

RESEARCH IN ACTION ECP5006

Marvin Lee Lip Yong
2226262



Competency 1: Systematic Literature Review

Systematic literature search –

Search 1 (Basic Search)	
Database used	All Databases
Key word(s) included	Perspectives on student wellbeing
Search Results	3993

Search 2 (refined search)	
Database used	All Databases
Key word(s) included	Perspectives on student wellbeing
Included	Different cultures
Search Results	150

Search 3 (refined search)	
Database used	All Databases
Key word(s) included	Perspectives on student wellbeing
Included	Different cultures
Excluded	Systematic review
Search Results	146

Search 4 (refined search)	
Database used	All Databases
Key word(s) included	Perspectives on student wellbeing
Included	Different cultures
Excluded	Systematic review
Material type	Articles
Search Results	74

Search 5 (refined search)	
Database used	All Databases
Key word(s) included	Perspectives on student wellbeing
Included	Different cultures
Excluded	Systematic review
Material type	Articles
Filters	1. Full Text Online 2. Peer-reviewed Journals 3. Open Access 4. Articles 5. Social Sciences 6. Sociology 7. Psychology 8. Culture 9. Social Psychology 10. Well-Being 11. Social Aspects 12. Students 13. Cultural Pluralism 14. English
Search Results	42

Search 6 (refined search)	
Database used	All Databases
Key word(s) included	Perspectives on student wellbeing
Included	Different cultures
Excluded	1. Systematic review 2. COVID-19 3. Gender
Material type	Articles
Filters	1. Full Text Online 2. Peer-reviewed Journals

Competency 1: Systematic Literature Review

	3. Open Access 4. Articles 5. Social Sciences 6. Sociology 7. Psychology 8. Culture 9. Social Psychology 10. Well-Being 11. Social Aspects 12. Students 13. Cultural Pluralism 14. English
Search Results	26

Search 7 (refined search)	
Database used	All Databases
Key word(s) included	Perspectives on student wellbeing
Included	Different cultures
Excluded	1. Systematic review 2. COVID-19 3. Gender 4. Industrial
Material type	Articles
Filters	1. Full Text Online 2. Peer-reviewed Journals 3. Open Access 4. Articles 5. Social Sciences 6. Sociology 7. Psychology 8. Culture 9. Social Psychology 10. Well-Being

	11. Social Aspects 12. Students 13. Cultural Pluralism 14. English
Search Results	23

Key Journals from this search:

Exenberger, S., Banzer, R., Christy, J., Höfer, S., & Juen, B. (2018). Eastern and Western Children’s Voices on their Well-Being. *Child Indicators Research*, 12(3), 747–768. <https://doi.org/10.1007/s12187-018-9541-8>

Hill, J. L., & Seah, W. T. (2022). Student values and wellbeing in mathematics education: perspectives of Chinese primary students. *ZDM – Mathematics Education*. <https://doi.org/10.1007/s11858-022-01418-7>

Lino, M., & Mohd Hashim, H. (2020). Cultural tolerance, positive relationships and well-being in Malaysian multicultural communities. *Malaysian Journal of Society and Space*, 16(4). <https://doi.org/10.17576/geo-2020-1604-17>

Pitard, J. (2022). The Ethnographer Unbared: Revealing Insider Knowledge of Cultural Adaptation. *DOAJ (DOAJ: Directory of Open Access Journals)*. <https://doi.org/10.17169/fqs-23.1.3833>

Reyes-García, V., Gallois, S., Pyhälä, A., Díaz-Reviriego, I., Fernández-Llamazares, Á., Galbraith, E., Miñarro, S., & Napitupuhu, L. (2021). Happy just because. A cross-cultural study on subjective wellbeing in three Indigenous societies. *PLOS ONE*, 16(5), e0251551. <https://doi.org/10.1371/journal.pone.0251551>

Competency 2: Proposal

Background: 250 words
Why is your study important? What theory and empirical research evidence supports your research question? (Please provide a rationale for your study including a brief review of relevant psychological literature and theory and a minimum of five references).

A group of emotional and psychological conditions as a result of achieving life contentment accompanied with a greater portion of positive emotions in comparison to negative ones refers to wellbeing (Reyes-García et al., 2021). Life satisfaction amongst three indigenous communities was investigated through studying factors affecting personal well-being. Results displayed an average level of life satisfaction, with participants articulating reasons for dissatisfaction. Main factors driving well-being were health and social interactions (Reyes-García et al., 2021). Research on Chinese students explored levels of mathematical wellbeing, defined as one's ability to actualize their inward beliefs and satisfaction in mathematical education. Students prioritized elements that were congruent to aspects of mathematical well being valued by students in Australia (Reyes-García et al., 2021). Another study on children from Eastern and Western cultures on what constitutes their wellbeing identified three perspectives on cultural influence on wellbeing. Children had identical and globalised causes of happiness with variance in meanings on a personal level, common themes of wellbeing that are acknowledged within specific cultures and obscure concepts of wellbeing only specific to certain cultures (Exenberger et al., 2018). Conducted in a multicultural neighbourhood, this study investigated how individuals from various ethnicities perceive their community and whether the community spirit affects their wellbeing. Findings suggested that a sense of community plays a role in influencing wellbeing (Barbieri & Zani, 2015). Research carried out amongst Malaysian undergraduates found that increased openness towards other cultures was associated with wellbeing. Exceptions were present, however, students' wellbeing depended on their tolerance level besides other factors such as academic issues (Lino & Mohd Hashim, 2020). The rationale is to examine ideas of student wellbeing across cultures.

References (not included in word count):

Barbieri, I., & Zani, B. (2015). Multiple sense of community, identity and wellbeing in a context of multi culture: A mediation model. *Semantic Scholar*. <https://doi.org/10.1285/I24212113V1I2P40>

Exenberger, S., Banzer, R., Christy, J., Höfer, S., & Juen, B. (2018). Eastern and Western Children's Voices on their Well-Being. *Child Indicators Research*, 12(3), 747–768. <https://doi.org/10.1007/s12187-018-9541-8>

Hill, J. L., & Seah, W. T. (2022). Student values and wellbeing in mathematics education: perspectives of Chinese primary students. *ZDM – Mathematics Education*, 55(2). <https://doi.org/10.1007/s11858-022-01418-7>

Lino, M., & Mohd Hashim, H. (2020). Cultural tolerance, positive relationships and well-being in Malaysian multicultural communities. *Malaysian Journal of Society and Space*, 16(4). <https://doi.org/10.17576/geo2020-1604-17>

Reyes-García, V., Gallois, S., Pyhälä, A., Díaz-Reviriego, I., Fernández-Llamazares, Á., Galbraith, E., Miñarro, S., & Napitupulu, L. (2021). Happy just because. A cross-cultural study on subjective wellbeing in three Indigenous societies. *PLOS ONE*, 16(5), e0251551. <https://doi.org/10.1371/journal.pone.0251551>

Please state the main research question(s) or hypotheses(s): (100 words max)

The main research questions for the study “Cross-Cultural Insights: An In-Depth Exploration of Student Wellbeing through Interview-Based Perspectives of Undergraduate Students” are “How do different cultures define student well-being?” and to determine “Do students from different cultures share the same or different perspectives on student wellbeing?”

One hypothesis for this study is that different cultures perceive and define student wellbeing differently. Besides that, another hypothesis for this study would be that certain cultures share the same perspectives with one another, but others differ dramatically on the perspectives on student wellbeing.

Methodological Details (500 words)

Please summarise the key methodological approach: (you can include copies of proposed study materials as appendices if you wish). You must include details of the following:

- **Participants:** Who will your participants be, how will you access and recruit them, and how many are needed?
- **Design:** Using appropriate terminology, clearly define key elements of your design (IVs, DVs, Qual approach, expt. manipulations etc). How do you plan to analyse your main data?
- **Materials:** What are the main measures, scales, experimental tools or other materials required for your study?
- **Procedure:** How will you carry out the study – define briefly what will happen to a participant in your study from the point of consent to the study debrief.

Participants:

Undergraduate students ranging from ages 18 until 25, as they are the main target of the study and most common ages for university students. Moreover, recruitment will be accessible since research members are surrounded by the target participants. The participants will be recruited for the Experimental Management System (EMS). As the research requires point of views of student wellbeing from various cultures, the participant recruitment requires no specific inclusion or exclusion criteria. Moreover, participants from all genders, race, religions, and cultures are welcome to be a part of study subjects. Overall, the research requires six to eight participants to be interviewees in which all research members will interview.

Design:

A one-to-one, physical qualitative interview will be conducted as the primary data collection method. The semi structured interview session that makes up the experiment consists of questions that are divided in to 3 sections on the subject of the research. The first section is the demographic part which includes 5 questions to identify our participants' background characteristics. The second section is to answer the research's first research question that includes 6 questions while the last section is to answer the second research question which consists of another 6 questions. After the data is collected from the interview, the transcripts will be organised. The data will be created into codes and then be put into Interpretive Phenomenological Analysis (IPA). The IPA is chosen in this study as they provide detailed explanations of each experience from participants, unlike thematic analysis which are usually based on larger groups.

Materials:

The research interview will require an audio recording which can be transcribed for further analysis. Interview psychology labs will be used for face-to-face interviews and the application program called Microsoft Teams will be used for online interviews. Lastly, interview questions and schedules will be used for this interview. The interview questions consist of:

Competency 2: Proposal

General Questions

1. What is your name?

2. How old are you?

3. Where do you study?

4. What gender do you identify as?

5. What is your ethnic background?

Research Question 1

1.What is your general understanding of student wellbeing?

2. How does your culture’s definition of student wellbeing differ or coincide from other cultures?

3. Does your culture put any emphasis on student wellbeing?

4. Does your culture play a role in your wellbeing as a student?

5. What factors in your culture influence your perspectives on student wellbeing?

6. What are some unique practices or habits in your culture that enhance your wellbeing as a student?

Research Question 2

1.Have you ever encountered a common ground with friends/students from other cultures when it comes to maintaining your wellbeing?

2.What differences on student wellbeing perspectives have you encountered with other friends/students from cultures that have no relation to yours?

3.Do you think that your culture possesses traits and aspects that particularly enhance student wellbeing compared to other cultures?

4.Does your culture negatively impact or neglect your wellbeing as a student?

5.What aspects of other cultures would you like your culture to embrace and adopt to enhance the perspectives on student wellbeing?

6.Has the stigma or opinions from your culture towards wellbeing prevent you from getting the assistance needed to enhance your wellbeing?

Procedure:

If participants are willing to take part in our study, they will have a one-on-one, physical interview with our researcher. To begin, they will be given a short briefing and a consent form to help them understand the interview procedure and their rights to withdraw at any point of the study. Following the briefing, participants have the option to withdraw from the study. At the beginning of the interview, participants will be asked a few questions about their background which concludes the demographic section of the interview. Then, they will be asked a few questions about the topic of our research, and the participants will be given opportunity to respond to all of the questions spontaneously. The researchers may request more explanations for any of the questions that participants are required to answer. Throughout the interview, there will be an audio recorder in order to obtain answers and analyze them accurately. The study will end once all questions have been answered, and participants will be debriefed.

If Applied, and involving an external organisation, please indicate your plans for gaining appropriate approvals from the organisation: (not included in the word count)

Other study design: indicate briefly (not included in word count)

Suggested Research Title/Area (between 10-15 words and must reflect the essence of your proposed research question, study design and study population and should be more specific than a broad topic area).

Cross-Cultural Insights: An In-Depth Exploration of Student Wellbeing through Interview-Based Perspectives of Undergraduate Students

Key Ethical considerations (150 words)

In this section you are required to briefly outline any specific ethical considerations for your project. All projects will be expected to adhere to the BPS code of human research ethics, and you will need to submit a full ethics form which will document your specific processes for informed consent, debriefing, and data protection. Here you need to briefly note additional or specific key ethical considerations for your particular project e.g. potential for distress or discomfort, any deception, research with vulnerable

Prifysgol Cymru
Y Drindod Dewi Sant
University of Wales
Trinity Saint David

July 20213PG2 Ethical Approval FormJuly 20214PG2 Ethical Approval Form

Competency 3: Ethics form



PG2 / E1 FORM

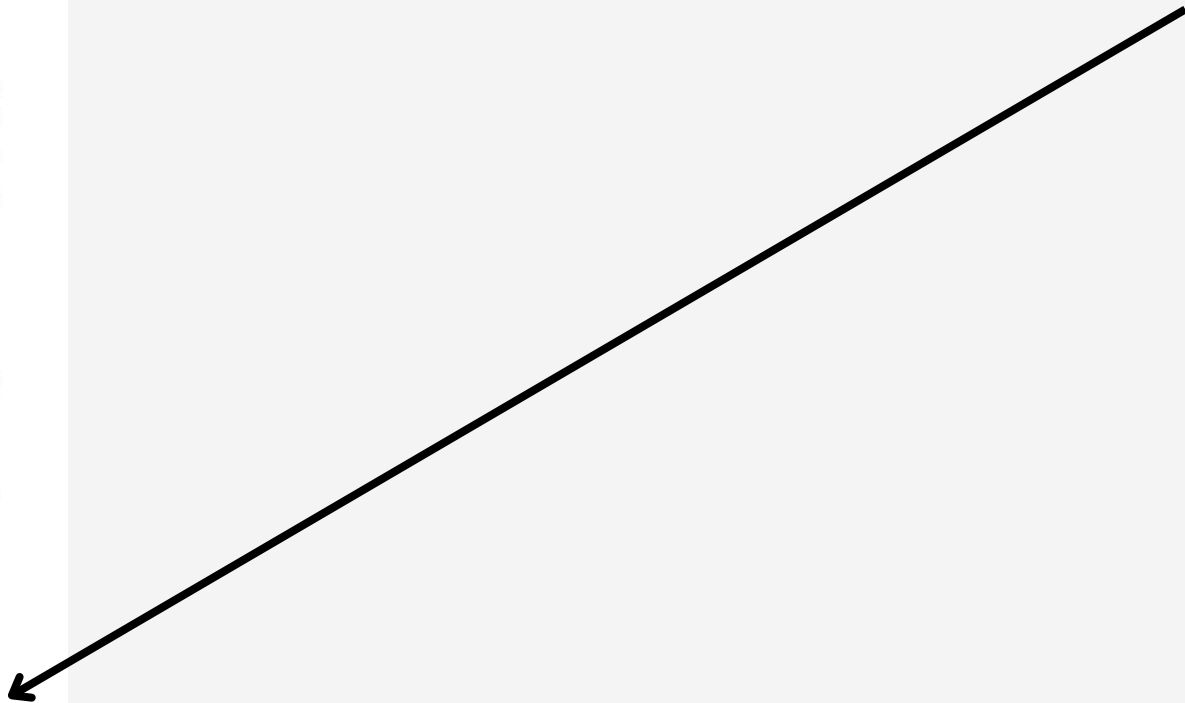
	and/or legal sensitivities or vulnerabilities of participants. If you live in the country where you will do the research then please state this.
9	N/A <i>(this box should expand as you type)</i>

10	Use of documentation not in the public domain: Are any documents NOT publicly available?	NO	☒
		YES	☐
11	If Yes, please provide details here of how you will gain access to specific documentation that is not in the public domain and that this is in accordance with the current data protection law of the country in question and that of England and Wales. <i>(this box should expand as you type)</i>		

	Does your research relate to one or more of the seven aims of the Well-being of Future Generations (Wales) Act 2015?	YES	NO
12	A prosperous Wales	☒	☐
13	A resilient Wales	☐	☒
14	A healthier Wales	☐	☒
15	A more equal Wales	☐	☒
16	A Wales of cohesive communities	☒	☐
17	A Wales of vibrant culture and thriving Welsh language	☐	☒
18	A globally responsible Wales	☐	☒
19	If YES to any of the above, please give details:		
I	The research activity that will be carried out will ensure that student wellbeing is able to be preserved regardless of the cultures of which university students are originally from, allowing for Wales to be more culturally sensitive and respectful towards all cultures. <i>(this box should expand as you type)</i>		

SECTION F: Scope of Research Activity

	Will the research activity include:	YES	NO
1	Use of a questionnaire or similar research instrument?	☒	☐
2	Use of interviews?	☒	☐
3	Use of focus groups?	☐	☒
4	Use of participant diaries?	☐	☒
5	Use of video or audio recording?	☒	☐
6	Use of computer-generated log files?	☐	☒
7	Participant observation with their knowledge?	☐	☒



Competency 4: Information Sheet



Study Information Sheet

This information sheet contains vital information when it comes to the study that you are about to partake in. Therefore, please read this study information sheet carefully as it contains the details of the study.

During the period of this study, you as a participant will have to:

1. Read and sign an informed consent form in order to continue with the study.
2. Go through an audio-recorded interview with a student researcher.
 - a. Each question in the interview will be based on the research questions of the study.

After the interview has completed, you will have a debrief entailing that your interview will be transcribed and that the data from your interview will be used in order to complete the research study. The debrief form will then be given to you via email which will contain the researcher's details and contact if you have further questions or if you wish to withdraw from the study at any given point in time.

If you do not feel comfortable with sharing personal information, emotional intelligence or details regarding your cultural background, then you are not advised to partake in this research study. If this is the case for you, then you may close the browser now and all data which has been given to the study will not be used.

Thank You

