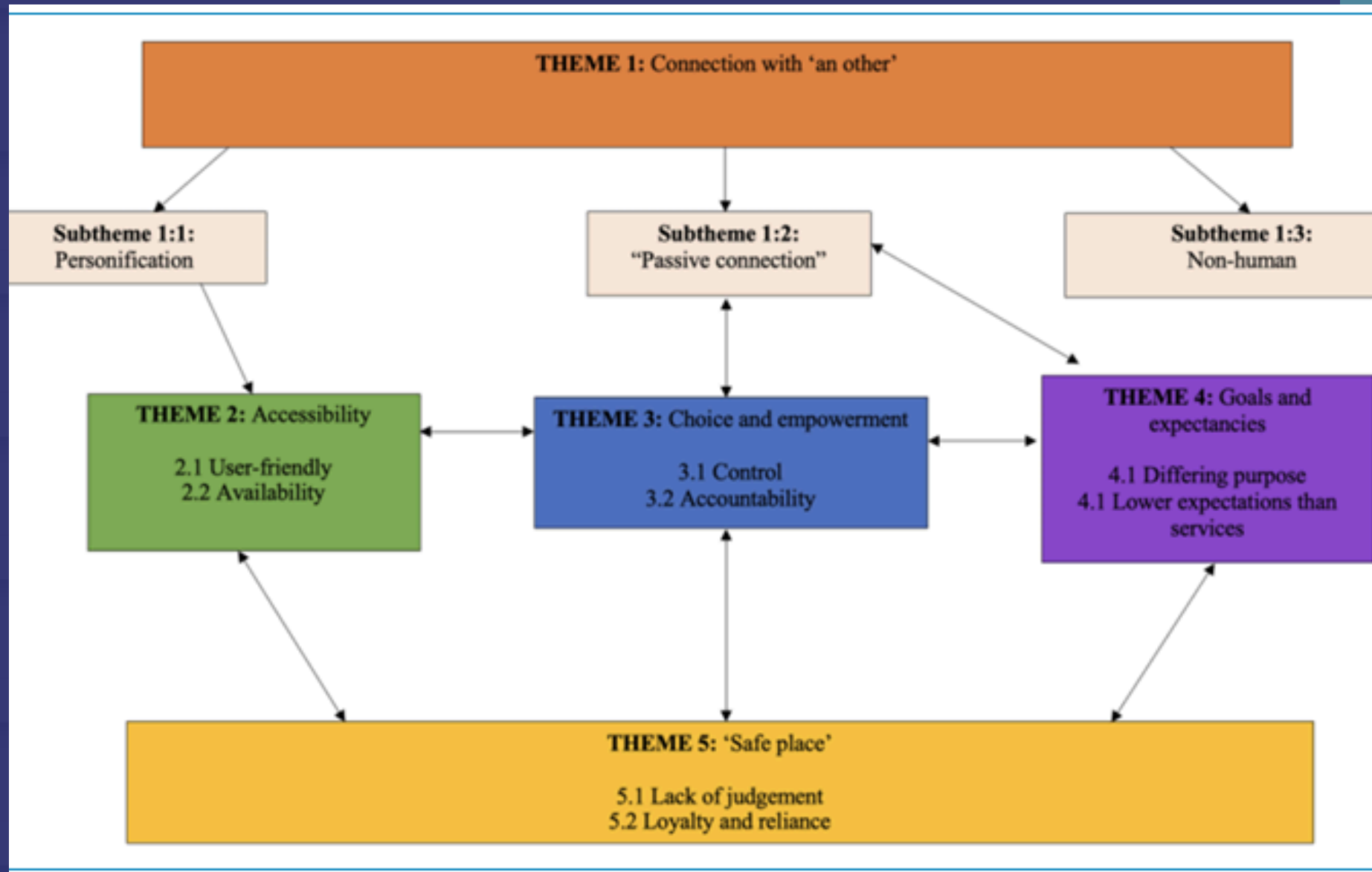
1. Connection with 'an other'

2. Accessibility

3. Choice and empowerment

4. Goals and expectation

5. 'Safe place'.



REVIEW OF STUDY

Discussion



Results

Strengths

Limitations

Interpretation

Implications

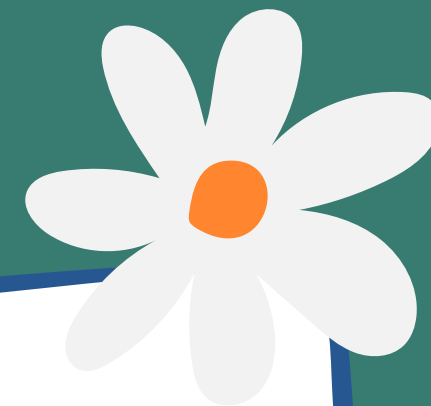




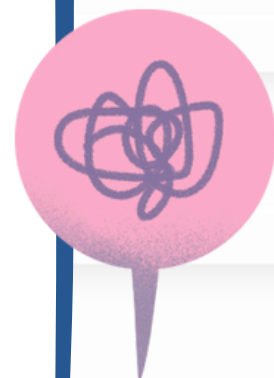
REVIEW OF STUDY



Conclusion

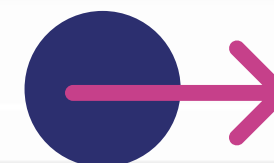
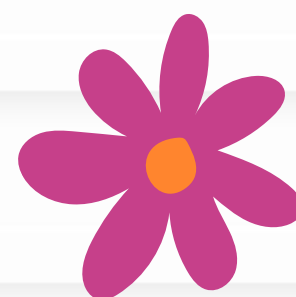
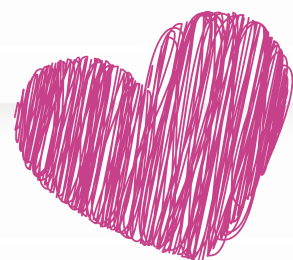


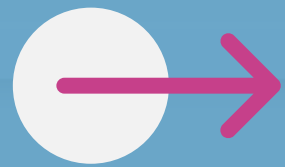
Recap



Key Points

Future
directions



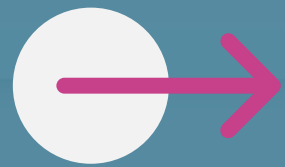


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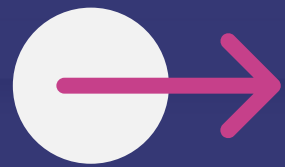
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