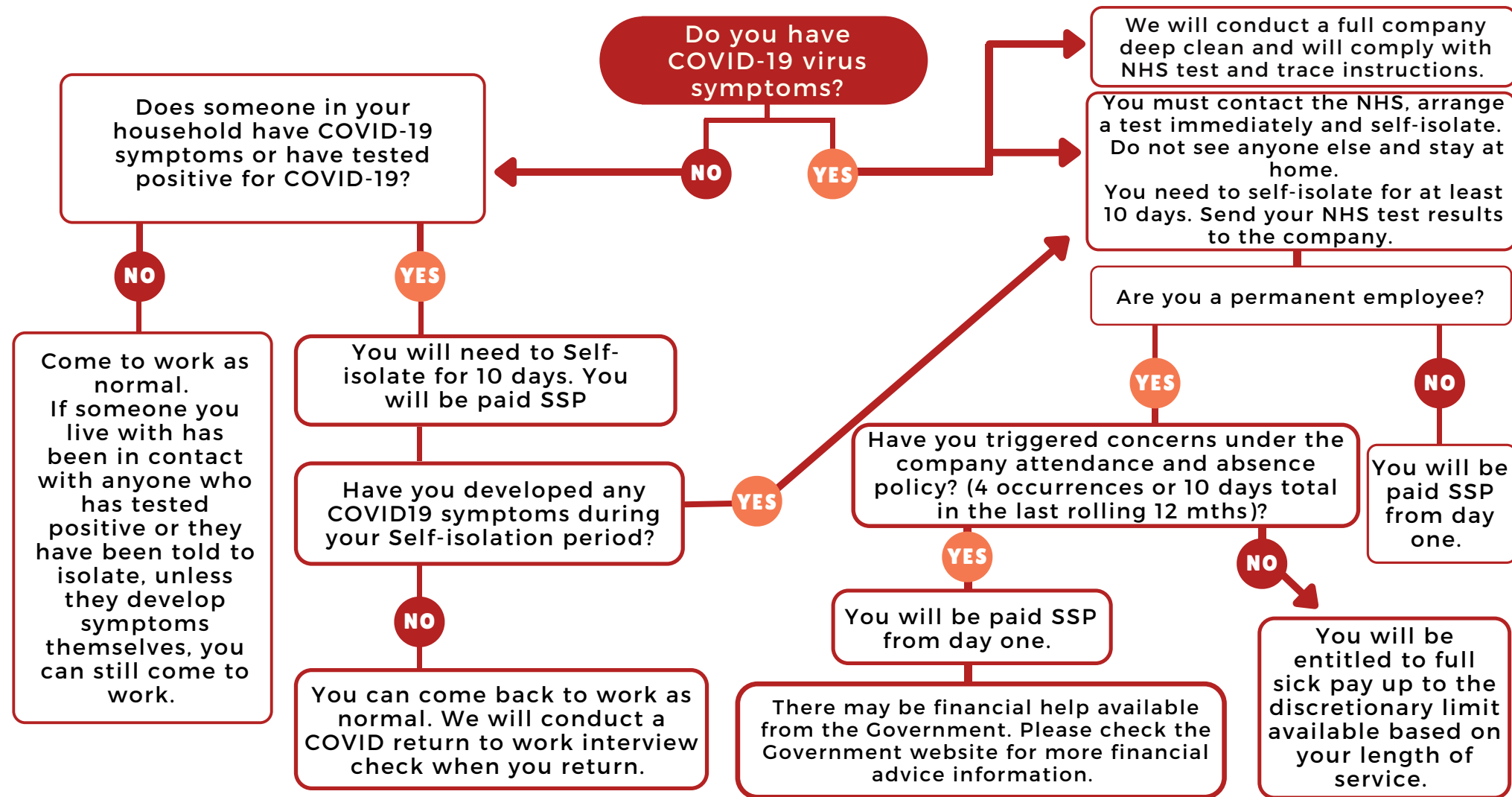


SELF-ISOLATION GUIDANCE



SELF-ISOLATION GUIDANCE

General Covid-19 Information

The purpose of this resource is to provide all employees, either permanent or temporary, with information regarding the self-isolation process and the type of sick pay they will receive dependent on the reason for isolation.

These are unprecedented times. Whilst the company keeps the situation and shift patterns under review and will endeavour to stay up to date with changes, Welsh Government regulations frequently change and so it is important to read everything the company releases in relation to the situation surrounding COVID-19.

It is mandatory to comply with the Company's policies and procedures relating to COVID-19 in the workplace and it is equally important that you follow Government regulations (which are the law) in your personal life.

If you have any questions regarding any workplace or government regulations, please speak to your immediate manager, HR or refer to the Government website.

How do I arrange a test?

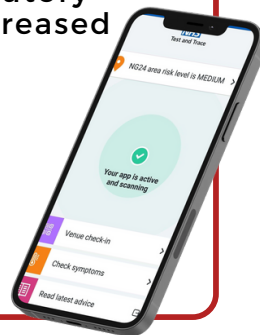
You can book your test online on the coronavirus service or NHS website. Additionally you can Call 119 (between 7am and 11 pm) to arrange a test.

People with hearing or speech difficulties can call 18001119

Use the 111 online coronavirus service if: you cannot cope with your symptoms at home if your condition gets worse or your symptoms do not get better after 7 days

What is the current SSP Rate?

Statutory Sick Pay (SSP) is set by the UK Government. The current rate of statutory sick pay is £95.85 per week. This is increased every April.



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