

Personal Development Plan

You may wish to use this template to structure your Personal Development Plan.

You must include at least 5 goals within your plan, and these must be taken from the information on the Essential and Desirable Criteria from the Personal Specification section of the Job Description on Moodle.

Goal	How does this relate to the role?	What do I need to do to achieve this goal?	How long will it take me?	What barriers may stop me from achieving this?	How can I overcome these barriers?
<u>To gain a C1 category driving licence</u>	<u>It allows me to drive medium sized vehicles like ambulances</u>	<u>Apply for a provisional C1 and pass a C1 theory test and practical driving test.</u>	<u>From 6 months to a year.</u>	<u>Cost and time. Training a test fees can be increasingly expensive depending on how long it may take.</u>	<u>Set aside a small amount of money weekly to help spread the cost so I don't have to pay for everything at once.</u>

<u>Gain a knowledge of health service issues.</u>	<u>It helps paramedics have a wider understanding of how the health care system operates, as they need to know firsthand about increased call demand and handover delays etc.</u>	<u>Stay informed by reading official resources like NHS websites and by reading annual reports.</u>	<u>2-4 months to have a deeper understanding.</u>	<u>Finding the time to be able to read and analyse all the information.</u>	<u>Limit myself to a small amount of reading each day to ensure that I am actively processing the information instead of trying to fit it into a time frame.</u>
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<u>To undertake a diploma/ degree in paramedic science</u>	<u>Undertaking a degree in Paramedic Science is important in the role of a paramedic because it provides the knowledge, skills, and professional foundations required to deliver safe, effective, and evidence-based emergency care.</u>	<u>Meet the entry requirements to apply to university, then succeeding during the degree by engaging fully in the course</u>	<u>3 years</u>	<u>Potentially not meeting the entry requirements and emotional demands.</u>	<u>I can overcome these barriers by using support resources and ensuring I have the correct grades or alternatives for entry requirements.</u>
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<u>To become a registered member of the college of paramedics</u>	<u>It allows paramedics to benefit from professional support services like legal representation, to stay current with professional development and standards, and to have their voice represented in national policy and decisions that affect their clinical practice.</u> <u>(College of paramedics, 2019)</u>	<u>To allow me to achieve my goal I would need to be a registered paramedic or begin studying for a qualification. After that I would need to join to be a member where I would pay an annual fee.</u>	<u>1-3 years, to be a student member before a fully registered member.</u>	<u>Cost could be a potential barrier.</u>	<u>I could set aside a certain amount each month in preparation for the payment as it is an annual membership.</u>
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<u>Committed to ensuring patients receive a high standard of patient care.</u>	<u>Paramedics are the first point of contact in most situations therefore the quality of care given can directly affect a person's outcome, safety and trust in the healthcare system.</u>	<u>Take part in training exercises which will allow me to practice active listening and adapt my communication skills for different people.</u>	<u>Potentially 0-6 months depending on the depth of understanding.</u>	<u>The ability to stay calm in situations and mental health issues.</u>	<u>Access support if necessary.</u>
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