

University of Wales – Trinity Saint David

BMSW 3001

Academic and Employability Skills

Assignment 1

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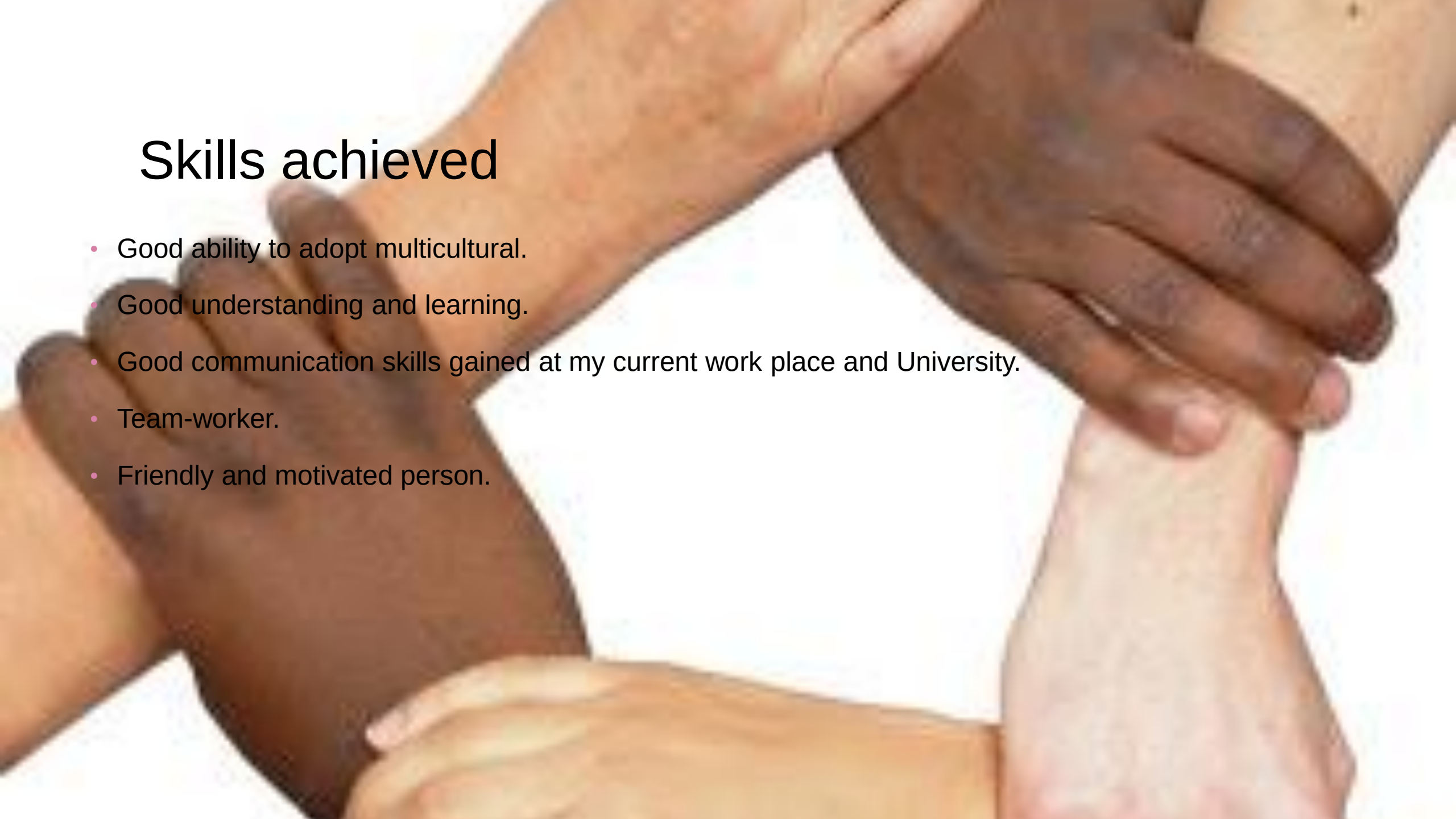
Short presentation about myself

- My name is Cristina Ionita, born in 1989 in Macin, Romania.
- I finished secondary school in the village I grew up and gone to high school to a big city.
- After high school my life as a wife and mother start ,which made me give up on my dreams.
- Few years after we decided to come to England and here I got determined to continue my studies and go to University and make a career plan.

Career plan for the next five years

- Dudovskiy,J.,2014 said that career planning is been consider everlasting procedure that help a person managing their development and learning. Having a developing career plan make me easily focus on multiple ways on how to obtain the future position.
- My future dream is to become a registered nurse.
- Also, Dudovskiy,J.,.2014 has said that developing a career plan focuses on different steps as short and long-term planning, self assessment ,which will determine to develop needs and skills for current and future goals and one last step will be action plan.

Strengths	Weaknesses	Opportunities	Threats
Enthusiasm	Lack of confidence	Further development	Possible impediments to achieve my goals
Patience	Self-criticism	Continuing education	
Dedication			
Discipline			



Skills achieved

- Good ability to adopt multicultural.
- Good understanding and learning.
- Good communication skills gained at my current work place and University.
- Team-worker.
- Friendly and motivated person.

Skills need

- Time management qualities.
- Working under pressure
- Communication skills.
- Compassion.
- Professionalism.

Future skills

- Practicing empathy.
- Organization and time management.
- Effective communication.
- Development opportunities.
- Attention to details.
- Networking.





Personal Development Plan

CONCLUSION

- From the above presentation can be concluded that graduates need to amend employability skills to enter and go ahead in knowledgeable economy .
- Also from the above it has been concluded my development career plan based on the self-reflective assessment and swot analysis.

Reference

- Dudovskiy,j.,2014.Career planning and personal development plan.[Online].Available through: <https://research-methodology.net/category/articles/personal-reflection-and-development/>. [Accessed on 15 November 2020].
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- Online
- Career planning four step process.2020 [Online].Available through: <https://www.youthemployment.org.uk/career-planning-a-simple-4-step-process-to-get-started/>. [Accessed on 15 November 2020].

*Thank
You*
for your time