

Health & Social Care

Registered Nurse

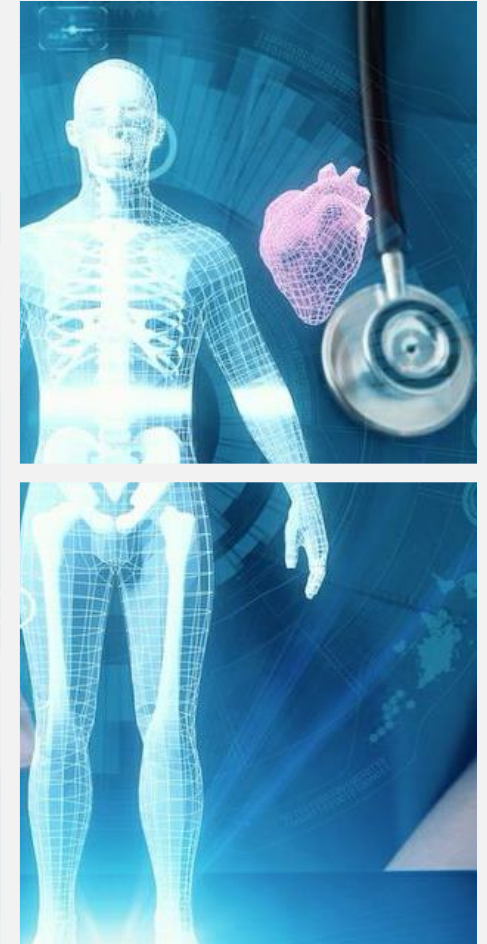


- The role I chose is REGISTERED NURSE.
- I picked this because I always admired how nurses are the ones there for patients through everything. Not just giving treatments but also explaining procedures and giving useful advice.
- Nurses are the ones that keep patients calm and reassures them by looking after them as a whole person.
- Seeing how nurses make a difference everyday made me want to find out exactly what this job takes , beyond what we see everyday.

How I started my research.

I started by listing all the things I wanted to know like:

- What they actually do on a day to day.
- What skills you really need.
- What training you have to do.
- Then I went straight for trusted uk sites first, the NHS CAREERS PAGE , The midwifery council website and Official NHS health careers guides.
- I searched things like “what does a nurse do daily ? “
- “Core skills for nursing “ , “nurse role responsibilities uk”
- I also looked at real job adverts to see what hospitals actually ask for , that was way more useful then generic descriptions.



CURRENCY:

It was updated this year in 2026, so it covers current training rules and how nursing works right now in the NHS.

ACCURACY:

Everything it says matches what I found on the NMC sites too- no made up facts and it links to official regulations.

CRAAP Test

PURPOSE:

It's just there to give honest and clear information for people thinking about starting a nursing career. Not selling anything or pushing options .

RELEVANCE:

It's all about registered nursing in the uk – exactly what I'm looking at , no irrelevant info.

AUTHORITY:

It's published directly by the NHS , the biggest employer of nurses here so it's written by people who know the job inside out.

Research problems i've had!



- My biggest issue was sorting out which information was true (there's so much online from blogs or old TV shows that make nursing look all dramatic emergencies , and skip the everyday stuff like checking meds and keeping records).
- I also struggled at first to tell the differences between being kind and the professional skills like clinical judgements or following strict safety measures.
- Some sites also use really complicated medical words that took me a while to look up and understand.

Next steps for my final report.



- Find 3 or 4 more reliable sources like from the NMC or Royal college of nursing.
- Pick 3 most important skills for a nurse and give real examples of how they're used .
- Look into the training you need and the standards nurses have to follow.
- Plan out my report structure properly, add all my references correctly.
- Make sure I show what nursing is really like , not just the version you see on screen.