

SPSS CARIAD CODE BOOK

Time 1 questionnaire

Variable/Question	Variable name	Coding instructions
Patient identification	id	Number
Intervention or control	group_t1	1= Control 2= Intervention
Gender	Gender	1=Male 2=Female

Variable/Question	SPSS Variable Name	Coding Instructions
H. Background details		
1. Age	age	Age in numbers
2. Marital Status	marital	1 Single 2 Married/living with partner 3 Divorced or separated 4 Widowed
3. Education	educ	1 left before 16 2 left at 16 3 left at 18 4 college/diploma 5 university degree or higher 6 other
4. Number of children	child	Number
5. Aware of cancer before referral	aware	1 yes 2 no
6. Worry before referral	worry	1 not at all 2 a little worried 3 quite worried 4 very worried

Variable/Question	Variable name	Coding instructions
A. Feelings and emotions Positive and Negative Affect Schedule (PANAS)		All: Scale 1-5 1=Very slightly/not at all 2=A little 3=Moderately 4=Quite a bit 5=Extremely 99=Missing data
Interested	Pan_int_t1	
Distressed	Pan_dis_t1	
Excited	Pan_exc_t1	
Upset	Pan_ups_t1	
Strong	Pan_str_t1	
Guilty	Pan_guil_t1	
Scared	Pan_scar_t1	
Hostile	Pan_hos_t1	
Enthusiastic	Pan_ent_t1	
Proud	Pan_pro_t1	
Irritable	Pan_irr_t1	
Alert	Pan_ale_t1	
Ashamed	Pan_ash_t1	
Inspired	Pan_ins_t1	
Nervous	Pan_nerv_t1	
Determined	Pan_det_t1	
Attentive	Pan_att_t1	
Jittery	Pan_jit_t1	
Active	Pan_act_t1	
Afraid	Pan_afr_t1	

Variable/Question	SPSS Variable name	Coding Instructions
B. Impact of Event Scale (IES)		All: 1= Not at all 2= Rarely 3= Sometimes 4= Often 99= Missing data
IES Q1 intrusion	ies1_t1	
IES Q2 avoidance	ies2_t1	
IES Q3 avoidance	ies3_t1	
IES Q4 intrusion	ies4_t1	
IES Q5 intrusion	ies5_t1	
IES Q6 intrusion	ies6_t1	
IES Q7 avoidance	ies7_t1	
IES Q8 avoidance	ies8_t1	
IES Q9 avoidance	ies9_t1	
IES Q10 intrusion	ies10_t1	
IES Q11 intrusion	ies11_t1	
IES Q12 avoidance	ies12_t1	
IES Q13 avoidance	ies13_t1	
IES Q14 intrusion	ies14_t1	
IES Q15 avoidance	ies15_t1	

Variable/Question	SPSS Variable name	Coding Instructions
F. LOT-R Coping generally		All: 1-5 1= I agree a lot 2= I agree a little 3= I neither agree/disagree 4= I disagree a little 5= I disagree a lot 99= Other
In uncertain times I usually expect the best	Lot_1_t1	
It's easy for me to relax	Lot_2_t1	
If something can go wrong for me it will	Lot_3_t1	
I'm always optimistic about my future	Lot_4_t1	
I enjoy my friends a lot	Lot_5_t1	
It's important for me to keep busy	Lot_6_t1	
I hardly ever expect things to go my way	Lot_7_t1	
I don't get upset too easily	Lot_8_t1	
I rarely count on good things happening to me	Lot_9_t1	
Overall I expect more good things to happen to me than bad	Lot_10_t1	