

What is critical thinking?

To be a critical thinker you must make sure you have good reasons and good arguments to support what you are saying. Also, you must be open minded to hear other peoples views and ability to question other peoples views. According to Karzunina et al, (2017) critical thinking can be analytical, reflective and creative. As well as being of personal benefit, it is in high demand with employers too. According to Lindon, Todd (2016), The phrase 'critical thinking' is regularly used withing materials to support and promote reflective professional practice.

Reflective learning

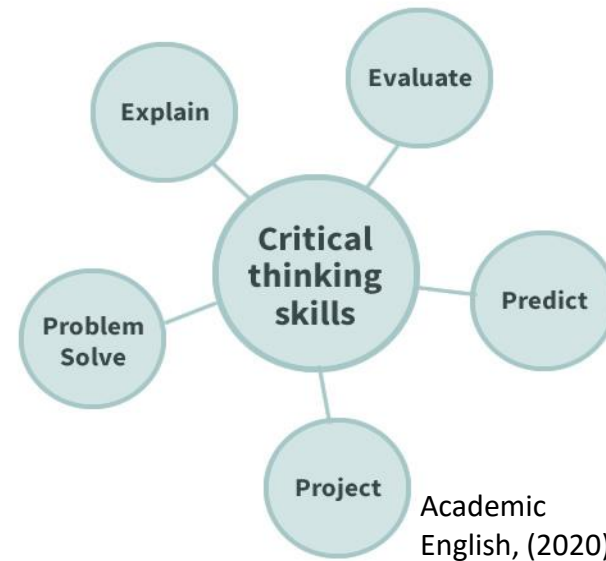
According to the Open University, (2020) reflective thinking explores different reasons for, considers the potential implications of, and if influenced by an individuals attitudes or practices. It is a process that allows you to make meaning of an experience, involves analytic and critiquing elements. To be a reflective thinker you have to look at perspectives from a bigger view and understand what is happening from different peoples views not just your own.

Conclusion

To conclude, there are many different skills you need to be a critical thinker. The skills I have spoken about are essential skills I believe as with all these skills combined means you will have a more accurate and successful outcome. As you have critically analysed every possible outcome and other peoples views.

Time management

To be a critical thinker time management is an essential skill to have. It helps you to avoid procrastination and gives you a better successful outcome. It is good to have a timetable to follow therefore you successfully complete your goals. According to Cottrell (2008) to manage time well, be aware of how much time it takes you to complete each type of study task and to be very specific in your time-planning. Therefore, if you time manage well and balance everything out correctly you will complete everything successfully.



Goal Setting

According to Cottrell (2008), make tasks more manageable by breaking them down into mini-goals. Set yourself small, short-term goals so that you are able to have lots of small successes. Therefore, if you have a lot to do create smaller goal settings helps to make you feel less overwhelmed. According to The University of Edinburgh (2021) setting goals and developing a plan of action will encourage you to move systematically towards what you would like to achieve. Goal setting works best if the goals you set yourself are as specific and as concrete as possible.

Creative thinking

According to Fisher (1987), creative thinking aims to help children think more widely, consider other possibilities, look at the same situation in different ways, extend their range of options, and to explore ideas for their own sake. Being a creative thinker is a key skill as you are thinking outside the box and bringing new perspectives. Creative thinkers can see an existing solution and improve the solution by identifying other explanations that create an overall positive outcome.

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Picture, google search critical thinking.

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