

# Model Beirniad Wedi Adfyfyrio (BWA) Assisted Reflective Conclusions (ARC) Model

**Dyddiad/Date:**

**Digwyddiad critigol (Ffocws)/Critical incident (focus):**

| Profiad/ Experience                                                                                                                                                                                                                                                              |  |
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| <p>Teimladau/<br/><i>Feelings</i><br/>Beth yw eich teimladau ynghylch y profiad?<br/><i>"What are your feelings regarding the experience?"</i></p>                                                                                                                               |  |
| <p>Cofio a Deall/<br/><i>Remember and Understand</i><br/>"Allwch chi restru elfennau'r achos yng nghyd-destun y dysgu?"<br/><i>"Can you list the aspects of the incident in the context of learning?"</i></p>                                                                    |  |
| <p>Gwerthuso a dadansoddi/<br/><i>Evaluate and analyse</i><br/>"Beth y gellid ei gadw yr un fath i sicrhau addysgu a dysgu effeithiol yn y dyfodol?"<br/><i>"What could be kept the same to ensure effective teaching and learning in the future?"</i></p>                       |  |
| <p>Casgliadau a chamau gweithredu/<br/><i>Conclusions and actions</i><br/>"Beth yw eich atebion posibl i'r mater a nodwyd?"<br/>"Beth y gellid ei wneud nesaf?"<br/><i>"What are your possible solutions to the issue identified?"</i><br/><i>"What could be done next?"</i></p> |  |
| Y profiad newydd / Transformed experience                                                                                                                                                                                                                                        |  |