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Introduction:

Since a young age I have dreamt about working with criminals and the justice system. This mainly sparked from watching NCIS which stands for National criminal intelligence service. It is a show about a group of people that gather data and analyse information to help provide correct insight to national police services." British National Criminal Intelligence Service (NCIS) collects and processes information to address serious crime in Great Britain and assist police agencies in other countries."(www.opj.gov)From watching and I seeing all these shows and the different ways how people choose violence than peace, I became very intrigued with the human brain and what causes us to do the things that we do. Weather it is a crime or to order food. This is when I had discovered that I had a passion in behavioural analysis additionally it wasn't just how people think that fascinated me, it was also how easy it was to discover antisocial behaviour from watching a film however when you relate it to real life it is completely different. Having worked in multiple places from retail to health care assistant, I was lucky to require a lot of experience to help me many other various jobs. The job did riot ion of a behaviour analyst is to be observant, this is to help identify the different individuals that are displaying anti-social behaviour and treat them so that they are not a harm to the society." Behaviour Analysts observe, diagnose, and treat individuals who exhibit persistent social and Behavioural difficulties. Though most Behaviour Analysts work with humans, some work with animals."(www.hiringpeople.co.uk).

PDP

A personal development plan is a guideline to help you be self-aware of developments you need and how to achieve them." Personal development planning or PDP is a structured framework you can use to:become aware of skills you have. identify and develop skills you need. work out what you want to achieve and how to achieve it." (help.open.ac.uk)

Current job and skills

In order for me to achieve my goal to be a behaviour analysis I need to build up on my skills and qualifications as I do not have all the correct qualification to apply for this job. I am currently working as a childminder with my mother at our house and a hostess at the piano works in west end. My job is to show customers to their table and always greet with a smile and my job as a childminder was to drop of the children to school or nursery and pick them up, additionally I had to help with schoolwork and cook food for the children as well. Sometimes some children would

stay over because some children's parent had overnight jobs. So if we had children staying over, I would have to prepare them for bed so that would include bathing them and putting them to sleep. The skills needed for a childminder are to be sensitive and understanding, having patience, being able to work well in stressful situations, good customer service skills, good and articulate verbal communication skills and being flexible and open to change." sensitivity and understanding, patience and the ability to remain calm in stressful situations, the ability to work well with others, to be flexible and open to change, the ability to accept criticism and work well under pressure, excellent verbal communication skills, good customer service skills, the ability to understand people's reaction's, to be able to carry out basic tasks on a computer or hand-held device"(Nationalcareers.service.gov.uk) Working as a hostess at the piano works, the requirements were to have" Verbal Communication, Customer Service, Resolving Conflict, Teamwork, Energy Level, Thoroughness, Professionalism. (Hiring.monster.com) additionally having computer skills and knowing punctuation is a bonus as it makes the job easier and efficient for me.

In order for me to be able to become a behaviour analyst there are a lot of different skill I will need to build and qualifications to achieve, however because I have experience already, I will just need to advance the skills that I have already and develop the ones that I don't have. For any job employers have the basic skills that are needed for a good employee. Three examples of this are to be resilient, to be adaptable and to have effective leadership and management. (Prospects.ac.uk) To be resilient is having the ability to bounce back from any setbacks, additionally we learn to be resilient from the life lessons and experiences that we have been through"Resilience is the ability to bounce back from difficult times in life. Resilience comes from the lessons and skills we absorb as we grow up and as we face all of our difficulties whatever they are."(jedfoundation.org) the next important skill to possess is to be adaptable, this means to be able to adjust to different environments and circumstances.

Recruitment and selection

week 9, the class had a role play of an interview for your desired job that was a part of the assessment. But beforehand, we had been put into pairs to conduct the interview and we had been assigned to pick our dream jobs. My dream job was to be a behaviour analyst, this has always been a passion of mine as when I was young, I have been fascinated with crime and the way how people think as individuals. The lecturer had given the class a job description sheet to fill out with the qualifications

that we have already achieved and any training that we had received. This task was easy as I have a lot of experience and training in multiple sectors but mainly the health care sector with both the elderly and young individuals. After we had completed our own qualifications, we had been asked to do a job application for our desired job and the skills needed. This task required research and planning as this task was helping us plan out our futures. For this task I had to check for the qualifications I had and compare them to the qualifications needed to become a behaviour analysts. During this task I had a couple of difficulties completing I did not have enough qualifications to apply for my desired job, this dishearten me as I continued to plan the outcome would show that I will have to get a master's degree in psychology or applied behaviour. Better team.com states that you need".

- master's degree in psychology, applied behaviour analysis, or similar.
- Accreditation as a behaviour analyst or suitable equivalent,
- Proven experience as a behaviour analyst,
- In-depth knowledge of and thorough adherence to applicable ethical codes,
- the ability to remain composed and adherent to best practices, even when under duress." (betterteam.com)

The first issue that I had was the master's degree in psychology. I am currently studying health and social care and thought that it would take be longer to achieve a master's degree as I will have to complete my level 4-6 in health and social care then go on to complete another degree in psychology. This made me feel upset and a bit frustrated as the plan that I had set was being pushed back because it was going to take me longer than expected for me to get a job as a behaviour analyst. My first thought was to change my career as I did not want to have to be in education for extra years. However, from speaking to the various departments and different lecturers I had produced an action plan which consists of me doing a conversion degree in psychology applied with health and social care. This then helps me get the qualification of having a master's degree in psychology. This helped encourage me to still aspire to be a behaviour analyst.

Returning to the day of the interview we were told by our lecturer that we shouldn't panic but we should take this as a real interview. My partner for the interview was Bolu and the task that was given to us was to be the interviewee for your partner then you switch over and have your own interview for your desired job.at first I was nervous as I am not very good at public speaking because I stutter, and this sometimes makes me lose confidence and not want to talk. However, when doing my interview, I didn't have as much slip ups, but I noticed that when I am nervous, I tend

to speak fast. This is a habit that I will need to work on because if no one can understand what I am saying then it will be hard for me to do my job. Also, my job required me to interact with different people on a daily so if I do not have confidence, it will be hard for me to perform to the best of my abilities.

SWOT Analysis

During the interview process I had noticed that I had to do a SWAT analysis as it can help me asses the areas in which I need improvement and also let me know the skills that I possess already. For my strengths I had noticed that I am an introvert which is beneficial for me as I do not need other people to help me complete tasks. Furthermore, I have lots of skills that I have developed from working different multiple jobs in various sectors. My main weakness is that I l'm not a big team player which is not essential for jobs as they mainly require employees to work as a team. There is no l in team." Teamwork is the collaborative effort of a group to achieve a common goal or to complete a task in the most effective and efficient way. Teamwork is important for any organisation to promote a positive work culture."(uk.indeed.com) the opportunities that I have around me are my university, they provide help for student and get them on their desired career path, additionally I have people that can get me into course that can help me elevate my experience and also do work experience in the job that I desire. I only have one threat which is if I get pregnant. This will cause a delay in my plan to become a behavioural analyst.

Short and long term goals

In order for me to achieve my goal I will need to plan and have short term and long-term goals. A short-term goal is a goal that is to be achieved within 3 months -a year and long-term goals are goals that are to be achieved within 3-5 years. For my desired job, short term goals would be to look for a job in behaviour. Jobs such as mentoring, being a support worker or being a behaviour advisor. Another short-term goal is to complete my certificate degree in health and social care and achieve my level 4. In order for me to complete this I will have to keep on top of course work and maintain a good attendee percentage. Lastly another short-term goal in order for me to achieve my goal as a behaviour analyst I will have to watch more work-related things to help me advance my skills and observation. This can include crime documentaries, body language videos and reading articles to do with behaviour and body language.

Long term goals for me to achieve my goal as a behaviour analyst would be to get a qualification in behaviour analysis or a degree in psychology. From achieve this qualification I will be more viable to employers as I have the correct qualifications.

Requirements for success

For my goals to be achieved there are requirements that I have to stick to for my goal to be reached. I have three main requirements for my success that I can improve short term.

1. Having a daily routine-this will help me discipline myself and help me manage my time better.
2. Displaying assertive behaviour -this will help me maintain control and respecting myself as a whole. If I respect myself then other people with respect me.
3. Engaging in activities with peers and family- this will help me build up on my swot analysis as working in groups is my main weakness. This will help me become social with my peers and people in general.

Conclusion

To conclude, learning from this course for professional development had helped me understand myself more and the importance of reflection. Furthermore from the role play it has helped me have an insight on how to articulate and carry myself within any job interview I apply for. Lastly it has also helped me understand the importance of planning. When you have a clear idea in what you want it is easier to achieve. the one thing I can take away from this course is that skills are important and essential and also working on you're flaws is beneficial because you can change them and help advance yourself for future projects.

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