

Basic Digital Safety

Introduction

1

Ensuring fundamental digital security is crucial in the current era where digital technologies rule. Our reliance on digital platforms for communication, transactions, and information access is growing. Basic procedures must be adopted to protect devices from a variety of online dangers.

Understanding Basic Digital Safety

2

Basic digital safety refers to a set of procedures designed to protect devices, online activities, and private data from nefarious parties (National Cyber Security Centre 2020). It involves using tactics to prevent malware infections, identity theft, illegal access, data breaches, and other online dangers.

Safety Monitoring

3

Password management, software updates, safe browsing practices, and configuring privacy settings are essential components of digital security.

Key Strategies for Basic Digital Safety

4

Strong Passwords, updates Regularly Software, Two-Factor Authentication (2FA), Secure Browsing Practices

Importance of Basic Digital Safety

5

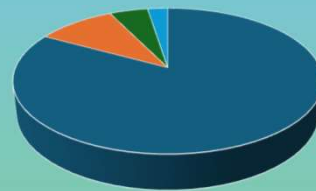
According to (Digital Safety & Security 2021), Failure to implement basic safety measures can result in financial loss, reputation damage, and compromise of sensitive information. By prioritizing digital safety, individuals can minimize vulnerabilities and protect themselves against potential cyber threats.



Source: Symantec

6

Safety online



- Malicious Web Redirection attempts blocked
- Unknown and 0-day attacks blocked
- Living-off-the-land threats blocked
- Ransomware attacks blocked

Source; Symantec Security Center

Recommendation

7

Basic digital safety is essential for individuals to navigate the digital landscape securely. Important strategies such as strong password management, regular software updates, and phishing awareness should be implemented.

Reference List

- National Cyber Security Centre. (2020) 'Cyber Aware: Secure Your Devices' Available at: <https://www.ncsc.gov.uk/collection/device-security-guidance> (Accessed 22 March 2024).
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- Association of Media Women in Kenya (2021) 'Digital Safety & Security' Association of Media Women in Kenya.

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