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BSC Health And Social Care

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Changemakers: Creativity and Value Creation

E-Portfolio Evidence Of Learning

Compromising Two Separate Artefact Items

Introduction

This Portfolio will showcase my new campaign on Cancer named Cancel Cancer, this will take you through and describe cancer and all the ways we can fight against it as it becomes one of the world's biggest issues we must combat. We will create a detailed description to raise more awareness of our movement and campaign to really trust our beliefs forward.

Cancer

Cancer is a disease in which cells in a precise location of the body reproduce and reproduce extremely. Cancerous partitions can penetrate nutritive tissue, including organs, and kill it. Cancer can start in one piece of the body and be applied to different locations. This method is understood as metastasis. Smoking death, keeping a wholesome reputation, restricting liquor consumption, consuming an abundance of fruits, vegetables, and real seeds, vaccination against specific communicable conditions, determining processed heart and red flesh consumption, and determining natural daylight direction can all support reducing the chance of particular cancers. Cervical and colorectal Cancer help from screening for earlier detection. Cancer generally dines with radiation treatment, surgery, chemotherapy, and targeted treatment. Managing discomfort and signs is an essential part of treatment. Anaesthetic maintenance is extremely essential for people who live closing the back of their energies. Survival speeds are defined by the type of cancer and the location of the condition at the moment of therapy.

When cancer appears, it contains no signs. Signs and signs occur when the tumour develops or ulcerates. The type and size of cancer affect the outcome. There exist numerous signs that are different from others. Numerous of these signs are familiar in individuals with underlying fitness problems. Cancer is understood as living an "excellent fraud," creating detection hard.

The bulk of cancers is driven by hereditary differences driven by environmental and lifestyle elements, accounting for 90–95 percent of patients. Inherited genetics charge for the remaining 5–10%. Environmental effects have though lives not restricted to lifestyle, financial, and behavioural problems, as nicely as corruption. Tobacco usage (25–30%), nutrition and obesity (30–35%), diseases (15–20%), radiation (both ionising and non-ionizing, up to 10%), absence of bodily activity, and erosion sites are all expected environmental variables that donate to cancer mortality. Psychological stress does not seem to be a threat aspect for the growth of cancer, according to the study. Nevertheless, it may worsen the effects of individuals who already existed analysed with cancer.

There is a link to a video below which describes it in more detail:

https://www.youtube.com/watch?v=SGaQ0WwZ_0I

Common Cancer Types

This index of standard cancer classes has cancers that are analysed with the most significant commonness in the United States, except nonmelanoma skin cancers:

Bladder Cancer

Breast Cancer

Colon and Rectal Cancer

Endometrial Cancer

Kidney Cancer

Leukaemia

Liver

Lung Cancer

Melanoma

Non-Hodgkin Lymphoma

Pancreatic Cancer

Prostate Cancer

Thyroid Cancer

Cancel Cancer Mind Map

Cancel cancer is the campaign and project I have chosen to advocate, promote and write this portfolio about it.



Care:

Today, outpatient treatment facilities rather than hospitals provide the majority of cancer care. This indicates that a caregiver is required for the cancer patient's daily care and that sicker patients receive care at home. Caregivers therefore play a variety of functions. As the patient's needs vary throughout and following cancer treatment, these roles shift as well.

Caregivers act as companions and home health aides. They could aid in bathing, dressing, and feeding the patient. Schedules are set up by caregivers, who also handle insurance concerns and offer transportation. They work as housekeepers, financial managers, and

legal assistants. They frequently have to assume the duties of the cancer patient while still taking care of the requirements of other family members.

Inform the cancer patient's medical staff if you are the primary caregiver for them. You can also discuss any worries you may have with them.

Talk to the medical staff about arranging any help or services you require before the person you are caring for leaves the hospital if they are currently receiving treatment. If further assistance is required at home, the district nurses, social worker, or occupational therapist can typically make arrangements for it.

Raising Awareness

Cancer Awareness is knowledge of cancer, its causes, effects, victims and more as awareness provides caution to cancer and caution makes safety. Most people with a type of cancer could have prevented the illness by not doing certain things that harm their body like smoking which despite their being clear warnings on the boxes and packaging and many other media still fall into the trap of smoking which is very hard to get out of as it is extremely addicting which is why it is a big issue and alcohol is addictive in the same way smoking is yet even more dangerous as it can cause over seven types of cancers including breast, mouth and bowel cancer due to exposure. Even certain types of jobs can cause cancer like construction, manufacturing, agriculture and more

Your actions and level of concern may evolve over time. If the individual you are supporting has finished their treatment and is recuperating, you might start to do less. You could choose to take additional action if the malignancy spreads.

These are all of the values and all of the requirements for our campaign. These are messages we attempt to send out as the morales of our project. We would demand all the best treatment as every patient deserves to have an equal chance against

fighting cancer. Having cancer can be one of the toughest things a person can go through mentally and physically, that's why we should not give up our patients and make sure they are always satisfied and have the support of people around them. Cancer could be caused by many things like smoking, bad diets, infections and more but people must be more aware of these things that they can do to make sure they are not at risk of cancer. Despite how long it has been since cancer had emerged there has never been a cure for cancer, medication but no cure. We must keep fighting to find a cure to prevent so many of our loved ones from being lost. Many charities are out there that get us closer to finding a cure and every single donation helps to reach that goal.

Prevention

The chance of developing cancer varies greatly from person to person. According to research, cancer risk can be decreased by doing things like quitting smoking and maintaining a healthy weight. You can improve your health in the future by adopting good adjustments now. Changing to a healthier lifestyle does help lower the risk. There are some factors that enhance the risk of cancer that we cannot modify. These include growing older and a history of cancer in the family. Our environment has an impact on our health as well. There are a few things we can do to support the development of good habits. However, the government must also work to make it simpler for everyone to maintain good health.

You can worry so much that you lose hope and lose sight of the prospect of a recovery. On the other hand, you risk losing sight of reality if you become overly optimistic and self-assured. Balancing your worry and hope is your biggest difficulty. To increase your happiness in life, be brave, take risks, and be willing to live each day to the fullest. Life can be lived fully till the last breath as long as fear, misery, and pain are under control. Each of us has the ability to live each day a little bit better, but in order to do so, we must concentrate on our purpose and our goals and implement a reasonable daily plan often amended several times to help us get there.

Supporting Victims

When a spouse or household partner fails, you may include taking on the lessons he or she is employed to take. Some of these costs may be totally foreign to you. And they can be stressful to know. When you are not extended spending your moment as a guardian, you may even feel like you own a largely unrestricted time. This surface can remove multiple feelings that you were previously capable of holding concealed with the multiple studies of caregiving. If your spouse or household component stood the primary salary earner, you may be required to operate more additional hours, head about to work or go to position for the foremost period. If you are a parent with youthful kids, this may suggest a setting for daycare and including minor moments to pay at the house. The end of a household member can also bring changes to your family's finances. This may include more irregular earnings, a distinction in colonial protection help, or fees from a life insurance approach.

Keep Fighting:

Your preferences may vary to remember what counts numerous to you directly. Earlier priorities such as job may be superseded by new stresses such as paying more additional tours with household and mates or concentrating on your fitness. You may even require to adjust preferences for practical reasoning. For example, if you own just the house, the main salary earner, you may require to focus on finding a suitable job or making your job. As you change to a unique lifestyle, you may even require to adjust your plans or postpone handling efforts to reach them.

The Project/Pitch:

Our project is to create a centre for people with cancer to socialise and feel they are not alone in suffering from cancer. It is very similar to what organisations like MacMillan are doing but different in a way that it encourages people to fight and take

on cancer with our centre providing free medication, diet plans and meals. exercises and gyms all paid for by our organisation. This will give a sense of interaction and provide a chance to share experiences

Local support groups may be found in every community across the United Kingdom. If you have cancer, they provide a secure and friendly setting in which you may discuss your concerns. Each group has its own personality, but they all contain cancer survivors. There are about 900 organisations in the United States. Using the in your area search, you may discover the one closest to you. Some organisations meet on a regular basis in a relaxed atmosphere, such as a member's living room. Other organisations are larger and meet in public places such as libraries or community centres.

We should do more to prevent Cancer because the more and more we leave cancer to roam free the more other diseases emerge and we all forget about the millions of lives lost and still being lost to cancer nowadays especially with the COVID-19 pandemic being the main focus to prevent we must be on more alert than ever to cancer. Cancer is one of the leading causes of death across the globe. There lived 18.1 million unique cancer diagnoses and 9.5 million cancer-related extinction globally in 2018. By 2040, the annual number of new cancer patients is expected to be 29.5 million, with 16.4 million cancer-related deaths.

While an ageing population and an increase in the incidence of established cancer risk factors may contribute to an overall increase in cancer rates, other variables may also be at play. Better diagnostic procedures, a more open interchange of healthcare information, and more attention are just rare samples. The numerous standard kinds

of cancer on the index is **breast cancer**, with 284,200 unique claims predicted in the United States in 2021.

Our Goals

Our goals are to achieve and regulate the belief that cancer is not the end for any patient and always try to see the light at the end of the tunnel when it comes to serious illnesses like cancer as someone who has lost many loved ones to cancer I know how hard the long journey can be for those unlucky few . We will try our hardest to understand what those are going through another one of our goals is to create an environment which aids our first goal where they can speak to other cancer patients so they can feel as if they are not alone And the third and final goal is to push for a cure and to do that would host many charity events which would all go to cancer research to help the effort to find a cure as it would change the world entirely.

Conclusion:

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